

GILMORE GARDENS WEEKENDER HIGHLIGHTS



January 16th, 2026

IN HOUSE NEWS

We are thrilled to feature a special **Robbie Burns Day Dinner** on Sunday, January 25th. We will be serving a sample of Scottish haggis, along with a delicious dinner! Why not invite your family or friends to join you for this celebration: price for adults is \$31.50 and \$16.80 for children.

Due to our Robbie Burns Celebration starting at 4:00PM on Sunday, January 25th, the dining room will open for dinner starting at 5:00PM. Thank you for your cooperation.

REMINDERS

Invite your neighbour and join us for **Dart Challenge** on Saturday, January 17th at 1:30PM in the Activity Room. See if you can aim that dart straight for the bullseye!

Come for **Artful Aging: Painting with Elizabeth and Friends** on Saturday, January 17th at 3:00PM in the Activity Room. Everyone is welcome! Elizabeth is a community volunteer and can help guide you through a painting that you would like to do. Come and say "hi" to her!

If your nails need some tender loving care, make sure you book an appointment at Reception for **Nails with Angie** on Sunday, January 18th from 9:00AM onwards in the Beauty Salon.

Enjoy some light music in the afternoon with **Youth Musician Association** on Sunday, January 18th at 2:30PM in the Fireside Lounge. Take a seat and delight in the musical talents of the performers.

Join **Sing Along with Roger** on Sunday, January 18th at 7:30PM in the Fireside Lounge. Roger brings his harmonica and guitar so that you can sing along to your heart's content to all the favourite songs Roger plays!

If you need provisions, sign up for our **Bus Outing: Shopping to FreshCo** on Monday, January 19th at 11:30AM. Remember your shopping list and reusable shopping bags!

It's **National Popcorn Day** and we have a **Popcorn Stand** on Monday, January 19th at 2:00PM in the Fireside Lounge! Come and enjoy popcorn with your choice of seasoning whilst chatting with fellow-residents. Come early as this is a popular event! 😊

Join Chef Val for the **Food Committee Meeting** on Tuesday, January 20th at 11:30AM in the Private Dining Room. Here, you can give feedback and discuss any food concerns you may have.

If you have suggestions or feedback regarding our activities and events, please join Suman at the **Recreation Committee Meeting** on Tuesday, January 20th at 1:30PM in the Private Dining Room.

Sign up for our **Bus Outing: Richmond Museum and Library** on Wednesday, January 21st at 1:00PM. The museum offers a new self-guided walking tour that will take you back in time to explore some key turning points in the city's history. Meet early farmers and artists, view the crowds at the horse racetrack, see the action at the fish canneries and at the wetlands as you wander this remarkable exhibition. You can also take this opportunity to explore the library! Have you been back since it's been newly renovated?

Come for **Jeopardy with Angela** on Thursday, January 22nd at 2:00PM in the Activity Room. Just like the TV game, pick your category and answer the clue in the form of a question!

We have more **Trivia with Jill** on Friday, January 23rd at 11:00AM in the Activity Room. There will be trivia and riddles, and different categories of fun challenges for everyone to try!

Come and help **Decorate for Robbie Burns Day** on Friday, January 23rd at 2:00PM in the Fireside Lounge. Let's make the mantel look cheerful for our special celebration at the weekend!

Don't forget to join us for **Happy Hour** on Wednesday, January 21st and Friday, January 23rd from 3:00PM-4:00PM in the Club Lounge where you can purchase a glass of wine or beer or enjoy a complimentary glass of fruit punch with tasty, hot appetizers from the kitchen, all whilst enjoying good company with fellow-residents

Weekly Calendar for January 17th – 23rd, 2026

Saturday, January 17 th		Sunday, January 18 th		
Monday January 19 th		Tuesday January 20 th	Wednesday January 21 st	Thursday January 22 nd
Friday January 23 rd				
10:00AM	Armchair Exercise Video	9:00AM	Nails with Angie	
11:00AM	Tai Chi	10:00AM	Armchair Exercise Video	
1:30PM	Dart Challenge	10:30AM	GPUC Worship Service	
3:00PM	Artful Aging: Painting with Elizabeth and Friends	11:00AM	Gentle Fit with Winnie	
6:00PM	Mah Jong	1:30PM	Tech Time with Erin	
		2:00PM	Rummikub	
		2:30PM	Youth Musician Association Sing Along with Roger	
		7:30PM		
National Popcorn Day!		10:00AM	Hairdresser	
10:00AM Chair Fitness	Armchair Exercise Video	10:00AM Chair Fitness	10:00AM Osteofit with Robin Masters	
11:00AM Go4Life Walking Club	11:30AM Meditation	10:30AM Catholic Mass	11:00AM Advanced Armchair Video with Curtis	11:00AM Play Reading with Stephen
11:00AM Armchair Exercise Video	11:30AM Food Committee Meeting	11:00AM Ukulele Lessons	11:00AM Go4Life Walking Club	11:00AM Trivia with Jill
11:30AM Bus Outing: Shopping Trip to FreshCo	1:30PM Chair Yoga with Lynn Walters	1:00PM Bus Outing: Richmond Museum and Library	11:00AM Armchair Exercise Video	2:00PM Decorate for Robbie Burns Day
1:30PM Meet Me at The MoMA: Clarke Reynolds	1:30PM Recreation Committee Meeting	1:30PM Billiards	2:00PM Jeopardy with Angela	3:00PM Happy Hour
	2:45PM Giant Crosswords	1:30PM Chair Yoga with Lauren Video	6:45PM Music with Ron	3:30PM Table Tennis
2:00PM Popcorn Stand!	6:00PM Mah Jong	3:00PM Happy Hour	7:00PM Game of Hearts	6:00PM Mah Jong
6:45PM Music with Ron	7:00PM Crib/Chess	6:45PM Music with Ron		
7:30PM Bingo		7:00PM Rummikub		