

GILMORE GARDENS WEEKENDER HIGHLIGHTS



February 27th, 2026

IN HOUSE NEWS

If you have borrowed any **Richmond Library Books** from the Club Lounge, please ensure they are returned by end of day on Sunday, March 1st. Books will be picked up on Monday, March 2nd. New books will be available on Thursday, March 5th. Thank you!

It's that time again! **Purdy's Easter Chocolate Order Desk** will be available on Thursday, March 5th from 10:00AM-11:00AM in the Fireside Lounge. **Credit Card, cheques payable to Gilmore Gardens or exact change in cash will be required at the time of ordering.** You are also welcome to pick up and view a catalogue beforehand. If you'd like some time to think and discuss with family and friends over the weekend – we will have an additional opportunity on Tuesday, March 10th to place your order. Thank you!



Wear Blue Day (Dress in Blue Day) is **observed on the first Friday in March—March 6 in 2026. It's part of Colorectal Cancer Awareness Month and aims to raise awareness about colorectal cancer.**

REMINDERS

Come down to the **Horse Races** and bet on your favourite horse on Saturday, February 28th at 1:30PM in the Activity Room. Feel the excitement as your horse races towards the finish line and you walk away with the jackpot. Don't forget to bring \$3.50 in quarters!

On Saturday, February 28th at 2:30PM we have entertainment with **A Few Loose Strings: Sing-along** in the Fireside Lounge. Sing along to your favourite tunes and liven up your afternoon. They are a lively music group featuring ukulele, guitar, bass guitar and percussion. Their performances are interactive, and welcoming, encouraging sing-alongs and audience participation! *One of the members is a daughter of a fellow residents at Gilmore!*

Come for some afternoon harmony with students from **Mayumi Randall Music School** on Sunday, March 1st at 3:00PM in the Fireside Lounge. Enjoy the talent these students have to share!

Do you need to restock your cupboards with essentials? If so, add your name to the sign up sheet for our **Bus Outing: Shopping Trip Freshco** on Monday, March 2nd at 11:30AM. Please wait in the Fireside Lounge and remember your reusable bags! Sign up sheet is available in the Activity Room!

We have another opportunity to bring your coffee and muffin to join **Resident Handbook Review with Lorne** on Tuesday, March 3rd at 10:45AM in the Fireside Lounge. Lorne will go through a section or two of the Handbook and is open to chat about any questions you may have!

We have a **Bus Outing: Lunch & Shopping at Tsawwassen Mills** on Wednesday, March 4th at 11:45AM. Enjoy food or coffee from the Food Court and afterwards browse the many shops, maybe even treat yourself to something new! Sign up sheet is available in the Activity Room!

Please Note: The Activity Room will be occupied for meetings for most of the day on Thursday, March 5th. As a result, no programs will be scheduled in that space on that day until evening. Thank you.

We will have an extra **Fit Minds** in the month of March! A cognitive program with different puzzles to challenge us. Join us in the Club Lounge on Wednesday, March 5th at 2:00PM!

We hope you're looking forward to a fantastic hour of music at **Entertainment with Angie Faith** on Friday, March 6th at 2:00PM in the Fireside Lounge! Angie is a professionally trained vocalist of 20+ years. She sings jazz, adult contemporary, and all the classics!

Join us at **Happy Hour** on Friday, March 6th at 3:00PM in the Club Lounge and enjoy a glass of punch or purchase a wine or beer whilst enjoying tasty appetizers from the kitchen and socializing with fellow residents!

Weekly Calendar for February 27th – March 6th, 2026

Saturday, February 28 th		Sunday, March 1 st		
9:00AM	Footcare with Pam	10:00AM	Armchair Exercise Video	
10:00AM	Armchair Exercise Video	10:30AM	GPUC Worship Service	
11:00AM	Tai Chi	11:00AM	Gentle Fit with Winnie	
1:30PM	Horse Races Game	1:30PM	Tech Time with Erin	
2:30PM	A Few Loose Strings	2:00PM	Rummikub	
	Performance: Sing-along	3:00PM	Mayumi Randall Music School	
3:00PM	Painting with Elizabeth	7:30PM	Sing Along with Roger	
6:00PM	Mah Jong			
7:00PM	Movie Night: The Book Thief			
Monday March 2 nd	Tuesday March 3 rd	Wednesday March 4 th	Thursday March 5 th	Friday March 6 th
<p>Richmond Library Books Due</p> <p>11:00AM Go4Life Walking Club</p> <p>11:00AM Armchair Exercise Video</p> <p>11:30AM Bus Outing: Shopping Trip to Freshco</p> <p>1:30PM Meet Me at the MoMA: Judy Chicago</p> <p>2:30 Chair Yoga with Lauren Video</p> <p>6:45PM Music with Ron</p> <p>7:30PM Bingo</p>	<p>10:00AM Armchair Exercise Video</p> <p>10:45AM Resident Handbook Review with Lorne</p> <p>11:30AM Meditation</p> <p>1:30PM Chair Yoga with Lynn Walters</p> <p>2:45PM Giant Crossword</p> <p>6:00PM Mah Jong</p> <p>7:00PM Crib/Chess</p>	<p>10:00AM Chair Fitness</p> <p>10:30AM Catholic Prayer & Communion</p> <p>11:00AM RMS Ukulele Lessons</p> <p>11:45AM Bus Outing: Lunch & Shopping at Tsawwassen Mills Mall</p> <p>1:30PM Billiards</p> <p>3:00PM Happy Hour</p> <p>6:45PM Music with Ron</p> <p>7:00PM Rummikub</p>	<p>Hairdresser</p> <p>New Richmond Public Library Books Available</p> <p>10:00AM-11:00AM Purdy's Easter Order Desk</p> <p>11:00AM Go4Life Walking Club</p> <p>2:00 Fit Minds</p> <p>6:45PM Music with Ron</p> <p>7:00PM Game of Hearts</p>	<p>Living Loving Local Dinner: Maple</p> <p>Wear Blue Day for Colorectal Cancer Awareness Month</p> <p>10:00AM Osteofit with Robin Masters</p> <p>11:00AM Play Reading with Stephen</p> <p>2:00PM Entertainment with Angie Faith</p> <p>3:00PM Happy Hour</p> <p>3:30PM Table Tennis</p> <p>6:00PM Mah Jong</p>