

WELCOMING YOU!

Vancouver's Newest Senior Living Residence



GRANVILLE GARDENS

INSPIRED SENIOR LIVING WITH



Life Long Learning Feature

BETTER BACKS AND BALANCE

SUNDAY | MARCH 12 FROM 11AM - NOON

How does your back alignment affect your hips and knees?
How can you reduce joint stress and pain? Learn more
about how physiotherapy can help you stay moving. Tips on
safety precautions for walking aids, specific to your needs.
Have all your questions answered by Kim Hall, Registered
Physiotherapist, Founder and Owner of Physio2U.

*Come see and hold
actual total knee and
hip replacement parts!*



"Daylight Savings Reminder"



PLEASE RSVP

604 563 3540

1550 West 49th Avenue (corner of 49th & Granville)