

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Location Legend</p> <p>Garden Lounge (GL) Great Room (GR) Lobby (L) Fireplace Lounge (FL) Dining Room (DR) Games Room (G)</p>	<p>😊 Emotional 🧠 Intellectual 🌿 Physical 👤 Purposeful 👥 Social ☀️ Spiritual</p>			<p>10:30 🌿 Community Walk-Resident Led [L] 1</p> <p>2:30 🎹 Piano Bar with Gail</p> <p>3:00 🎵 Musical Happy Hour</p> <p>7:00 🎮 Drop In Games (Mahjong)</p>	<p>1:30 🎲 Scrabble or Bridge Group 2</p> <p>2:00 🎵 Grace Notes Entertainment with Chocolate Fruit and Sangria!</p> <p>7:00 🎬 Feature Film</p>
<p>2:30 🌿 Gardening Club [GR] 3</p> <p>7:00 🎮 Drop-in Games: Scrabble, Rummikub</p>	<p>10:30 🌿 Osteofit with Rachel [GR] 4</p> <p>11:00 😊 Chats with Teresa</p> <p>2:30 🎮 Chats with Wilma and Chef Josh [G]</p> <p>3:30 ☀️ Tai Chi with Eric [GR]</p>	<p>9:45 🌿 Go4Life Walking Club [L] 5</p> <p>10:30 🌿 Happy Heart and Circuit Class [GR]</p> <p>11:00 Next Generation Hearing Testing [GR]</p> <p>2:00 Hymn Sing with Mitch</p> <p>3:00 Shopping Drop Off: London Drugs, Oakridge, Etc.</p> <p>7:00 TV Series: The Crown [G]</p>	<p>10:00 🌊 Sea To Sky Gondola Trip [L] 6</p> <p>7:00 🧠 Trinity Baptist Children's Choir Visit [G]</p>	<p>9:45 🌿 Go4Life Walking Club [L] 7</p> <p>10:30 🎮 Stretch and Mobility Class [GR]</p> <p>11:00 🧠 Easy Therapy Booth [L]</p> <p>2:00 🎮 Grab and Go Emergency Kit Assembly and Pick Up [GR]</p> <p>6:30 🧠 Technology Workshop with Shirsha [GR]</p>	<p>10:30 🌿 Musical Moves with Gail [L] 8</p> <p>2:30 🎹 Piano Bar with Gail</p> <p>3:00 🎵 Musical Happy Hour</p> <p>3:30 🎮 Fudgesicle Fridays</p> <p>7:00 🎮 Drop In Games (Mahjong)</p>	<p>1:30 🎲 Scrabble or Bridge Group 9</p> <p>7:00 🎬 Feature Film</p>
<p>2:30 🌿 Gardening Club [GR] 10</p> <p>7:00 🎮 Drop-in Games: Scrabble, Rummikub</p>	<p>10:30 🌿 Balance and Stability [GR] 11</p> <p>11:00 😊 Chats with Teresa</p> <p>1:30 Shopping Drop Off to Chinatown [G]</p> <p>2:30 TED Talks [G]</p> <p>3:30 Tai Chi with Eric</p>	<p>9:45 🌿 Go4Life Walking Club [L] 12</p> <p>10:30 🌿 Happy Heart and Circuit Class [GR]</p> <p>11:15 Mental Aerobics [GR]</p> <p>2:30 Half Ironman Race Recap with Meghan (snacks included!)</p> <p>7:00 Yoga with Janaan [G]</p>	<p>10:30 🌿 Chair Yoga with Sylvia [GR] 13</p> <p>12:30 Mamma Mia Theatre Outing</p> <p>7:00 Classic Film [G]</p>	<p>9:45 🌿 Go4Life Walking Club [L] 14</p> <p>10:30 🎮 Stretch and Mobility Class [GR]</p> <p>11:00 🎮 Remedy's Fall Prevention Education Session [GR]</p> <p>2:00 Coffee and Piano Break with Pastor Lee</p> <p>6:30 Gail's Musical Calypso Party [GR]</p>	<p>10:30 🌿 Musical Moves with Gail [L] 15</p> <p>1:45 🎵 Elgar Strings Performance</p> <p>3:00 🎵 Musical Happy Hour</p> <p>3:30 Fudgesicle Fridays</p> <p>7:00 🎮 Drop In Games (Mahjong)</p>	<p>10:30 Osteofit with Rachel 16</p> <p>1:30 Scrabble or Bridge Group</p> <p>7:00 🎬 Feature Film</p>
<p>Father's Day 17</p> <p>11:00 🍖 Father's Day All-Day Barbeque</p> <p>2:00 🎮 Beauty Shop Dolls and Father's Day Celebration! [GR]</p> <p>7:00 🎮 Drop-in Games: Scrabble, Rummikub</p>	<p>10:30 🌿 Laughter Yoga [GR] 18</p> <p>11:00 😊 Chats with Teresa</p> <p>1:30 Shopping Drop Off: London Drugs, Oakridge, Etc. [G]</p> <p>2:30 TED Talks [G]</p> <p>3:30 Tai Chi with Eric</p>	<p>9:45 🌿 Go4Life Walking Club [L] 19</p> <p>10:15 🌿 Happy Heart and Circuit Class [GR]</p> <p>11:00 Lunch Outing to White Rock for Fish and Chips</p> <p>3:00 Mental Aerobics [GR]</p> <p>7:00 TV Series: The Crown [G]</p>	<p>10:30 🌿 Gentle Fit [GR] 20</p> <p>2:00 Resident Advisory Meeting</p> <p>3:30 Gardening with Meghan [L]</p> <p>7:00 Classic Film [G]</p>	<p>National Aboriginal Day 21</p> <p>9:45 🌿 Go4Life Walking Club [L]</p> <p>10:30 🎮 Stretch and Mobility Class [GR]</p> <p>11:15 🎮 News & Views [GR]</p> <p>2:00 Coffee and Piano Break with Pastor Lee</p> <p>6:30 🧠 Technology Workshop with Shirsha [GR]</p> <p>7:00 Suede Dogs Summer Party! [GR]</p>	<p>10:00 Bocce Ball in QE Park [L] 22</p> <p>2:30 🎹 Musical Bingo with Gail</p> <p>3:30 🎮 Fudgesicle Fridays</p> <p>7:00 🎮 Drop In Games (Mahjong)</p>	<p>1:30 🎲 Scrabble or Bridge Group 23</p> <p>2:00 Zumba with Jennifer</p> <p>7:00 🎬 Feature Film</p>
<p>2:30 🌿 Gardening Club [GR] 24</p> <p>4:30 Living Loving Local Dinner</p> <p>7:00 🎮 Drop-in Games: Scrabble, Rummikub</p>	<p>10:30 🌿 Balance and Stability [GR] 25</p> <p>11:00 😊 Chats with Teresa</p> <p>11:30 Picnic Lunch at Spanish Banks Beach [G]</p> <p>2:30 TED Talks [G]</p> <p>3:30 Tai Chi with Eric</p>	<p>9:45 🌿 Go4Life Walking Club [L] 26</p> <p>10:30 🌿 Happy Heart and Circuit Class [GR]</p> <p>11:30 Krause Berry Farms Picnic and U-Pick Berries</p> <p>7:00 TV Series: The Crown [G]</p>	<p>10:30 🌿 Chair Yoga with Sylvia [GR] 27</p> <p>11:00 Maria's Handbags and More</p> <p>2:00 🧠 Creative Expressions with Sandra</p> <p>2:30 🧠 Blood Pressure Clinic 2nd Floor Wellness Office</p> <p>7:00 Classic Film [G]</p>	<p>9:45 🌿 Go4Life Walking Club [L] 28</p> <p>10:30 🎮 Stretch and Mobility Class [GR]</p> <p>11:15 🎮 News & Views [GR]</p> <p>2:00 Coffee and Piano Break with Pastor Lee</p> <p>6:30 🧠 Technology Workshop with Shirsha [GR]</p>	<p>10:30 🌿 Musical Moves with Gail [L] 29</p> <p>2:30 🎹 Piano Bar with Gail</p> <p>3:00 🎵 Musical Happy Hour</p> <p>3:30 🎮 Fudgesicle Fridays</p> <p>7:00 🎮 Drop In Games (Mahjong)</p>	<p>10:30 Yoga with Janaan 30</p> <p>1:30 Scrabble or Bridge Group</p> <p>7:00 🎬 Feature Film</p>