



March 2021

Granville Gardens Life Enrichment Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Granville Gardens Cruise week is March 7th-12th Join us by dressing up for each theme day!</p>	<p>10:00 Morning Yoga Video 1 10:45 Fit Minds 2:15 Monday Movie Matinee: "McFarland USA" 3:00 Adult Colouring Hour 6:15 Name 10 Word Game with Thea</p>	<p>10:00 Tai Chi Video 2 10:45 Name That Tune 2:30 Go4Life Walking Club 3:00 Meet Me At The MoMa Lecture: "Paul Emile Borduas" 6:15 Mad Gab Game Night</p>	<p>10:00 Morning Yoga Video 3 10:45 Group Trivia! 2:15 BINGO! 3:45 TED Talk Presentation & Discussion: "How to speak so that people want to listen" 6:15 Word Games with JP!</p>	<p>10:00 Tai Chi Video 4 10:45 Travelogue: "Rick Steve's Cruising the Mediterranean" 2:30 Go4Life Walking Club 3:00 Book Club Meeting with Jennifer - "American Dirt" 6:15 Coffee & Current Events</p>	<p>10:00 Morning Meditation Session 5 10:30 Java Music Club 2:15 Friday Afternoon Entertainment: "Once We Were Brothers: Robbie Robertson & The Band" 6:30 Popcorn Movie Night: "Amelia"</p>	<p>*Weekly Scattergories Sheet Available at Reception 6 10:30 Granville Knitting Club 2:30 Go4Life Walking Club 6:30 Classic Movie Night: "Runaway Bride"</p>	
<p>Granville Gardens Cruise Week Begins! 7 Foot Care Service with Gulpinder 10:00 *Weekly Puzzle Package Available at Reception 10:30 Easy Listening Music Hour 2:00 Virtual Cruise Ship Tour - "Royal Caribbean Symphony of the Seas" 6:30 Island Movie Night: "Pirates of the Caribbean"</p>	<p>Cruise Destination: Bahamas! Nautical Theme Day 8 10:00 Morning Yoga Video 10:45 Travelogue: "The Islands of the Bahamas" 11:30 Captain & Crew Lunch - Welcome Aboard! 2:00 Caribbean Colouring Hour 3:00 Cruise Cocktail Hour - Bahama Mama (Sign-up at Reception) 6:30 Island Movie Night: "Into the Blue"</p>	<p>Cruise Destination: Jamaica! Caribbean T-Shirt Theme Day 9 10:00 Tai Chi Video 10:30 Towel Folding Demonstration with Tanisha! 1:30 Travelogue: "Virgin Atlantic Destination Guides: Jamaica" 2:00 Wellness Clinic with Christopher 2:30 Go4Life Walking Club 3:00 Tropical Smoothie Bar (Sign-up at Reception) 6:30 Island Movie Night: "Cool Runnings"</p>	<p>Cruise Destination: Cuba! Sunhat & Sunglasses Theme Day 10 10:00 Morning Yoga Video 10:45 Travelogue: "Rick Steves Guide to Cuba!" 2:15 FLAMINGO BINGO! 2:30 Mojito Cocktail Cruise Cart with Captain Jennifer & Chris 6:30 Island Movie Night: "6 Days, 7 Nights"</p>	<p>Cruise Destination: Martinique! Beach Bum Attire Theme Day 11 10:00 Tai Chi Video 10:45 Travelogue: "Martinique - France in the Caribbean" 2:00 Brush strokes by the Beach Painting Session 2:30 Go4Life Walking Club 3:00 Cruise Week Cooking & Cocktails with Chef Michael & Kaylie 6:30 Island Movie Night: "50 First Dates"</p>	<p>Cruise Destination: Mexico! Tacky Tourist Theme Day 12 10:00 Morning Meditation Session 10:30 Java Music Club 2:30 Margarita Madness with Cruise Coordinator Kaylie & Captain Jen 4:30 Cruise Gala Farewell Dinner - Dress to impress tonight! 6:30 Popcorn Movie Night: "Like Father"</p>	<p>*Weekly Scattergories Sheet Available at Reception 13 10:30 Granville Knitting Club 2:30 Go4Life Walking Club 6:30 Classic Movie Night: "Field of Dreams"</p>	
<p>*Weekly Puzzle Package Available at Reception 14 10:30 Easy Listening Music Hour 2:00 Afternoon Documentary: "Miracle Landing on the Hudson" 6:30 Sunday Movie Night: "Eat Pray Love"</p>	<p>10:00 Morning Yoga Video 15 10:45 Fit Minds 2:15 Monday Movie Matinee: "One Night In Miami" 3:00 Adult Colouring Hour 6:15 Name 10 Word Game with Thea</p>	<p>10:00 Tai Chi Video 16 10:45 Name That Tune 2:00 Meet Me At The MoMa Painting Session 2:30 Go4Life Walking Club 6:15 Mad Gab Game Night</p>	<p>10:00 Morning Yoga Video 17 10:45 Group Trivia! 3:00 St. Patrick's Day Social (Sign-up ahead of time at Reception) 6:15 Word Games with JP! 6:30 St. Patrick's Day Movie Night: "Leap Year"</p>	<p>10:00 Tai Chi Video 18 10:45 Travelogue: "Expoza Travel - Canary Islands" 2:15 BINGO! 2:30 Go4Life Walking Club 6:15 Coffee & Current Events</p>	<p>10:00 Morning Meditation Session 19 10:30 Java Music Club 2:15 Friday Afternoon Entertainment: "The Two Killings of Sam Cooke" 6:30 Popcorn Movie Night: "The Trip to Greece"</p>	<p>*Weekly Scattergories Sheet Available at Reception 20 10:30 Granville Knitting Club 2:30 Go4Life Walking Club 6:30 Classic Movie Night: "Footloose"</p>	
<p>*Weekly Puzzle Package Available at Reception 21 10:30 Easy Listening Music Hour 2:00 Afternoon Documentary: "Earth Live" 6:30 Sunday Movie Night: "Wonder"</p>	<p>10:00 Morning Yoga Video 22 10:45 Fit Minds 2:15 Monday Movie Matinee: "The Best Exotic Marigold Hotel" 3:00 Adult Colouring Hour 6:15 Name 10 Word Game with Thea</p>	<p>10:00 Tai Chi Video 23 10:45 Name That Tune 2:00 Wellness Clinic with Christopher 2:30 Go4Life Walking Club 3:00 Meet Me At The MoMa Lecture: "Oscar Cahen" 6:15 Mad Gab Game Night</p>	<p>10:00 Morning Yoga Video 24 10:45 Group Trivia! 2:15 BINGO! 3:45 TED Talk Presentation & Discussion: "Looks aren't everything. Believe me I'm a model." 6:15 Word Games with JP!</p>	<p>10:00 Tai Chi Video 25 10:45 Travelogue: "Expoza Travel - Argentina Vacation" 2:30 Go4Life Walking Club 3:00 Wine & Cheese Tasting with Kaylie (Sign-up at Reception) 6:15 Coffee & Current Events</p>	<p>10:00 Morning Meditation Session 26 10:30 Java Music Club 2:15 Friday Afternoon Entertainment: "John & Yoko: Above Us Only Sky" 6:30 Popcorn Movie Night: "Hidalgo"</p>	<p>*Weekly Scattergories Sheet Available at Reception 27 10:30 Granville Knitting Club 2:30 Go4Life Walking Club 6:30 Classic Movie Night: "Dirty Dancing"</p>	
<p>*Weekly Puzzle Package Available at Reception 28 10:30 Easy Listening Music Hour 2:00 Afternoon Documentary: "Stonehenge Decoded: Secrets Revealed" 6:30 Sunday Movie Night: "Late Night"</p>	<p>10:00 Morning Yoga Video 29 10:45 Fit Minds 2:15 Monday Movie Matinee: "Joy" 3:00 Adult Colouring Hour 6:15 Name 10 Word Game with Thea</p>	<p>10:00 Tai Chi Video 30 10:45 Name That Tune 2:00 Meet Me At The MoMa Painting Session 2:30 Go4Life Walking Club 6:15 Mad Gab Game Night</p>	<p>10:00 Morning Yoga Video 31 10:45 Group Trivia! 2:15 BINGO! 3:45 TED Talk Presentation & Discussion: "The Art of Misdirection" 6:15 Word Games with JP!</p>	<p><i>"The journey of a thousand miles begins with a single step."</i></p>			