





INSPIRED SENIOR LIVING

November 2025

Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>National Gratitude Month</p>		 <p>TUESDAY NOV 11 Remembrance Day</p>				<p>NAT'L DIABETES MONTH 1</p> <p>10:30 DVD Fitness Class (GR) 1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL) 2:30 Firefly Youth Network (Richard Li & Leon) (Piano & Solo Songs w/ Piano Accompaniment) (FL) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 4:00 Card Games (Lounge) (FL) 6:00 DVD Movie: The English Patient (Starring Ralph Fiennes & Kristin Scott Thomas) (Epic Critically Acclaimed Romantic War Drama) (FL)</p>
<p>10:00 Virtual Church Service (PDR) 2 10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR) 1:00 Netflix Food Show: Chef's Table (FL) 2:00 Card Games (Lounge) (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 DVD Movie: The Horse Whisperer (Starring Robert Redford & Kristen Scott Thomas) (Healing, Love & The Power of Nature) (FL)</p>	<p>MOVEMBER FOR MEN'S HEALTH 3 10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 11:00 Monthly Life Enrichment Meeting - Discuss Events and Outings (PDR) 1:30 The BC Chinese Chamber Ensemble Performs! (FL) 2:30 DRUM FIT to Music (30 mins.) (GR) 3:00 ART: Paper Poppy Art Project (AR) 3:30 Socializing & Lemon Water in the Bistro (B) 6:00 Prime Video Movie: Two Weeks Notice (Starring Sandra Bullock & Hugh Grant) (FL)</p>	<p>FOOD DEMO TODAY 4 10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 10:00 Private Function in PDR (10am to 2pm) (PDR) 11:00 Socializing in the Bistro (B) 1:30 Flower Arranging (B) 2:30 Food Demo by Cindy (Sign Up) (Pumpkin & Pear Streusel Cake) (GR) 3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL) 4:30 Living Loving Local, Farm To Table Dinner (Featuring BC Salmon) (DR) 6:00 DVD Movie: Bells Are Ringing (Starring Dean Martin & Judy Holliday) (1960) (FL)</p>	<p>HAIR SALON OPEN 5 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR) 2:30 Tea & Cookies Served (B) 2:45 Java Music Sing-a-long (PDR) 3:30 Socializing in the Bistro (B) 6:00 Disney+ Movie: Green Card (Romantic Comedy) (FL)</p>	<p>SEATED CHAIR MESSAGES TODAY (SIGN UP) 6 10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 10:45 Fit Minds & Word Games (Brain Games) (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 2:00 Kings in the Corner Card Game (FL) 3:00 Happy Hour: Music Variations Duo (Keyboard/Guitar/Vocals) (FL) 6:00 Disney+ Movie: Under The Tuscan Sun (Drama Comedy) (FL)</p>	<p>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 7 10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL) 12:00 Craft Sale by Nazreen (Thank You, Birthday & Christmas Cards, Lavender in Linen & Silk Sachets, Decoupage Prints & Designer Fabric Hand-Made Cushions) (FL) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 Guest Speaker: COMFORHOME (Shopping/Appointments) (G) 3:00 Socializing in the Bistro (B) 3:30 Group Walk (OUT) 6:00 Netflix TV Movie Series (8 Episodes Total): House of Guinness (Witty, Period Piece) (E. 1 & 2) (FL)</p>	<p>NAT'L CAPPUCCINO DAY 8 10:00 DVD Fitness Class (GR) 1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL) 3:00 Honglou Theatre Society Performs @ 3pm (FL) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 4:00 Card Games (Lounge) (FL) 6:00 DVD Movie: The Apartment (Starring Jack Lemmon, Shirley MacLaine & Fred MacMurray) (FL)</p>
<p>9:30 Virtual Church Service (PDR) 9 10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR) 1:00 Prime Video Food Show: Miso Hungry, The Effortless Japanese Diet (FL) 1:30 Card Games (Lounge) (FL) 2:30 Live Classical Music, Youth Musician & Artist Association (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Prime Video Movie: The Bodyguard (Starring Kevin Costner & Whitney Houston) (Oscar 2 X Nominee) (FL)</p>	<p>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 10 11:00 Flower Arranging (B) 11:15 Van Trip to Bufala Pizzeria for Lunch (PDR) 2:00 BINGO with Prizes (GR) 3:00 Fit Minds (Brain Games) (PDR) 3:30 Socializing & Lemon Water in the Bistro (B) 6:00 Disney+ Movie: The Best Exotic Marigold Hotel (Drama Comedy Starring Judi Dench & Maggie Smith) (FL)</p>	<p>REMEMBRANCE DAY 11 10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR) 11:00 Remembrance Day Service with Pastor Lee @ 11:00am (GR) 1:00 ART: Potato Stamp Poppies (Tutorial, Resident-Led) (FL) 2:00 Disney + Documentary: Buried Secrets of WWII (History, Docuseries) (GL) 3:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 3:30 Socializing & Lemon Water in the Bistro (B) 6:00 Disney+ Movie: Good Morning Vietnam (1987 Drama, History) (Starring Robin Williams) (FL)</p>	<p>HAIR SALON OPEN 12 9:00 Add Ingredients to Bread Maker (PDR) 10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 11:00 Giant Crossword (GR) 1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR) 2:30 Tea, Cookies & Rosemary Served (B) 2:45 Java Music Sing-a-long (PDR) 6:00 Prime Video Movie: Lawman (1971 Western Starring Burt Lancaster & Robert Duvall) (FL)</p>	<p>WORLD KINDNESS DAY 13 10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 10:45 Fit Minds, Trivia & Word Games (PDR) 1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT) 3:00 Happy Hour: Ranj Singh (Guitar/Vocals) (FL) 4:00 Kings in the Corner Card Game (FL) 6:00 Disney+ Movie: Sweet Home Alabama (Comedy Drama) (FL)</p>	<p>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 14 10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL) 1:30 DRUM FIT to Music (30 mins.) (GR) 2:00 CRAFT: "Gratitude Tree" Creation (PDR) 2:45 Kings in the Corner Card Game (FL) 3:30 Group Walk (OUT) 4:00 Crossword Handouts (FL) 6:00 Netflix TV Movie Series (8 Episodes Total): House of Guinness (Witty, Period Piece) (E. 3 & 4) (FL)</p>	<p>10:00 DVD Fitness Class (GR) 15 1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL) 2:00 Card Games (Lounge) (FL) 3:00 Educational Talk: 'Health Literacy' with 1st Year UBC Medical Students (Presented in Chinese & English) (GR) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 6:00 Disney+ Movie: Another Stakeout (Comedy, Police Drama) (FL)</p>




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Virtual Church Service (PDR) 16</p> <p>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</p> <p>1:00 Beginner Hand Sewing Class with Danielle (Felt 'Gingerbread House' Ornament) (AR)</p> <p>1:30 Card Games (Lounge) (FL)</p> <p>3:00 Youth Piano Recital by The Red Tomato Music Studio (Teacher, Sandy Chen) (FL)</p> <p>4:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</p> <p>6:00 Disney+ Movie: Big Trouble (Crime Comedy) (FL)</p>	<p>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 17</p> <p>11:00 Fit Minds (Brain Games) (PDR)</p> <p>1:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</p> <p>1:30 BINGO with Prizes @ 1:30pm (GR)</p> <p>2:30 CRAFT: Make Scented Sachets (Cinnamon, Star Anise, Cloves & Herbs) (PDR)</p> <p>3:15 Socializing & Lemon Water in the Bistro (B)</p> <p>6:00 Disney+ Movie: King Arthur (Action Adventure Drama) (FL)</p>	<p>HAIR SALON OPEN 18</p> <p>10:00 Van Trip to Shop at Dollarama (OUT)</p> <p>10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR)</p> <p>11:00 Flower Arranging (B)</p> <p>1:00 Pet Therapy Visit (Olga & Her Dog Sasha)(30 mins.) (FL)</p> <p>1:30 DRUM FIT to Music (30 mins.) (GR)</p> <p>2:00 PAINTING: Meet Me at The MoMA ("Johnston's Clouds") (AR)</p> <p>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</p> <p>6:00 Netflix Movie: Worth (Bittersweet, Emotional) (Starring Michael Keaton, Amy Ryan, Stanley Tucci) (FL)</p>	<p>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR) 19</p> <p>11:00 Giant Crossword (GR)</p> <p>1:30 Play Farkle with Brenda (Fun, Easy Dice Game) (GR)</p> <p>2:30 Winter Root Beer Floats & Cookies Served (B)</p> <p>2:45 Java Music Sing-a-long (PDR)</p> <p>3:15 Scrabble Board Game (FL)</p> <p>3:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</p> <p>6:00 Prime Video Movie: A Snowcapped Christmas (Canadian Romantic Drama) (FL)</p>	<p>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 20</p> <p>10:30 Resident Social Chat (Meet in Bistro) (B)</p> <p>1:00 Kerrisdale Van Shuttle (Starbucks & London Drugs) (OUT)</p> <p>2:00 Resident General Meeting (GR)</p> <p>2:30 Chef Chat with Sushant (30 mins.) (GR)</p> <p>3:00 Happy Hour: Mike Kinal Performs (Guitar & Vocals) (FL)</p> <p>4:00 Kings in the Corner Card Game (FL)</p> <p>6:00 Disney+ Movie: Hope Springs (Romantic Comedy) (FL)</p>	<p>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 21</p> <p>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</p> <p>1:00 Group Walk (OUT)</p> <p>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</p> <p>2:30 CRAFT: Beading Class (Make a Bracelet or Necklace) (GR)</p> <p>3:30 Scrabble Board Game (FL)</p> <p>6:00 Netflix TV Movie Series (8 Episodes Total): House of Guinness (Witty, Period Piece) (E. 5 & 6) (FL)</p>	<p>10:00 DVD Fitness Class (GR) 22</p> <p>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</p> <p>2:15 Netflix Documentary: Into the Inferno (Investigative, Social & Cultural) (FL)</p> <p>3:30 Go 4 Life Walking Group (30 mins.) (OUT)</p> <p>4:00 Card Games (Lounge) (FL)</p> <p>6:00 Prime Video Movie: Moonstruck (Starring Cher, Nicolas Cage & Olympia Dukakas) (FL)</p>
<p>9:30 Virtual Church Service (PDR) 23</p> <p>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</p> <p>1:00 Netflix Food Show: Chef's Table, Noodles (FL)</p> <p>1:30 Card Games (Lounge) (FL)</p> <p>3:00 Live Youth Classical Music Performance by Elite Educational Institute Canada 3pm (FL)</p> <p>4:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</p> <p>6:00 Disney+ Movie: Bend It Like Beckham (Sports, Comedy, Soccer) (FL)</p>	<p>10:00 Tai Chi Class with Eric Liu (60 mins.) (GR) 24</p> <p>11:00 Fit Minds (Brain Games) (PDR)</p> <p>1:15 15-Minute Power Fit Class (OUT)</p> <p>1:30 Play Farkle with Brenda (Fun, Easy Dice Game) (FL)</p> <p>2:30 TONY'S TRAVEL SHOW - "Across Canada from Vancouver to Cape Breton including PEI" (GR)</p> <p>3:30 Kings in the Corner Card Game (FL)</p> <p>4:00 Socializing & Hot Chocolate in the Bistro (OUT)</p> <p>6:00 Prime Video Movie: Analyze This (Riotous Gangland Comedy Starring Billy Crystal & Robert DeNiro) (Golden Globes 2X Nominee) (FL)</p>	<p>HAIR SALON OPEN 25</p> <p>10:00 Tappercise Seated Tap Dance with Beryl (60 mins.) (GR)</p> <p>11:00 Flower Arranging (B)</p> <p>1:00 Pet Therapy Visit (Olga & Her Dog Sasha)(30 mins.) (FL)</p> <p>1:30 Spelling Bee, Scattergories & "Memory Tray Game" (Brain Games) (PDR)</p> <p>2:15 PAINTING: Meet Me at The MoMA ("Harris' Mountain Reflection") (AR)</p> <p>3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL)</p> <p>6:00 Prime Video Movie: The Mask of Zorro (Starring Anthony Hopkins & Antonio Banderas) (FL)</p>	<p>9:00 Add Ingredients to Bread Maker (PDR) 26</p> <p>10:00 Let's Get Moving Fitness with Michel (60 mins.) (GR)</p> <p>11:00 Giant Crossword (GR)</p> <p>1:00 BINGO with Prizes (GR)</p> <p>2:30 Tea, Cookies & Rosemary Bread Served (B)</p> <p>2:45 Java Music Sing-a-long (PDR)</p> <p>3:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT)</p> <p>6:00 Netflix Movie: Dog Gone (Starring Rob Lowe) (Based On A True Story) (FL)</p>	<p>10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 27</p> <p>10:00 Van to Shoppers Drug Mart - Senior's Day (DUNBAR) (OUT)</p> <p>10:30 Resident Social Chat (Meet in Bistro) (B)</p> <p>1:00 Wellness Clinic w/ Ayne (1pm - 3pm) (PDR)</p> <p>2:00 Kings in the Corner Card Game (FL)</p> <p>3:00 Happy Hour: Matthew Ma (Classical Piano) (FL)</p> <p>4:00 Go 4 Life Walking Group (30 mins.) (OUT)</p> <p>6:00 Disney+ Movie: Home Alone (Christmas, Family, 1990 Classic Comedy) (FL)</p>	<p>10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 28</p> <p>10:30 Indoor Bocce with Shirley S. & Brenda C. (Volunteers) (FL)</p> <p>1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL)</p> <p>2:30 Christmas Tree Decorating (Lounge & Dining Room) (Rum & Eggnog Served and Christmas Music) (GR)</p> <p>3:30 Group Walk (OUT)</p> <p>4:00 Crossword Handouts (FL)</p> <p>6:00 Netflix Movie Series: House of Guinness (Witty, Period Piece) (E. 7 & Final Episode 8) (FL)</p>	<p>10:00 DVD Fitness Class (GR) 29</p> <p>1:00 Bean Bag Toss Game with Lia & Lilly (Volunteers) (FL)</p> <p>2:00 Netflix Documentary: Secrets of the Neanderthals (Narrated by David Attenborough) (in PDR) (PDR)</p> <p>3:00 Piano Music by Anita Du, Accompanied by Violin & Cello (30 Minutes) (FL)</p> <p>4:00 Card Games (Lounge) (FL)</p> <p>6:00 Prime Video Movie: The Quick and the Dead (Western set in 1872 on the Arizona/Mexico Border) (FL)</p>
<p>9:30 Virtual Church Service (PDR) 30</p> <p>10:30 Qigong Fitness Class with Anita Wong (60 mins.) (GR)</p> <p>1:00 Netflix Food Show: Chef's Table, Pizza (FL)</p> <p>2:00 Card Games (Lounge) (FL)</p> <p>2:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT)</p> <p>3:00 Music Angels Youth Society Performance (Ages 7 - 17) (FL)</p> <p>4:00 Group Socializing (Bistro) (OUT)</p> <p>6:00 Disney+ Movie: A Good Year (Romantic Drama) (FL)</p>						
			<p>Locations Legend</p> <p>Fireplace Lounge (FL)</p> <p>Great Room (GR)</p> <p>Outside (OUT)</p> <p>Private Dining Room (PDR)</p> <p>Bistro (B)</p> <p>Fine Arts Room (AR)</p> <p>Dining room (DR)</p> <p>Games Room (G)</p> <p>Garden Lounge (GL)</p>		<p>Calendar Legend</p> <p>Outing</p> <p>Special Program</p> <p>Signature Program</p> <p>Artful Enrichment</p> <p>Drumfit</p>	