

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Helena's Day Spa- Massage, Manicures, facials etc. Call to book your appointment 250. 864.2667</p> <p>Walking November through winter: We will continue our regular Thursday morning walks at 9:30am- we will be taking the bus to Orchard Park Mall for mall walking indoors at no cost.</p> <p>Celebrating Remembrance Day: Join us in the Lounge for a social at 3:30pm for Wartime songs with Trisha Dalglish. Bar is open.</p> <p>Bingo players wanted! Bingo players meet Mondays & Fridays 7:00-8:15pm in the Oak Room. We are also looking for a few more Bingo Callers. See Amy in Recreation for further details.</p>	<p>National Seniors Day 1 10:00 ☞ Signs on KLO- Meet in lobby at 10:00am (runs until 10:30am) 2:00 🧠 Scrabble in the Lounge 3:30 🍷 Seniors Day Social and Pub. Entertainment with Rolland Quesseth 7:30 🧠 Skip Bo & Canasta [LO]</p>	<p>2 9:15 ☞ Gym Dandies [O] 10:30 ☞ Java Discussion Group in the Library 12:45 Visit to Lake Country Seniors Center for Prime Time *Sign-up 7:00 📺 Movie-Viewer's Choice [T] 7:00 🧠 Bingo [O]</p>	<p>3 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:00 😊 Men's Shed Group [CH] 10:00 ☞ No Strength & Balance Exercise today [O] 10:30 🧠 No Giant Crossword today [O] 10:30 ☞ Resident Council Meeting in the Oak Room [O] 2:00 🧠 Card Bingo [O] 3:30 🍷 Gary's Pub Afternoon [LO]</p>	<p>4 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10:00 🧠 Pool/Billiards [LI] 10:30 ☞ Chair Yoga [O] 1:30 ☞ Talk in the Theatre with Louanne- Emergency Planning for Residents 2:00 🧠 Crib Tournament in the Oak Room *Sign up \$2 to play 7:00 🧠 Skip Bo & Canasta [CH]</p>	<p>5 9:00 Hearing Clinic with Hearing Connect [LI] 9:15 Morning Shopping Shuttle to Walmart *Sign up 9:30 ☞ No Walking outside along waterfront today 10:00 ☞ Hawthorn Quilters [O] 10:30 ☞ Hot Topics with Louanne [CH] 1:30 Seminar with Marjorie Horne: Building Blocks for Aging Well in the Oak Room</p>	<p>6 9:15 ☞ Gym Dandies [O] 10:15 Bean Bag Toss Game in the Lounge 2:00 🧠 Crib players meet up in Oakroom for a game 3:30 Thanksgiving Happy Hour & Social w/ The Melody Boys [LO] 7:00 🧠 Bingo [O]</p>	<p>7 9:00 ☞ Go4Life Walking Club-meet in Lobby 9:30 ☞ Carpet Bowling [O] 10:00 🧠 Pool/Billiards [LI] 10:30 Shuffle Board [LI] 1:30 🧠 Whist [O] 3:00 🍷 Horse Race game in the Lounge 7:00 🧠 Rummy & Skip Bo [O] 7:00 Saturday Night Movie [T]</p>
	<p>8 9:00 ☞ Go4Life Walking Club-meet in Lobby 2:00 🧠 Scrabble in the Lounge 3:30 🍷 Sunday Social and Pub 7:30 🧠 Skip Bo & Canasta [LO]</p>	<p>9 9:15 ☞ No Gym Dandies today [O] 10:30 ☞ No Java Discussion Group today 2:00 No Backroad Wanderers today 7:00 🧠 Bingo [O]</p>	<p>10 9:00 😊 Men's Shed Group [CH] 10:00 ☞ Strength & Balance Exercise in the Oakroom [O] 10:30 🧠 Giant Crossword puzzle [O] 1:00-! 5th Avenue Jewelry Display in the Lounge 1:00-5:00pm 1:30 Shopping at Dollar Tree/Winners & Bulk Barn on the Westside *Sign up 2:00 🧠 Card Bingo [O] 3:30 🍷 Gary's Pub Afternoon [LO]</p>	<p>11 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10:00 ☞ KSS Class visit & Fall Craft in the Lounge 10:00 🧠 Pool/Billiards [LI] 10:30 ☞ Chair Yoga [O] 11:00 ☞ Anglican Church Service [T] 2:00 ☞ New Resident Welcome Tea in the Lounge- Everyone is invited to attend 7:00 🧠 Skip Bo & Canasta [CH]</p>	<p>12 9:30 ☞ Walking outside along waterfront Downtown Kelowna (Go4Life)*Sign up 10:00 ☞ Hawthorn Quilters [O] 10:30 ☞ Hot Topics with Louanne [CH] 2:00 Shopping Shuttle to Orchard Park Mall *Sign-up</p>	<p>13 9:15 ☞ Gym Dandies [O] 10:15 ☞ Rollo Trump game in the Lounge 2:00 🧠 Crib players meet up in Oakroom for a game 3:30 Celebration Event & Happy Hour w/ The Accordion Club [LO] 7:00 🧠 Bingo [O]</p>	<p>14 9:30 ☞ Carpet Bowling [O] 10:00 🧠 Pool/Billiards [LI] 10:30 Shuffle Board [LI] 1:30 🧠 Whist [O] 7:00 🧠 Rummy & Skip Bo [O] 7:00 Saturday Night Movie [T]</p>
	<p>15 2:00 🧠 Scrabble in the Lounge 3:30 🍷 Sunday Social and Pub 7:30 🧠 Skip Bo & Canasta [LO]</p>	<p>16 9:15 ☞ Gym Dandies [O] 10:30 ☞ Java Discussion Group in the Library 2:00 Backroad Wanderers Drive *Sign-up 7:00 🧠 Bingo [O]</p>	<p>17 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:00 😊 Men's Shed Group [CH] 10:00 ☞ Strength & Balance Exercise in the Oakroom [O] 10:30 🧠 Giant Crossword puzzle [O] 2:00 🧠 Card Bingo [O] 3:30 🍷 Gary's Pub Afternoon w/ Apple Trivia [LO]</p>	<p>18 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10-2P Stellar Gem Services [L] 10:00 🧠 Pool/Billiards [LI] 10:30 ☞ Chair Yoga [O] 11:30 Lunch Bunch to Swiss Chalet West Kelowna *Sign up 7:00 🧠 Skip Bo & Canasta [CH]</p>	<p>19 9:30 ☞ Walking outside along waterfront Downtown Kelowna (Go4Life)*Sign up 10:00 ☞ Hawthorn Quilters [O] 10:30 ☞ Hot Topics with Louanne [CH] 2:00 Shopping Shuttle to Walmart *Sign up</p>	<p>20 Living Loving Local feature dinner showcasing Apples 9:15 ☞ Gym Dandies [O] 10:15 Bean Bag Toss Game in the Lounge 1:30 ☞ Baking "Apple Pie Bites" in the Coffee House- come help prepare a tasty apple treat 2:00 🧠 Crib players meet up in Oakroom for a game 3:30 Happy Hour & Social w/ Rolland Quesseth. Apple Cider Cooler drink on special \$3 [LO] 7:00 🧠 Bingo [O]</p>	<p>21 9:00 ☞ Go4Life Walking Club-meet in Lobby 9:30 ☞ Carpet Bowling [O] 10:00 🧠 Pool/Billiards [LI] 10:30 Shuffle Board [LI] 1:30 🧠 Whist [O] 3:00 🍷 Horse Race game in the Lounge 7:00 🧠 Rummy & Skip Bo [O] 7:00 Saturday Night Movie [T]</p>
	<p>22 9:00 ☞ Go4Life Walking Club-meet in Lobby 2:00 🧠 Scrabble in the Lounge 3:30 🍷 Sunday Social and Pub 7:30 🧠 Skip Bo & Canasta [LO]</p>	<p>23 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10:30 ☞ Java Discussion Group in the Library 2:00 Backroad Wanderers Drive *Sign-up 7:00 🧠 Bingo [O]</p>	<p>24 Pick up calendars today 9:00 😊 Men's Shed Group [CH] 10:00 ☞ Strength & Balance Exercise in the Oakroom [O] 10:30 🧠 Giant Crossword puzzle + bonus LLL puzzle [O] 2:00 🧠 Card Bingo [O] 3:30 🍷 Gary's Pub Afternoon [LO]</p>	<p>25 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10:00 🧠 Pool/Billiards [LI] 10:30 ☞ Chair Yoga [O] 12:00 In-house pizza lunch in the Oak Room *Sign up and pay by Oct. 23 *See sign up sheet for details 7:00 🧠 Skip Bo & Canasta [CH]</p>	<p>26 Hand in sign-up sheets today 9:30 ☞ Walking outside along waterfront Downtown Kelowna (Go4Life)*Sign up 10:00 ☞ Hawthorn Quilters [O] 10:30 ☞ Hot Topics with Louanne [CH] 11:00 ☞ Catholic Mass [T] 2:00 Shopping Shuttle to Orchard Park Mall *Sign-up</p>	<p>27 9:15 ☞ Gym Dandies [O] 10:15 ☞ Golf Putting game in the Lounge 1:30 ☞ Halloween pumpkin carving in the Lounge 2:00 🧠 Crib players meet up in Oakroom for a game 3:30 Happy Hour & Social w/ Vic Ukrainetz *Welcome to our friends from the Concorde Retirement Community in Penticton [LO] 7:00 🧠 Bingo [O]</p>	<p>28 9:30 ☞ Carpet Bowling [O] 10:00 🧠 Pool/Billiards [LI] 10:30 Shuffle Board [LI] 1:30 🧠 Whist [O] 7:00 🧠 Rummy & Skip Bo [O] 7:00 Saturday Night Movie [T]</p>
	<p>29 2:00 🧠 Scrabble in the Lounge 3:30 🍷 Sunday Social and Pub 7:30 🧠 Skip Bo & Canasta [LO]</p>	<p>30 Pick up sign-up sheets today 9:00 ☞ Go 4 Life Walking club-meet in Lobby 9:15 ☞ Gym Dandies [O] 10:30 ☞ Halloween theme Discussion Group in the Library today 2:00 Backroad Wanderers Drive *Sign-up 7:00 🧠 Bingo [O]</p>	<p>31 Halloween- Dress in Orange & Black or wear a costume 9:00 😊 Men's Shed Group [CH] 10:00 ☞ Strength & Balance Exercise in the Oakroom [O] 10:30 🧠 Giant Crossword puzzle [O] 2:00 🧠 Card Bingo [O] 3:30 🍷 Toonie Tuesday Halloween Party with Country Naturally- Wear your spookiest Halloween costume. Prize for Best Dressed! [LO]</p>	<p>HAWTHORN PARK</p> <p>Java Music Club discussion group for all residents: Building a culture of positive mutual support (*New weekly program)</p> 		<p>Location Keys</p> <p>Coffee House CH Library LI Lobby L Lounge LO Oak Room O Theatre T</p>	