



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>September cont'd 30</p> <p>9:00 Go for Life Walking Club [L]</p> <p>10:45 Lunch at White Spot and Movie Matinee (TBD) on the Westside *sign up (Bring money for lunch and movie admission)</p> <p>2:00 Scrabble in the Lounge</p> <p>3:00 Sunday Social and Pub</p> <p>7:30 Skip Bo & Canasta [LO]</p>	<p>Location Keys</p> <p>Coffee House CH Library LI Lobby L Lounge LO Oakroom O Theatre T</p>	<p>Living Loving Local</p> <p>Zucchini</p>		<p>"Age is only a number. Keep an active life."</p>		<p>9:30 Carpet Bowling [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Shuffle Board [LI]</p> <p>1:30 Whist [O]</p> <p>7:00 Rummy & Skip Bo [O]</p> <p>7:00 Saturday Night Movie [T]</p>
<p>2:00 Scrabble in the Lounge</p> <p>3:00 Sunday Social and Pub</p> <p>7:30 Skip Bo & Canasta [LO]</p>	<p>Labor Day 3</p> <p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:30 Java Music Club [Singing classic songs together and reminiscing] [CH]</p> <p>2:00 Backroad Wanderers Drive *Sign-up</p> <p>7:00 Bingo [O]</p> <p>7:00 Movie Night - Viewer's Choice [T]</p>	<p>10:00 No Strength & Balance Today [O]</p> <p>10:30 Resident Council Meeting [O]</p> <p>1:00 Meet Me at MOMA [Lesson] *Note Time Change* [T]</p> <p>2:00 Card Bingo [O]</p> <p>3:00 Toonie Tuesday at the Pub [LO]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Chair Yoga [O]</p> <p>11:30 TLC Pontoon boat trip & Picnic Lunch *\$15 sign up</p> <p>7:00 Skip Bo & Canasta [CH]</p>	<p>9:00 Hearing Clinic with Connect Hearing [LI]</p> <p>9:00 Walking outside along waterfront Downtown *sign up</p> <p>10:30 Hot Topics w: Louanne [CH]</p> <p>2:00 Crib Tournament in the Oakroom *Sign-up - \$2</p> <p>2:00 Seminar with Antonia on How to Reduce Pain and Increase Mobility [T]</p> <p>2:00 Shopping Shuttle to Walmart *Sign up</p>	<p>LLL Dinner featuring Zucchini *</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Back To School Trivia [O]</p> <p>10:15 Bean Bag Toss Game [LO]</p> <p>10:30 Friendship Club Meeting [T]</p> <p>1:30 Crib [O]</p> <p>3:00 Happy Hour & Social with Ray Volk * Back to school theme and Photo Guessing contest! *Ft Rootbeer Floats (\$2- Non-alcohol) [LO]</p> <p>7:00 Bingo [O]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:30 Carpet Bowling [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Shuffle Board [LI]</p> <p>1:30 Whist (* note location change) [LO]</p> <p>3:30 Horse Race Game (* note time change- today only) [LO]</p> <p>7:00 Rummy & Skip Bo [O]</p> <p>7:00 Saturday Night Movie [T]</p>
<p>9:00 Go4Life Walking Club [L]</p> <p>2:00 Scrabble in the Lounge</p> <p>3:00 Sunday Social and Pub</p> <p>7:30 Skip Bo & Canasta [LO]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 LLL Zucchini Trivia [O]</p> <p>10:30 Java Music Club [Singing classic songs together and reminiscing] [CH]</p> <p>2:00 Backroad Wanderers Drive *Sign-up</p> <p>7:00 Bingo [O]</p>	<p>10:00 Strength & Balance [O]</p> <p>10:45 Meet Me at MOMA [Painting] [O]</p> <p>2:00 Card Bingo [O]</p> <p>3:00 Toonie Tuesday at the Pub [LO]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:00 Red Cross Volunteer Booth [L]</p> <p>10:30 Chair Yoga [O]</p> <p>10:30 Lunch at The Jammery and Lake Country Museum Tour * Sign up</p> <p>11:00 Anglican Church Service [T]</p> <p>7:00 Skip Bo & Canasta [CH]</p>	<p>9:00 Walking outside along waterfront Downtown *sign up</p> <p>10:30 Hot Topics w: Louanne [CH]</p> <p>2:00 Shopping Shuttle to Orchard Park Mall *Sign-up</p>	<p>9:15 Gym Dandies [O]</p> <p>10:15 Roll-O-Trump Game [LO]</p> <p>1:30 Crib [O]</p> <p>3:00 Happy Hour & Birthday Celebration with Rolland Quesseth [LO]</p> <p>7:00 Bingo [O]</p>	<p>9:30 Carpet Bowling [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Shuffle Board [LI]</p> <p>1:30 Whist [O]</p> <p>7:00 Rummy & Skip Bo [O]</p> <p>7:00 Saturday Night Movie [T]</p>
<p>September Brunch 16</p> <p>2:00 Scrabble in the Lounge</p> <p>3:00 Sunday Social and Pub</p> <p>7:30 Skip Bo & Canasta [LO]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:30 Java Music Club [Singing classic songs together and reminiscing] [CH]</p> <p>2:00 Backroad Wanderers Drive & stop at Fruit Stand on Benvoulin *sign up</p> <p>7:00 Bingo [O]</p>	<p>10:00 Strength & Balance [O]</p> <p>10:45 Meet Me at MOMA [Lesson] [T]</p> <p>12:45 "A Touch of Austria" Experience in West Kelowna- presentation, desserts and special coffees *sign-up (\$15)</p> <p>2:00 Card Bingo [O]</p> <p>3:00 Toonie Tuesday at the Pub [LO]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10-2P Bling it On Jewelry & Watch Repair (formerly Stellar Gem) [L]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Chair Yoga [O]</p> <p>11:30 TLC Pontoon Boat Trip & Picnic *\$15 sign up</p> <p>7:00 Skip Bo & Canasta [CH]</p>	<p>9:00 Walking outside along waterfront Downtown *sign up</p> <p>10:30 Hot Topics w: Louanne [CH]</p> <p>2:00 Shopping Shuttle to Walmart *Sign up</p>	<p>Baking Zucchini Sticks *LLL</p> <p>9:15 Gym Dandies [O]</p> <p>10:15 Bean Bag Toss Game [LO]</p> <p>1:30 Crib [O]</p> <p>3:00 Happy Hour & Social with Accordion Club *ft LLL Zucchini sticks [LO]</p> <p>7:00 Bingo [O]</p>	<p>9:00 Go4Life Walking Club [L]</p> <p>9:30 Carpet Bowling [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Shuffle Board [LI]</p> <p>1:30 Whist [O]</p> <p>3:00 Horse Race Game [LO]</p> <p>7:00 Rummy & Skip Bo [O]</p> <p>7:00 Saturday Night Movie [T]</p>
<p>9:00 Go4Life Walking Club [L]</p> <p>2:00 Scrabble in the Lounge</p> <p>3:00 Sunday Social and Pub</p> <p>7:30 Skip Bo & Canasta [LO]</p>	<p>Active Aging Week 24</p> <p>Pick up calendars today</p> <p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Kick-Off to Active Aging Week. Talk on exercise * Healthy Smoothies ft* zucchini [CH]</p> <p>10:30 NO Java Music Club [CH]</p> <p>2:00 Backroad Wanderers Drive *Sign-up</p> <p>7:00 Bingo [O]</p>	<p>Active Aging Week 25</p> <p>9:00 Go4Life Walking Club [L]</p> <p>10:00 Strength & Balance with Fitness & Health Trivia! [O]</p> <p>10:45 Meet Me at MOMA [Painting] [O]</p> <p>11:30 5th Avenue Jewelry Display [LO]</p> <p>1:30 Baking Zucchini Bread *LLL [CH]</p> <p>2:00 Card Bingo [O]</p> <p>3:00 Toonie Tuesday at the Pub [LO]</p>	<p>Active Aging Week 26</p> <p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Chair Yoga *bring a friend and receive a prize [O]</p> <p>11:00 Picnic and walk at Beasley Park * \$5 sign up</p> <p>7:00 Skip Bo & Canasta [CH]</p>	<p>Active Aging Week 27</p> <p>9:00 Go4Life Walking outside along waterfront Downtown *sign up</p> <p>10:30 Hot Topics w: Louanne [CH]</p> <p>11:00 Catholic Mass [T]</p> <p>2:00 Shopping Shuttle to Orchard Park Mall *Sign-up</p>	<p>Active Aging Week 28</p> <p>Hand in sign-up sheets today</p> <p>Oktoberfest Brunch</p> <p>9:00 Go4Life Walking Club [L]</p> <p>9:15 Gym Dandies [O]</p> <p>10:00 Oktoberfest Trivia [O]</p> <p>10:15 Oktoberfest Bean Bag Toss Game [LO]</p> <p>1:30 Active Aging Week Spelling Bee and Award ceremonies</p> <p>1:30 Crib [O]</p> <p>3:00 Oktoberfest Celebration with Vic Ukrainetz * German Beer Drink Special (\$3) [LO]</p> <p>7:00 Bingo [O]</p>	<p>9:30 Carpet Bowling [O]</p> <p>10:00 Pool/Billiards [LI]</p> <p>10:30 Shuffle Board [LI]</p> <p>1:30 Whist [O]</p> <p>7:00 Rummy & Skip Bo [O]</p> <p>7:00 Saturday Night Movie [T]</p>

Continued at top