


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>😊 Emotional 🧠 Intellectual 👣 Physical 👤 Purposeful 👥 Social ☀️ Spiritual</p> | <p>“And now, let us believe in a long year that is given to us, new, untouched, full of things that have never been.” — Rainer Maria Rilke</p> | <p>New Year's Day 1 10:00 🏃 Strength and Balance in HP [O] 10:45 🧠 Trivia and Word Games 2:00 🍷 Ice Cream Social 3:00 🍷 Toonie Tuesday Pub in HP 5:30 😊 Movie Night with Hot Chocolate and Popcorn</p> | <p>Laura&Katie Planning Day 2 9:15 🎹 Piano Music and Dancing with Beryl 10:30 🧘 Chair Yoga in HP 10:30 🧘 chair yoga at HP 3:00 😊 Afternoon Visits</p> | <p>9:45 😊 Java Music Club 3 10:45 ☀️ Communion 10:45 🚶 Go4Life Walking Club 1:00 😊 Art with Jason 2:30 😊 LLL: Making pickled Carrots 3:30 🧠 LLL: Carrot Trivia</p> | <p>9:45 😊 Active Games and Stretch 4 10:30 🚶 Scattegories 2:00 🍷 Happy Hour & Social with Old Time Fiddlers</p> | <p>1:30 🍷 Saturday Movie 5</p> |
| <p>Laura is in Today 6 10:00 🚶 Bean Bag toss game 10:45 🚶 Go4Life Walking Club 10:45 making pickled carrots & carrot trivia 1:30 😊 Scenic Drive</p> | <p>Katie is in today 7 9:45 🚶 Active Games and Stretch 11:30 Ukrainian Christmas Brunch 2:00 🧠 Trivia and Word Games 3:00 🍷 Manicures</p> | <p>10:30 🍷 New Years Brunch 8 2:00 Pie at Perkins 3:30 🚶 Go4Life Walking Club 6:00 🧠 Book Club 7:00 😊 Sensory Visits</p> | <p>9:15 🎹 Piano Music and Dancing with Beryl 9 10:00 😊 Pet Visits with Sparkles and Winston 10:30 🧘 Chair Yoga in HP 10:45 🧠 Word Game - Scattegories 11:00 ☀️ Anglican Church Service [T] 2:00 Laura away- Afternoon ACT meeting</p> | <p>8:00 🍷 Breakfast Club! *Featuring French Toast, Bacon and Sausage* 10 9:45 😊 Java Music Club 10:45 ☀️ Communion 10:45 🚶 Go4Life Walking Club 1:00 😊 Art with Jason 2:30 😊 Shake loose a Memory</p> | <p>10:30 🚶 Active Games & Stretch 11 2:00 🍷 Happy Hour & Social with The Valley Gentlemen 4:30 🍷 Living Loving Local Monthly Dinner</p> | <p>Kit is in today 12 9:30 😊 Morning Visits 10:15 🍷 Craft Club with Kit 2:30 🍷 Saturday Movie</p> |
| <p>Katie is in today 13 9:00 🚶 Go4Life Walking Club 10:00 ☀️ Sing Along 11:00 😊 Shake Loose a Memory 1:30 🍷 Afternoon Visits with Claire</p> | <p>Kit is in this week :) 14 9:00 🍷 Morning Visits 10:30 🚶 Active Games and Stretch 2:00 🧠 Trivia and Word Games 3:00 🍷 Manicures</p> | <p>1:30 🚶 Bean Bag toss game 15 3:30 🚶 Go4Life Walking Club 6:00 🍷 Games Night 7:00 😊 Sensory Visits</p> | <p>9:15 🎹 Piano Music and Dancing with Beryl 16 10:00 😊 Pet Visits with Sparkles and Winston 10:00 🧠 Word Game - Hangman 10:30 🧘 Chair Yoga in HP 1:30 😊 Painting Group 3:00 🍷 Afternoon visits</p> | <p>9:45 😊 Java Music Club 17 10:45 ☀️ Communion 10:45 🚶 Go4Life Walking Club 1:00 😊 Art with Jason 2:30 🧠 Card Bingo 3:30 Jumbling towers</p> | <p>9:15 😊 Morning Visits 18 10:30 🚶 Active Games & Stretch 2:00 🍷 Happy Hour & Social with Rolland Quesseth</p> | <p>1:30 🍷 Saturday Movie 19</p> |
| <p>Laura is in Today 20 9:15 😊 Morning Visits 10:00 🍷 LLL:Baking Carrot Muffins 2:00 😊 Scenic Drive</p> | <p>Katie is in today 21 9:45 🚶 Active Games 2:00 🧠 Trivia and Word Games 3:00 🍷 Manicures</p> | <p>10:00 🏃 Strength and balance at HP 22 10:45 😊 Music Therapy with I pods + Hand Massages 2:00 🍷 Ice Cream Social 3:00 😊 Shake Loose a Memory 3:30 🚶 Go4Life Walking Club 6:00 🧠 Book Club 7:00 😊 Sensory Visits</p> | <p>9:15 🎹 Piano Music and Dancing with Beryl 23 10:00 😊 Pet Visits with Sparkles and Winston 10:30 🧘 Chair Yoga in HP 10:45 🧠 Word Game - Scattegories 1:30 😊 Painting Group 3:00 Men's night (beer and sausage tasting!) at Hawthorn Park</p> | <p>9:45 😊 Java Music Club 24 10:45 ☀️ Communion 10:45 🚶 Go4Life Walking Club 11:00 ☀️ Catholic Mass in the Theatre 1:00 😊 Art with Jason 1:30 Afternoon visits 2:30 Shake loose a Memory</p> | <p>Robbie Burns Day 25 10:30 🚶 Bean Bag toss game 1:30 🍷 Happy Hour & Social with Vic Ukrainetz</p> | <p>Jolynne is in this morning 26 9:30 😊 Morning Visits 10:15 🍷 Sing Along Bingo 2:30 🍷 Saturday Movie</p> |
| <p>Katie is in today 27 9:00 🚶 Go4Life Walking Club 10:00 ☀️ Sing Along 11:00 😊 Shake Loose a Memory 1:30 🍷 Afternoon Visits with Claire</p> | <p>Laura is in today 28 9:45 🚶 Active Games 10:30 🧠 Scattegories 1:30 😊 Music therapy with I pods + Hand Massages 2:30 🍷 Manicures</p> | <p>10:00 Strength and Balance at Hawthorn Park [O] 29 2:00 🍷 Birthday Party with Just Us 3:30 🚶 Go4Life Walking Club 6:00 🍷 Games Night 7:00 😊 Sensory Visits</p> | <p>9:15 🎹 Piano Music and Dancing with Beryl 30 10:00 😊 Pet Visits with Sparkles and Winston 10:00 🧠 Word Game - Hangman 10:30 🧘 Chair Yoga in HP 1:30 😊 Painting Group 3:00 🍷 LLL: Carrot Crafts</p> | <p>9:45 😊 Java Music Club 31 10:45 ☀️ Communion 10:45 🚶 Go4Life Walking Club 1:00 😊 Art with Jason 2:30 🧠 Scattegories</p> | <p>Living Loving Local Carrots</p>  | |