



INSPIRED SENIOR LIVING

November 2024

Hawthorn Park



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SUNDAY SEPT 1 World Alzheimer's Month</p>	 <p>MONDAY NOV 11 Remembrance Day</p>					
<p>9:00 Go4Life Walking Club (No staff today for walk) (MF) 3</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. (T)</p> <p>10:30 Sunday Funday Readings (CH)</p> <p>1:00 Central Okanagan United Church Service (LO)</p> <p>1:30 Chair Yoga (O)</p> <p>2:00 Scrabble (LI)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 4</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Catholic Communion Service (T)</p> <p>1:30 Drumfit! (O)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>3:00 Monday Movie Matinee (T)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 5</p> <p>9:30 Coffee Time (BIST)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>1:30 Bridge in the Library (LI)</p> <p>1:30 Strength & Balance- Some Standing Involved (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Tuesday Social & Pub Afternoon \$5 / drink (LO)</p> <p>6:30 Evening Entertainment with Vic, Carol & special guest- Bar open (LO)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 6</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Rollo Trump Game! (O)</p> <p>2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O)</p> <p>3:00 Happy Hour & Social with Sam Farruggio (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Hearing Clinic with Connect Hearing (LI) 7</p> <p>9:00 Go4Life Walking Club (MF)</p> <p>9:30 Shopping Shuttle to Walmart *Sign up (MEE)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Swimming - Group swim (P)</p> <p>1:30 Strength & Balance- Some Standing (O)</p> <p>2:30 Golf Putting Game (O)</p> <p>3:15 Artful Enrichment & Crafting Circle (O)</p> <p>7:00 Movie Night! (T)</p>	<p>9:30 Coffee Time (BIST) 1</p> <p>9:30 Gym Dandies- Chair Exercise (O)</p> <p>10:00 Block Party on the First Floor Puzzle Area! (FIR)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:30 Coffee Time (BIST) 2</p> <p>10:00 Group Swim (P)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:00 Crib in the Lounge (LO)</p> <p>6:00 Shuffle Board- Resident Lead (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (No staff in today for walk) (MF) 10</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:30 Sunday Funday Readings (CH)</p> <p>1:30 Chair Yoga (O)</p> <p>2:00 Scrabble (LI)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>Remembrance Day 11</p> <p>9:30 Gym Dandies- Chair Exercise (O)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Catholic Communion Service (T)</p> <p>10:30 Remembrance Day Coffee Social with the televised ceremony (LO)</p> <p>1:30 Drumfit! (O)</p> <p>2:30 Remembrance Day Tea & Social (LO)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>3:00 Monday Movie Matinee (T)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 12</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Java Music with Coffee/Specialty Tea and treats! (O)</p> <p>10:00 5th Avenue Jewelry Boutique 10:00 am -2:00 pm (LO)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>1:00 Bridge in the Library (LI)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO)</p> <p>7:00 Showtime!- Resident Choice</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 13</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Rollo Trump Game (O)</p> <p>11:00 Lunch Bunch to Sunset Ranch Clubhouse (MEE)</p> <p>2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O)</p> <p>3:00 Happy Hour & Social with Rolland! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 14</p> <p>9:30 Coffee Time (BIST)</p> <p>9:45 Shopping Shuttle to Orchard Park *Sign-up (MEE)</p> <p>10:00 Swimming - Group swim (P)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:30 Golf Putting Game (O)</p> <p>3:15 Artful Enrichment & Crafting Circle (O)</p> <p>7:00 Movie Night! (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 15</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Block Party- Meet your Neighbours! Third floor seating area! (TF)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:30 Coffee Time (BIST) 16</p> <p>10:00 Group Swim (P)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:00 Crib in the Lounge (LO)</p> <p>6:00 Shuffle Board- Resident Lead (LI)</p> <p>7:00 Saturday Night Movie (T)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Go4Life Walking Club (No staff in today for walk) (MF) 17</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:30 Sunday Funday Readings (CH)</p> <p>1:30 Chair Yoga (O)</p> <p>2:00 Scrabble (LI)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 18</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Catholic Communion Service (T)</p> <p>10:30 Catholic Mass with Father Gerald (T)</p> <p>12:45 Visit to Okanagan College with Recreation Students *Driving over- sign up (MEE)</p> <p>1:30 Drumfit! (O)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>3:00 Monday Movie Matinee (T)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for</p>	<p>9:00 Go4Life Walking Club (MF) 19</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Java Music with Coffee/Specialty Tea and treats! (O)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>1:00 Bridge in the Library (LI)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 20</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Rollo Trump Game (O)</p> <p>2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O)</p> <p>3:00 Happy Hour & Social with Mar! (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 21</p> <p>9:30 Shopping Shuttle to Walmart *Sign up (MEE)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Swimming - Group swim (P)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:30 Golf Putting Game (O)</p> <p>3:15 Artful Enrichment & Crafting Circle (O)</p> <p>7:00 Movie Night! (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 22</p> <p>9:30 Coffee Time (BIST)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:30 Coffee Time (BIST) 23</p> <p>10:00 Scenic Drive *Sign up (MEE)</p> <p>10:00 Group Swim (P)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:00 Crib in the Lounge (LO)</p> <p>6:00 Shuffle Board- Resident Lead (LI)</p> <p>7:00 Saturday Night Movie (T)</p>
<p>9:00 Go4Life Walking Club (No staff in today for walk) (MF) 24</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Virtual Catholic Mass on the T.V. in the Theatre (T)</p> <p>10:30 Sunday Funday Readings (CH)</p> <p>1:30 Chair Yoga (O)</p> <p>2:00 Scrabble (LI)</p> <p>2:30 Sunday Sing-a-Long (LO)</p> <p>7:00 Sunday Movie Night (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 25</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Catholic Communion Service (T)</p> <p>1:30 Drumfit! (O)</p> <p>3:00 Artful Enrichment- Guided Painting (O)</p> <p>3:00 Monday Movie Matinee (T)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:00 Go4Life Walking Club (MF) 26</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Java Music with Coffee/Specialty Tea and treats! (O)</p> <p>10:15 Aquafit in the Pool (P)</p> <p>1:00 Bridge in the Library (LI)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:00 Dice 10,000 Game (LO)</p> <p>3:00 Tuesday Social and Pub Afternoon \$5 / drink (LO)</p> <p>7:00 Showtime!- Resident Choice Movie Night (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 27</p> <p>9:30 Coffee Time (BIST)</p> <p>10:30 Rollo Trump Game (O)</p> <p>2:00 Horse Race Game (Bring \$0.25 cents per race - 10 races) (O)</p> <p>3:00 Happy Hour & Birthday Social with Vic & Carol (LO)</p> <p>7:00 Wednesday Movie Night (T)</p>	<p>9:00 Go4Life Walking Club (MF) 28</p> <p>9:30 Shopping Shuttle to Dollarama, Marshalls and Superstore * Sign up (MEE)</p> <p>9:30 Coffee Time (BIST)</p> <p>10:00 Swimming - Group swim (P)</p> <p>1:30 Strength and Balance- Some Standing Involved (O)</p> <p>2:30 Twisted Tasters Wine Tasting! *Sign-up (Cost \$10) (LO)</p> <p>2:30 Golf Putting Game (O)</p> <p>3:15 Artful Enrichment & Crafting Circle (O)</p> <p>7:00 Movie Night! (T)</p>	<p>9:30 Gym Dandies- Chair Exercise (O) 29</p> <p>9:30 Coffee Time (BIST)</p> <p>1:30 Fit Minds (LI)</p> <p>3:00 Friday Social and Pub Afternoon (LO)</p> <p>7:00 Bingo (\$.50 cents for the first card/\$.25 cents for additional) (O)</p>	<p>9:30 Coffee Time (BIST) 30</p> <p>10:00 Group Swim (P)</p> <p>1:45 Card Bingo Game (Bring \$0.75 cents to play) (O)</p> <p>3:00 Saturday Afternoon Pool/Billiards Group (LI)</p> <p>3:00 Crib in the Lounge (LO)</p> <p>6:00 Shuffle Board- Resident Lead (LI)</p> <p>7:00 Saturday Night Movie (T)</p>

Be Vibrant



Locations Legend

Oakroom (O)
Theatre (T)
Lounge (LO)
Bistro (BIST)
Library (LI)
Pool (P)

Main Floor (MF)
Meet by bus (MEE)
Coffee House (CH)
First Floor (FIR)
Second Floor (SF)
Third Floor (TF)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program