



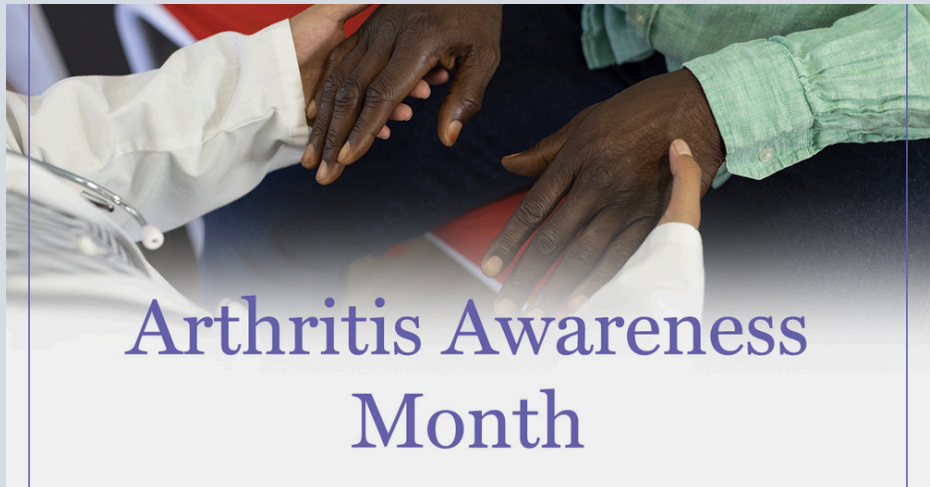
INSPIRED SENIOR LIVING

# May 2024

## Independent Living Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Arthritis Awareness Month</b>						
<p>10:00 Sit &amp; Stretch (MR) <b>5</b></p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Man on Fire (2004) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Cinco De Mayo Concert (LL)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Man on Fire (2004) (MT)</p>	<p>10:00 Individual Visits (SUI) <b>6</b></p> <p>10:00 Sit and Stretch (MR)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- A Man For All Seasons (1966) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 4 In a Row Competition (MR)</p> <p>3:30 Bingo Game (2ND)</p> <p>4:00 Word Games (MR)</p> <p>5:00 Memory Game (MT)</p> <p>6:00 Karaoke Night (MT)</p> <p>7:00 Movie Night- A Man For All Seasons (1966) (MT)</p>	<p>10:00 Sit and Stretch (MR) <b>7</b></p> <p>10:45 Strength Class (MR)</p> <p>11:00 Residents Food Meeting (MT)</p> <p>11:30 Brain Gym (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>1:30 Documentary - First Ladies: Jackie Kennedy (MT)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:30 Attention Game (MR)</p> <p>2:30 Movie Matinee- Love With The Proper Stranger (1963) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>4:00 Current Events Discussion (MR)</p> <p>5:00 Go4Life Walking Club (Out)</p> <p>7:00 Movie Night- Love With The Proper Stranger (1963) (MT)</p>	<p>10:00 Sit and Stretch (MR) <b>8</b></p> <p>10:30 Hand Therapy (AS)</p> <p>10:30 French Language Learning sessions by Rose (Advanced) (AS)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Seated Zumba (MT)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Java Music Club - Sing Along (MT)</p> <p>2:00 Arts &amp; Crafts- Collage Making (AS)</p> <p>2:00 Trivia Competition (MT)</p> <p>2:30 Movie Matinee- The Longest Day (1962) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 8 Floor Block Party (AB)</p> <p>3:15 UNO Card Game (MR)</p> <p>4:00 Residents Directed Billiards Club (GAM)</p> <p>4:30 Trivia Game (MT)</p> <p>5:00 Go4Life Walking Club Outdoors (Out)</p> <p>6:00 Karaoke Night (MT)</p> <p>7:00 Movie Night- The Longest Day (1962) (MT)</p>	<p>10:00 Yoga with Karusia (MR) <b>9</b></p> <p>11:00 McMichael Art Gallery Outing (SU)</p> <p>11:15 Morning Sing Along (MT)</p> <p>11:30 Hand Therapy (AS)</p> <p>12:30 Documentary- First Ladies: Eleanor Roosevelt (MT)</p> <p>2:00 MOMA - Art Session (AS)</p> <p>2:00 Drum Fit (MT)</p> <p>2:30 Movie Matinee- The Miracle Worker (1962) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Riddles (MR)</p> <p>4:00 Jenga (MR)</p> <p>5:00 Go For Life Walking Club Winners Outing (SU)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- The Miracle Worker (1962) (MT)</p>	<p>10:00 Individual Visits (SUI) <b>10</b></p> <p>10:00 Sit and Stretch (MR)</p> <p>10:30 Go4Life Walking Club (Out)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>2:00 Brain Games (MT)</p> <p>2:00 Art with Lynn (Acrylics) (AS)</p> <p>2:30 Challenge Trivia (MR)</p> <p>2:30 Movie Matinee- Game Night (2018) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds: Stay Sharp (MR)</p> <p>4:00 Morals and Ethics Discussion Club (MR)</p> <p>5:00 Bingo Game (AS)</p> <p>7:00 Movie Night- Game Night (2018) (MT)</p>	<p>10:00 Sit &amp; Stretch (MR) <b>11</b></p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Name That Tune Game (MT)</p> <p>2:30 Movie Matinee- The Father (2020) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>3:00 Classical Music Concert with Ryan (LL)</p> <p>4:00 Happy Hour (AB)</p> <p>5:00 Ted Talks (MT)</p> <p>7:00 Movie Night- The Father (2020) (MT)</p>
<p>Mother's Day (LL) <b>12</b></p> <p>10:00 Sit &amp; Stretch (MR)</p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Java Music Club (MT)</p> <p>2:30 Movie Matinee- Baby Boom (1987) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Mother's Day Celebration (LL)</p> <p>3:15 Bowling Club (MR)</p> <p>5:00 Resident Directed Pool Club (GAM)</p> <p>7:00 Movie Night- Baby Boom (1987) (MT)</p>	<p>10:00 Individual Visits (SUI) <b>13</b></p> <p>10:00 Sit and Stretch (MR)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Spiritual Guided Meditation (MT)</p> <p>2:00 Poetry Club (AS)</p> <p>2:30 Movie Matinee- Postcards from the Edge (1990) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:15 4 In a Row Competition (MR)</p> <p>3:30 Bingo Game (2ND)</p> <p>4:00 Word Games (MR)</p> <p>5:00 Memory Game (MT)</p> <p>6:00 Karaoke Night (MT)</p> <p>7:00 Movie Night- Postcards from the Edge (1990) (MT)</p>	<p>10:00 Dance Class with Yvonne (MR) <b>14</b></p> <p>11:30 Brain Gym (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go4Life Walking Club Outside (LL)</p> <p>1:30 Documentary - First Ladies: Michelle Obama (MT)</p> <p>2:00 Artful Enrichment- Watercolors (AS)</p> <p>2:00 Heliconian Club Presentation (MT)</p> <p>2:30 Attention Game (MR)</p> <p>2:30 Movie Matinee- The Joy Luck Club (1993) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds- Interact (MR)</p> <p>4:00 Current Events Discussion (MR)</p> <p>5:00 Go4Life Walking Club (Out)</p> <p>7:00 Movie Night- The Joy Luck Club (1993) (MT)</p>	<p>10:00 Sit and Stretch (MR) <b>15</b></p> <p>10:30 Hand Therapy (AS)</p> <p>10:30 French Language Learning sessions by Rose (Basic) (AS)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Residents' General/Council Meeting (MT)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Java Music Club - Sing Along (MT)</p> <p>2:00 Trivia Competition (MT)</p> <p>2:00 Story Telling with Sondra (AS)</p> <p>2:30 Movie Matinee- The War with Grandpa (2020) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Staff Service Awards (LL)</p> <p>3:00 7 Floor Block Party (AB)</p> <p>3:00 Communion Service with Rev Paige (STG)</p> <p>3:15 UNO Card Game (MR)</p> <p>4:00 Residents Directed Billiards Club (GAM)</p> <p>4:30 Trivia Game (MT)</p> <p>5:00 Go4Life Walking Club Outdoors (Out)</p> <p>6:00 Karaoke Night (MT)</p> <p>7:00 Movie Night- The War with Grandpa (2020) (MT)</p>	<p>10:00 Yoga with Karusia (MR) <b>16</b></p> <p>11:00 resident Council meeting (MT)</p> <p>11:15 Morning Sing Along (MT)</p> <p>11:30 Hand Therapy (AS)</p> <p>12:30 Documentary- First Ladies: Lady Bird Johnson (MT)</p> <p>2:00 Meet Me at the MoMA Discussion- (Joan Miro or Lita Cabellut) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Riddles (MR)</p> <p>3:30 Movie Matinee- Anatomy of a Fall (2023) (MT)</p> <p>4:00 Jenga (MR)</p> <p>5:00 Go For Life Walking Club Winners Outing (SU)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Movie Night- Anatomy of a Fall (2023) (MT)</p>	<p>10:00 Individual Visits (SUI) <b>17</b></p> <p>10:00 Sit and Stretch (MR)</p> <p>10:45 Strength Class (MR)</p> <p>11:00 Balance Class (MR)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go4Life Walking Club (Out)</p> <p>2:00 Artful Enrichment- Acrylics on canvas Session (AS)</p> <p>2:00 Brain Games (MT)</p> <p>2:30 Challenge Trivia (MR)</p> <p>2:30 Movie Matinee- Snow Cake (2006) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Fit Minds: Stay Sharp (MR)</p> <p>4:00 Hazelton's Dance Club (MR)</p> <p>5:00 Bingo Game (AS)</p> <p>7:00 Movie Night- Snow Cake (2006) (MT)</p>	<p>10:00 Sit &amp; Stretch (MR) <b>18</b></p> <p>10:45 Morning Sing Along (MT)</p> <p>2:00 Name That Tune Game (MT)</p> <p>2:30 Movie Matinee- Little Voice (1998) (MT)</p> <p>3:00 Tea Time (LL)</p> <p>3:00 Brain Games and Charades (MR)</p> <p>4:00 Happy Hour (AB)</p> <p>5:00 Ted Talks (MT)</p> <p>7:00 Movie Night- Little Voice (1998) (MT)</p>



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## Independent Living Calendar Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:00 Sit &amp; Stretch (MR)</b> <b>10:45 Morning Sing Along (MT)</b> <b>2:00 Java Music Club (MT)</b> <b>2:30 Movie Matinee- The Man in the Moon (1991) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:15 Bowling Club (MR)</b> <b>5:00 Resident Directed Pool Club (GAM)</b> <b>7:00 Movie Night- The Man in the Moon (1991) (MT)</b>	<b>10:00 Individual Visits (SUI)</b> <b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Spiritual Guided Meditation (MT)</b> <b>2:00 Poetry Club (AS)</b> <b>2:00 Living Loving Local: Asparagus (MT)</b> <b>2:30 Movie Matinee- The Young Victoria (2009) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Hazelton High Tea (LL)</b> <b>3:00 Victoria Day Concert with Patricia Duffy (LL)</b> <b>3:15 May Birthday Party with Patricia Duffy (LL)</b> <b>4:00 Word Games (MR)</b> <b>5:00 Memory Game (MT)</b> <b>6:00 Karaoke Night (MT)</b> <b>7:00 Movie Night- The Young Victoria (2009) (MT)</b>	<b>9:00 Eyecare Express clinic (MT)</b> <b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Brain Gym (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Go4Life Walking Club Outside (LL)</b> <b>1:30 Documentary - First Ladies: Hilary Clinton (MT)</b> <b>2:00 Artful Enrichment- Watercolors (AS)</b> <b>2:30 Attention Game (MR)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Fit Minds- Interact (MR)</b> <b>4:00 Current Events Discussion (MR)</b> <b>5:00 Go4Life Walking Club (Out)</b> <b>7:00 Movie Night- Kramer vs Kramer (1979) (MT)</b>	<b>10:00 Sit and Stretch (MR)</b> <b>10:30 Hand Therapy (AS)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Seated Zumba (MT)</b> <b>11:00 Bayview Village Mall Outing (SU)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Java Music Club - Sing Along (MT)</b> <b>2:00 Trivia Competition (MT)</b> <b>2:00 Living Loving Local: Arts &amp; Crafts (Asparagus) (AS)</b> <b>2:30 Movie Matinee- A Hidden Life (2019) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 6 Floor Block Party (AB)</b> <b>3:15 UNO Card Game (MR)</b> <b>4:00 Residents Directed Billiards Club (GAM)</b> <b>4:30 Trivia Game (MT)</b> <b>5:00 Go4Life Walking Club Outdoors (Out)</b> <b>6:00 Karaoke Night (MT)</b> <b>7:00 Movie Night- A Hidden Life (2019) (MT)</b>	<b>HEARING CLINIC - Sign Up</b> <b>10:00 Yoga with Karusia (MR)</b> <b>11:15 Morning Sing Along (MT)</b> <b>11:30 Hand Therapy (AS)</b> <b>12:30 Documentary- Castles and Palaces of Europe: Piedmont In Italy (MT)</b> <b>2:00 MOMA - Art Session (AS)</b> <b>2:00 Drum Fit (MT)</b> <b>2:30 Movie Matinee- Ordinary People (1980) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Brain Games and Riddles (MR)</b> <b>4:00 Jenga (MR)</b> <b>5:00 Go For Life Walking Club Winners Outing (SU)</b> <b>7:00 Bridge with David (BR)</b> <b>7:00 Movie Night- Ordinary People (1980) (MT)</b>	<b>10:00 Individual Visits (SUI)</b> <b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Go4Life Walking Club (Out)</b> <b>2:00 Brain Games (MT)</b> <b>2:00 Artful Enrichment- Acrylics With Lynn (AS)</b> <b>2:30 Challenge Trivia (MR)</b> <b>2:30 Movie Matinee- La Bamba (1987) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Fit Minds: Stay Sharp (MR)</b> <b>3:00 New Residents' Cocktail (STG)</b> <b>4:00 Shaya Petroff Concert (STG)</b> <b>5:00 Bingo Game (AS)</b> <b>7:00 Movie Night- La Bamba (1987) (MT)</b>	<b>Dental Clinic</b> <b>10:00 Sit &amp; Stretch (MR)</b> <b>10:45 Morning Sing Along (MT)</b> <b>2:00 Name That Tune Game (MT)</b> <b>2:30 Movie Matinee- American Fiction (2023) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Brain Games and Charades (MR)</b> <b>4:00 Happy Hour (AB)</b> <b>5:00 Ted Talks (MT)</b> <b>7:00 Movie Night- American Fiction (2023) (MT)</b>
<b>10:00 Sit &amp; Stretch (MR)</b> <b>10:45 Morning Sing Along (MT)</b> <b>2:00 Java Music Club (MT)</b> <b>2:30 Movie Matinee- The Hustler (1961) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:15 Bowling Club (MR)</b> <b>5:00 Resident Directed Pool Club (GAM)</b> <b>7:00 Movie Night- The Hustler (1961) (MT)</b>	<b>10:00 Individual Visits (SUI)</b> <b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Spiritual Guided Meditation (MT)</b> <b>2:00 Poetry Club (AS)</b> <b>2:30 Movie Matinee- Chaplin (1992) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:15 4 In a Row Competition (MR)</b> <b>3:30 Bingo Game (2ND)</b> <b>4:00 Word Games (MR)</b> <b>5:00 Memory Game (MT)</b> <b>6:00 Karaoke Night (MT)</b> <b>7:00 Movie Night- Chaplin (1992) (MT)</b>	<b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Brain Gym (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Go4Life Walking Club Outside (LL)</b> <b>1:30 Documentary - Castles and Palaces of Europe: Loire Valley in France (MT)</b> <b>2:00 Artful Enrichment- Watercolors (AS)</b> <b>2:30 Attention Game (MR)</b> <b>2:30 Movie Matinee- Up In Arms (1944) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Fit Minds- Interact (MR)</b> <b>4:00 Shaya Petrov Concert (STG)</b> <b>5:00 Go4Life Walking Club (Out)</b> <b>7:00 Movie Night- Up In Arms (1944) (MT)</b>	<b>10:00 Sit and Stretch (MR)</b> <b>10:30 Hand Therapy (AS)</b> <b>10:30 French Language Learning sessions by Rose (Advanced) (AS)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Seated Zumba (MT)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Java Music Club - Sing Along (MT)</b> <b>2:00 Trivia Competition (MT)</b> <b>2:00 Story Telling with Sondra (AS)</b> <b>2:30 Movie Matinee- Ship of Fools (1965) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:15 UNO Card Game (MR)</b> <b>4:00 Residents Directed Billiards Club (GAM)</b> <b>4:00 5 Floor Block Party (AB)</b> <b>4:00 Miniature Golf Tournament (Out)</b> <b>4:30 Trivia Game (MT)</b> <b>5:00 Go4Life Walking Club Outdoors (Out)</b> <b>6:00 Karaoke Night (MT)</b> <b>7:00 Movie Night- Ship of Fools (1965) (MT)</b>	<b>10:00 Yoga with Karusia (MR)</b> <b>11:15 Morning Sing Along (MT)</b> <b>11:30 Hand Therapy (AS)</b> <b>12:30 Documentary- Castles and Palaces of Europe: Baden Wurttemberg in Germany (MT)</b> <b>2:00 MOMA - Art Session (AS)</b> <b>2:00 Drum Fit (MT)</b> <b>2:30 Hazelton Honeybee Workshop (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Brain Games and Riddles (MR)</b> <b>4:00 Jenga (MR)</b> <b>5:00 Go For Life Walking Club Winners Outing (SU)</b> <b>7:00 Bridge with David (BR)</b> <b>7:00 Movie Night- Love Story (1970) (MT)</b>	<b>10:00 Individual Visits (SUI)</b> <b>10:00 Sit and Stretch (MR)</b> <b>10:45 Strength Class (MR)</b> <b>11:00 Balance Class (MR)</b> <b>11:30 Morning Sing Along (MT)</b> <b>1:30 Go4Life Walking Club (Out)</b> <b>2:00 Artful Enrichment- Acrylics on canvas Session (AS)</b> <b>2:00 Brain Games (MT)</b> <b>2:30 Challenge Trivia (MR)</b> <b>2:30 Movie Matinee- Rob Roy (1995) (MT)</b> <b>3:00 Tea Time (LL)</b> <b>3:00 Fit Minds: Stay Sharp (MR)</b> <b>4:00 Morals and Ethics Discussion Club (MR)</b> <b>4:00 Hazelton's Dance Club (MR)</b> <b>5:00 Bingo Game (AS)</b> <b>7:00 Movie Night- Rob Roy (1995) (MT)</b>	



### Locations Legend

Movie Theatre (MT)	Annex Bar (AB)
Meeting Room (MR)	Sign-up (SU)
Lower Lobby (LL)	Bedford Bridge
111 Art Studio (AS)	Lounge (BR)
Outside (Out)	St. George Lounge (STG)
Games Room (GAM)	2nd Floor (2ND)
Suites (SUI)	

### Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program