



INSPIRED SENIOR LIVING

February 2025 Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Black History Month</p>	 <p>Family Day</p>	 <p>National Caregiver's Day</p>				
<p>10:45 Hand Massage (2ND) 2</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 3</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 4</p> <p>10:30 Hand Massage (2ND)</p> <p>11:30 Dance Class (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:30 Seated Ballet with Harlan (MT)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 KARAOKE with Harlan (MT)</p>	<p>10:00 Individual Visits (2ND) 5</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>11:45 Cineplex Outing, Conclave Movie. (Out)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 6</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 MOMA - Artist Presentation: Betty Goodwin. (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 The MIND Diet presentation by (Loren Opler) (MT)</p> <p>3:00 Presentation on the Benefits of the Mediterranean Diet on Cognitive Health by Professor Opler. (MT)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Bingo with Abtin (AS)</p>	<p>10:45 Hand Massage (2ND) 1</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 8</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 9</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 10</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 11</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Meeting with the Life Enrichment Team (MT)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:30 Seated Ballet with Harlan (MT)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 KARAOKE with Harlan (MT)</p>	<p>10:00 Individual Visits (2ND) 12</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Fairview Mall Outing. (Out)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 13</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Bingo with Abtin (AS)</p>	<p>10:00 Individual Visits (SUI) 14</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Tai Chi Class with Karusia (MR)</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Valentine's Day High Tea and Concert (LL)</p> <p>4:00 Chair Zumba (2ND)</p> <p>5:00 Hazelton Disco (MR)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 15</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Piano Recital with Justin (LL)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>



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<p>10:45 Hand Massage (2ND) 16</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 17</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>2:00 Black History Month Presentation (MT)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 18</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:30 Seated Ballet with Harlan (MT)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 KARAOKE with Harlan (MT)</p>	<p>10:00 Individual Visits (2ND) 19</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 COC Orchestra, The True North. (Out)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 Communion Service with Paige (STG)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 20</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:00 MOMA - Artist Presentation: Anthony Eyton. (MT)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Bingo with Abtin (AS)</p>	<p>10:00 Individual Visits (SUI) 21</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Tai Chi Class with Karusia (MR)</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>5:00 Hazelton Disco (MR)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:45 Hand Massage (2ND) 22</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Brain Gym (2ND)</p> <p>1:30 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Bingo (2ND)</p> <p>4:00 Happy Hour (AB)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>
<p>10:45 Hand Massage (2ND) 23</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>2:45 Hymn Singing (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Artful Enrichment- Creative Watercolors (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:30 Guided Meditation (2ND) 24</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Balloon Games (2ND)</p> <p>12:00 Pet Therapy (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>2:30 Drumfit (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:00 Games and Trivia (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Story Telling (2ND) 25</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>12:00 Outing to Spectate the Blue Jay's Spring Training (Out)</p> <p>2:00 Sing Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>4:30 Seated Ballet with Harlan (MT)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>6:00 KARAOKE with Harlan (MT)</p>	<p>10:00 Individual Visits (2ND) 26</p> <p>10:30 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Outing to the AGO (Out)</p> <p>11:30 Balloon Games (2ND)</p> <p>11:30 Morning Sing Along (MT)</p> <p>1:30 Go For Life Walking Club (2ND)</p> <p>2:00 Java Music Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment - Mindful Colouring (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	<p>10:00 Individual Visits (2ND) 27</p> <p>10:30 Brain Gym (2ND)</p> <p>10:45 Hand Massage (2ND)</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:30 Pass the Ball Game (2ND)</p> <p>1:00 Go4Life Walking Club (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice Movie (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:00 February's Birthday Party (LL)</p> <p>3:30 Fit Minds (2ND)</p> <p>4:00 Bingo (2ND)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p> <p>7:00 Bridge with David (BR)</p> <p>7:00 Bingo with Abtin (AS)</p>	<p>10:00 Individual Visits (SUI) 28</p> <p>11:00 Sit and Stretch (2ND)</p> <p>11:00 Outing to the Distillery District (Out)</p> <p>11:30 Balloon Games (2ND)</p> <p>2:00 Sing-Fit (2ND)</p> <p>2:30 Movie Matinee- Resident's Choice TV Program (2ND)</p> <p>3:00 Tea Time (2ND)</p> <p>3:30 Artful Enrichment- Mindful Coloring (2ND)</p> <p>4:00 Chair Zumba (2ND)</p> <p>5:00 Hazelton Disco (MR)</p> <p>6:00 Movie Night- Residents' Choice Movie (2ND)</p>	

FRIDAY
FEB 28
Ramadan
(Feb 28 - Mar 29)



Locations Legend

2nd Floor (2ND)
Movie Theatre (MT)
Outside (Out)
Meeting Room (MR)
Annex Bar (AB)

Bedford Bridge Lounge (BR)
111 Art Studio (AS)
Suites (SUI)
Lower Lobby (LL)
St. George Lounge (STG)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program