

















































































































































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Emotional  Intellectual  Physical  Purposeful  Social  Spiritual	<p><b>Please Note:</b> Activities are a guideline only, staff may choose to change or substitute another activity depending on the needs of residents and staff.</p>		9:00  Go4Life Walking Club <b>1</b> 10:00  Balloon Badminton 1:30  Bocce Ball 3:00  Mental Aerobics 3:00  Table Top Games 3:30  Just You & Me 6:00  Sing Along	9:00  Go4Life Walking Club <b>2</b> 9:30  Sprout & Grow Club 10:00  Java Music 11:30  Catholic Communion 1:00  Sing Along 3:00  Just You and Me	9:00  Go4Life Walking Club <b>3</b> 9:30  Balloon Badminton 6:00  Evening Movie
9:30  Music <b>4</b> Appreciation with Shinia	<b>Provincial Day</b> <b>5</b>	9:00  Go4Life Walking Club <b>6</b> 9:30  Short Stories 10:30  Beanbag Toss 2:30  Pampered Hands 3:00  Just You and Me	9:00  Go4Life Walking Club <b>7</b> 9:30  Sprout & Grow Club 10:30  Exercise Essentials with Noodles 11:00  Arts and Crafts 1:00  Down Memory Lane	9:00  Go4Life Walking Club <b>8</b> 10:00  Balloon Badminton 1:30  Bocce Ball 3:00  Mental Aerobics 3:00  Table Top Games 3:30  Just You & Me 6:00  Sing Along	9:00  Go4Life Walking Club <b>9</b> 9:30  Catholic Communion 9:30  Sprout & Grow Club 10:00  Java Music 1:00  Sing Along 1:45 Pastoral Care Visits <b>Popsicles in the Courtyard</b> 2:00 3:00  Just You and Me	9:00  Go4Life Walking Club <b>10</b> 9:30  Balloon Badminton 6:00  Evening Movie
9:30  Music <b>11</b> Appreciation with Shinia	9:00  Go4Life Walking Club <b>12</b> 9:30  Sprout & Grow Group 10:30  Exercise Essentials with Balls 2:00  Horse Races 2:30 <b>Bus Trip - Country Drive</b> 3:00  Coffee Social (East)	9:00  Go4Life Walking Club <b>13</b> 9:30  Short Stories 10:30  Beanbag Toss 2:30  Pampered Hands 3:00  Just You and Me	9:00  Go4Life Walking Club <b>14</b> 9:30  Sprout & Grow Club 10:30  Exercise Essentials with Noodles 11:00  Arts and Crafts 1:00  Down Memory Lane	9:00  Go4Life Walking Club <b>15</b> 10:00  Balloon Badminton 1:30  Bocce Ball 3:00  Mental Aerobics 3:00  Table Top Games 3:30  Just You & Me 6:00  Sing Along	9:00  Go4Life Walking Club <b>16</b> 9:30  Catholic Communion 9:30  Sprout & Grow Club 10:00  Java Music 1:00  Sing Along 3:00  Just You and Me	9:00  Go4Life Walking Club <b>17</b> 9:30  Balloon Badminton 6:00  Evening Movie
9:30  Music <b>18</b> Appreciation with Shinia	9:00  Go4Life Walking Club <b>19</b> 9:30  Sprout & Grow Group 10:30  Exercise Essentials with Balls 2:00  Horse Races 3:00  Coffee Social (East)	9:00  Go4Life Walking Club <b>20</b> 9:30  Short Stories 10:30  Beanbag Toss 2:30  Pampered Hands 3:00  Just You and Me	9:00  Go4Life Walking Club <b>21</b> 9:30  Sprout & Grow Club 10:30  Exercise Essentials with Noodles 11:00  Arts and Crafts 1:00  Down Memory Lane	9:00  Go4Life Walking Club <b>22</b> 10:00  Balloon Badminton 1:30  Bocce Ball 3:00  Mental Aerobics 3:00  Table Top Games 3:30  Just You & Me	9:00  Go4Life Walking Club <b>23</b> 9:30  Catholic Communion 9:30  Sprout & Grow Club 10:00  Java Music 1:00 <b>Ice Cream and Old Time Sing Along in the Courtyard</b> 1:45 Pastoral Care Visits 3:00  Just You and Me	9:00  Go4Life Walking Club <b>24</b> 9:30  Balloon Badminton 6:00  Evening Movie
9:30  Music <b>25</b> Appreciation with Shinia	9:00  Go4Life Walking Club <b>26</b> 9:30  Sprout & Grow Group 10:30  Exercise Essentials with Balls 2:00  Horse Races 3:00  Coffee Social (East)	9:00  Go4Life Walking Club <b>27</b> 9:30  Short Stories 10:30  Beanbag Toss 2:30  Pampered Hands 3:00  Just You and Me	9:00  Go4Life Walking Club <b>28</b> 9:30  Sprout & Grow Club 10:30  Exercise Essentials with Noodles 11:00  Arts and Crafts 1:00  Down Memory Lane 1:30 <b>Birthday Bash with Live Entertainment - Rozella and Friends</b>	9:00  Go4Life Walking Club <b>29</b> 10:00  Balloon Badminton 1:30  Bocce Ball 3:00  Mental Aerobics 3:00  Table Top Games 3:30  Just You & Me	9:00  Go4Life Walking Club <b>30</b> 9:30  Catholic Communion 9:30  Sprout & Grow Club 10:00  Java Music 1:00  Sing Along 3:00  Just You and Me	9:00  Go4Life Walking Club <b>31</b> 9:30  Balloon Badminton 6:00  Evening Movie