



INSPIRED
SENIOR LIVING

October 2026

Richmond Hill Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breast Cancer Awareness Month

Thanksgiving

National Cinnamon Bun Day! 4

10:00 Gentle Exercise (E)
10:45 Fall Prevention (E)
1:30 Scrabble (B)
1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC)
2:30 Live Entertainment with Doug Inglis and Cinnamon Buns! (LL)
6:30 Billiards Club (BA)
6:45 Live Piano Music with Kabhlan (LL)

Active Week : Join our Active Senior Arcade Week! Winner for Most Participation Wins \$100 Gift Card! 5

10:00 Arcade Circuit 1: Start Active Week with an Autumn Walk with Sabrina to Dove Park (Meet at Front Entrance) (FE)
10:00 Gentle Stretch Class (E)
10:30 Bible Study - "Everyone Welcome" (C)
1:30 Let's Play Bridge! (L)
1:30 Arcade Circuit 2: Seated Yoga Class with Deborah (E)
1:30 Museum of Modern Art Presentation: Edward Gorey (LL)
2:30 Loonie Bingo (MP)
3:15 Arcade Circuit 3: Mini Golf Competition (LL)
6:30 Dominos Club (L)
7:00 Action & Adventure Movie: Hercules (T)

Active Week : Join our Active Senior Arcade Week! Winner for Most Participation Wins \$100 Gift Card! 6

10:00 Morning Java Club (BA)
10:15 Tech Help**See Bobbie** (LEO)
1:30 Let's Play Cribbage! (BA)
1:30 Arcade Circuit 4: Afternoon Exercise With Instructor Paul (E)
2:30 Scattergories: Travel the World (MP)
3:00 Christian Gathering & Learning (C)
3:30 Arcade Circuit 5: Bean Bag Toss (LL)
6:30 Poker Group (L)
6:30 Live Entertainment with Minds of Music (LL)

Active Week : Join our Active Senior Arcade Week! Winner for Most Participation Wins \$100 Gift Card! 7

Vendor: Sonita Jewelry! 10am-3pm (LC)
10:00 Arcade Circuit 6: Gentle Stretch Exercise (E)
10:30 Prayer Meeting - Bring Your Requests (C)
10:45 Falls Prevention Class (E)
1:30 Let's Play Euchre! (L)
1:30 Arcade Circuit 7: Drum Fit (E)
2:00 Knitting Nook Club (LL)
2:00 Billiards Club (BA)
3:00 Arcade Circuit 8: Balloon Volleyball Competition (LL)
3:30 Culinary Food Meeting with Ahmish (T)
6:15 Evening Pool Club (BA)
6:30 Programs with Senior Sparks with York University Students (LL)

Active Week : Join our Active Senior Arcade Week! Winner for Most Participation Wins \$100 Gift Card! 8

10:00 Catholic Communion (C)
10:15 Artful Enrichment: Autumn Themed Canvas Creations with Kathryn! (LL)
1:30 Arcade Circuit 9: Afternoon Exercise With Instructor Paul (E)
2:15 Arcade Circuit 10: Ring Toss Competition (LL)
3:00 Arcade Circuit 11: Healthy Cooking Pumpkin Demo with Ahmish! (B)
6:45 Entertainment with Patricia Duffy (LL)

Active Week : Join our Active Senior Arcade Week! Winner for Most Participation Wins \$100 Gift Card! 9

9:30 Arcade Circuit 12: Walking to Dove Park with Sabrina (FE)
10:15 Enjoy a Warm Cup of White Hot Chocolate with Bobbie & Sabrina (LC)
10:30 Arcade Circuit 13: Better Your Brain - Fit Minds (LC)
1:30 Arcade Circuit 14: Gentle Stretch Exercise (E)
2:30 Loonie Bingo (MP)
3:30 Resident & Staff Afternoon Karaoke (T)
6:30 Poker Group (L)
7:00 Friday Night Resident Pick Movie: Forest Gump (T)

10:15 Engineering Documentary: Germany's Highest Construction Site (BA) 10

11:00 Pick up a Thanksgiving Activity Package at Reception! (REC)
1:30 Rummikub (B)
2:00 Billiards (BA)
2:00 Resident Walking Group - Meet at Front Entrance (FE)
2:00 Saturday Matinee: Reagan (T)
3:00 Happy Hour Social! (BA)
7:00 Comedy Movie Night: Wrongfully Accused (T)

Thanksgiving Sunday Brunch 11

10:00 Gentle Exercise (E)
10:45 Fall Prevention (E)
1:30 Scrabble (B)
1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC)
2:30 Thanksgiving Movie Matinee: Planes, Trains and Automobiles (T)
6:30 Billiards Club (BA)
6:30 Virtual Orchestra, Andre Rieu (T)

Thanksgiving Day (LL) 12

10:30 Bible Study - "Everyone Welcome" (C)
10:30 Drumfit (E)
1:00 Resident Go4Life Walking (FE)
1:30 Let's Play Bridge! (L)
2:30 Loonie Bingo (MP)
3:00 Milkshake Monday and \$100 Arcade Week Prize Winner Announcement! (BA)
6:30 Dominos Club (L)
7:00 Action & Adventure Movie: Hot Pursuit (T)

10:00 Morning Java Club (BA) 13

10:15 Tech Help**See Bobbie** (LEO)
1:30 Afternoon Exercise With Instructor Paul (E)
1:30 Let's Play Cribbage! (BA)
2:00 Museum of Modern Art Painting: Edward Gorey (LL)
2:30 Scattergories (MP)
3:00 Christian Gathering & Learning (C)
3:30 Bean Bag Toss Competition (LL)
6:30 Poker Group (L)
7:00 History Documentary People Profiles: Oscar Wilde - Jailed For Love (T)

10:00 Gentle Stretch Exercise (E) 14

10:15 Med Plus: Morning Walker Clinic and Wheel Chair Repair (LC)
10:30 Prayer Meeting - Bring Your Requests (C)
10:45 Falls Prevention Class (E)
1:30 Let's Play Euchre! (L)
1:30 Drum Fit (E)
2:00 Knitting Nook Club (LL)
2:00 Billiards Club (BA)
3:00 Resident Town Hall Meeting (T)
6:15 Evening Pool Club (BA)
6:30 The Hollywood Collection: Humphrey Bogart (T)

10:00 Catholic Communion (C) 15

10:15 Rebus! What is That Puzzle? (BA)
1:30 Afternoon Exercise With Instructor Paul (E)
1:30 Outing: Shoppers Drugmart**Seniors Day** (OUT)
2:00 Artful Enrichment: Autumn Themed Colours with Kathryn Continue (LL)
3:00 Lotto 649**Bring Dimes** (BA)
6:45 Classic Movie Night: Goodbye Again 1961 (T)

9:30 Go4Life Walking-5 Laps (FE) 16

10:15 Trivia and Brain Games (BA)
1:30 Better Your Brain - Fit Minds (LL)
1:30 Gentle Stretch Exercise (E)
2:30 Loonie Bingo (MP)
3:30 Celebrating Octoberfest with Passport to Germany and Soft Baked Pretzels (T)
6:30 Poker Group (L)
7:00 Friday Night Resident Pick Movie: 4 Weddings & A Funeral (T)

10:15 Engineering Documentary: Secrets of the Five-Masted Marvel: Inside the World's Biggest Sailing Ship (BA) 17

11:00 Pick up an Activity Booklet at Reception! (REC)
1:30 Rummikub (B)
2:00 Billiards (BA)
2:00 Resident Walking Group - Meet at Front Entrance (FE)
2:00 October Birthday Bash! Entertainment with Bryan & Mary Ann (LL)
3:00 Happy Hour Social! (BA)
7:00 Comedy Movie Night: Hanging Up (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Gentle Exercise (E) 18 10:45 Fall Prevention (E) 1:30 Scrabble (B) 1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC) 2:00 Trivia Challenge (BA) 3:00 Pub Games (BA) 6:30 Billiards Club (BA) 6:45 Live Piano Music with Kabhilan (LL)	10:00 Gentle Stretch Class (E) 19 10:00 Outing to Walmart (OUT) 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Resident Go4Life Walking (FE) 1:30 Let's Play Bridge! (L) 1:30 Mobile Hearing Clinic 1:30pm-3:30pm**Sign up Outside Life Enrichment Office** (SPA) 1:30 Museum of Modern Art Presentation: Winslow Homer (LL) 2:30 Loonie Bingo (MP) 3:00 Milkshake Monday! (BA) 6:30 Dominos Club (L) 7:00 Action & Adventure Movie: Midway (T)	10:00 Morning Java Club (BA) 20 11:00 Outing to Round The Bend Farm & Lunch (OUT) 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) 2:30 Scattergories (MP) 3:00 Christian Gathering & Learning (C) 3:00 Golden Hour Gathering (BA) 6:30 Poker Group (L) 7:00 History Documentary People Profiles: Kim Jong Un - The Nuclear Millennial (T)	National Pumpkin Cheesecake Day! 21 10:00 Gentle Stretch Exercise (E) 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Falls Prevention Class (E) 1:30 Let's Play Euchre! (L) 1:30 Drum Fit (E) 2:00 Knitting Nook Club (LL) 2:00 Entertainment with Brian Richard (LL) 3:00 Billiards Club (BA) 3:00 Pumpkin Cheesecake Social and Musical Tunes! (BA) 6:15 Evening Pool Club (BA) 6:30 The Hollywood Collection: Mae West (T)	Vendor: EZ Fit Shoes (11AM-3:00PM) (LC) 22 10:00 Father Daniel Catholic Communion (C) 10:30 Artful Enrichment: Autumn Themed Colours with Kathryn (LL) 11:30 Library Service Book Delivery**Sign up! Great Service** (LE) 1:30 Afternoon Exercise With Instructor Paul (E) 2:30 Pumpkin Race! Make Your Bet! (LL) 3:30 Shut The Box Dice Game (BA) 6:45 Classic Movie Night: Untamed 1955 (T)	9:30 Go4Life Walking-5 Laps (FE) 23 10:15 Group Crossword (BA) 1:30 Better Your Brain - Fit Minds (LL) 1:30 Gentle Stretch Exercise (E) 2:30 Loonie Bingo (MP) 3:30 Shoot The Cup (LL) 6:30 Poker Group (L) 7:00 Friday Night Resident Pick Movie: On Golden Pond (T)	10:15 Engineering Documentary: World's Biggest Mega Dams and Channels (BA) 24 11:00 Pick up an Activity Booklet at Reception! (REC) 1:30 Rummikub (B) 2:00 Billiards (BA) 2:00 Resident Walking Group - Meet at Front Entrance (FE) 2:00 Saturday Matinee: The Six Triple Eight (T) 3:00 Happy Hour Social! (BA) 7:00 Comedy Movie Night: Jerry & Marge Go Large (T)
10:00 Gentle Exercise (E) 25 10:45 Fall Prevention (E) 1:30 Scrabble (B) 1:30 Pick Up Your 9 Letter Word Quiz at Reception. Return and Your Name Will Be Added to A Weekly Draw (REC) 2:00 Trivia With Wendy (BA) 6:30 Billiards Club (BA) 6:30 Virtual Orchestra, Andre Rieu (T)	National Pumpkin Day! Halloween Week: Let the Games Begin! 26 10:00 Gentle Stretch Class (E) 10:00 Municipal Election Voting (T) 10:30 Bible Study - "Everyone Welcome" (C) 1:00 Resident Go4Life Walking (FE) 1:30 Let's Play Bridge! (L) 2:30 Loonie Bingo (MP) 3:15 Milkshake Monday and Pumpkin Painting Contest! (LL) 4:30 Dinner Outing to The Mandarin (OUT) 7:00 Action & Adventure Movie: Ghostbusters- Frozen Empire (T)	10:00 Morning Java Club (BA) 27 10:15 Tech Help**See Bobbie** (LEO) 1:30 Afternoon Exercise With Instructor Paul (E) 1:30 Let's Play Cribbage! (BA) 1:30 Entertainment with Martin Wall (LL) 2:00 Museum of Modern Art Painting: Winslow Homer (LL) 2:30 Halloween Scattergories (MP) 3:00 Christian Gathering & Learning (C) 3:30 Halloween Bean Bag Toss! (LL) 6:30 Poker Group (L) 7:00 History Documentary People Profiles: Vlad The Impaler - Dracula The Man (T)	10:00 Gentle Stretch Exercise (E) 28 10:30 Prayer Meeting - Bring Your Requests (C) 10:45 Falls Prevention Class (E) 1:30 Let's Play Euchre! (L) 1:30 Drum Fit with Halloween Tunes! (E) 2:00 Knitting Nook Club (LL) 2:00 Billiards Club (BA) 2:45 Halloween Hot Pumpkin (LL) 3:15 Halloween/Fall Edition: The Price is Right! (LL) 6:15 Evening Pool Club (BA) 6:30 The Hollywood Collection: The Birth of Horror Films (T)	10:00 Catholic Communion (C) 29 10:00 Outing Toronto Premium Outlet (OUT) 10:30 Artful Enrichment: Completing our Autumn Themed Colour Creations with Kathryn (LL) 1:15 Witch Hat Ring Toss (LL) 1:30 Afternoon Exercise With Instructor Paul (E) 2:15 Halloween Movie Afternoon with Sabrina: Night at the Museum! With Pumpkin Spice Hot Chocolate! (T) 6:30 Live Entertainment with Minds of Music (LL)	Vendor: VDL Fashion (LC) 30 9:30 Go4Life Walking-5 Laps (FE) 10:30 Untangle the Spider Web (LL) 1:30 Better Your Brain - Fit Minds (LL) 1:30 Gentle Stretch Exercise (E) 2:30 Loonie Bingo (MP) 3:00 All About Halloween Social with Ice Cream and Pumpkin Pie! (BA) 6:30 Poker Group (L) 7:00 Friday Night Resident Pick Movie: Death Becomes Her (T)	Halloween Day! Wear your Halloween Costumes! 31 10:15 The real story of Halloween Documentary (BA) 11:00 Pick up a Halloween Activity Package at Reception! (REC) 1:30 Rummikub (B) 2:00 Billiards (BA) 2:00 Resident Walking Group - Meet at Front Entrance (FE) 2:30 Monster Mash Bash with Zack & Sabrina! (LL) 3:00 Happy Hour Social! (BA) 7:00 Comedy Movie Night: Beetlejuice! (T)

Calendar Legend

Outing
Special Program
Theme Day
Living, Loving, Local
Signature Program
Highlight

Be Celebrated



Locations Legend

Bells & Whistles Bar (BA)
Lower Lounge (LL)
Exercise Room (E)
Theatre (T)
Library (L)
Chapel (C)
Front Entrance (FE)
Multi Purpose Room (MP)
Bistro (B)
Reception (REC)
Lobby Cafe (LC)
Outing (OUT)
Life Enrichment Office (LEO)
Spa (SPA)
LE Office (LE)