



INSPIRED
SENIOR LIVING

June 2024

The Concorde



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Senior's Month		SUNDAY JUN 16  Father's Day		FRIDAY JUN 21  Canada's National Indigenous Peoples Day		9:00 Go4Life Walking (LOB) 1 10:00 Manicures (AR) 2:00 Bingo! (AR)
9:30 Go4Life Walking (LOB) 2 10:30 Roll O' Trump (AR) 2:00 Sports in the Bistro (BIS) 2:00 Yearning for Yarn Club (L) 3:00 Recorded Hymn Sing (AR) 6:30 Sunday Night Movie (LOB)	9:00 Go4Life Walking (LOB) 3 9:30 Chair Fitness (CanfitPro) (AR) 10:00 Coffee Time in the Bistro (L) 1:30 Scenic Drive * Sign Up (LOB) 2:00 Bridge (AR) 3:45 Darts in the Activity Room (AR)	9:00 Men's Coffee Group (L) 4 9:30 Guided Walk Sign Up in Lobby (OUT) 10:30 Fit Minds (AR) 1:30 Java Music Club (AR) 2:00 Yearning for Yarn Club (L) 2:00 Canadian Dental Care Plan: Service Canada Live Presentation (AR) 3:00 National Cheese Day! Sample Cheeses From Around the World (BIS) 6:00 Rockin Robbie the DJ (L)	9:00 Go4Life Walking (LOB) 5 9:30 Chair Fitness (CanfitPro) (AR) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 3:15 Meet me at the Moma (AR) 6:00 Evening Games (L)	9:00 Go4Life Walking (LOB) 6 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study - John 15:1-27 (AR) 2:00 Baking in the Country Kitchen (C) 3:30 Armchair Travel with Rick Steves (AR)	8:00 Pride Month! (C) 7 9:00 Go4Life Walking (LOB) 9:30 Drumfit (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 1:00 Senior's Week - Community Introduction to Drumfit (AR) 2:00 Music with Sam + National Donut Day! (L) 3:00 Happy Hour in the Bistro (BIS)	9:00 Go4Life Walking (LOB) 8 10:00 Manicures (AR) 2:00 Bingo! (AR) 3:15 Meditation and Colouring (AR)
9:30 Go4Life Walking (LOB) 9 10:30 Roll O' Trump (AR) 2:00 Sports in the Bistro (BIS) 2:00 Yearning for Yarn Club (L) 3:00 Recorded Hymn Sing (AR) 6:30 Sunday Night Movie (LOB)	9:00 Go4Life Walking (LOB) 10 9:30 Chair Fitness (CanfitPro) (AR) 10:00 Fraud Prevention Presentation (L) 11:00 Avon with Sharon (L) 1:30 Scenic Drive * Sign Up (LOB) 2:00 Bridge (AR) 3:45 Darts in the Activity Room (AR)	9:00 Men's Coffee Group (L) 11 9:30 Guided Walk Sign Up in Lobby (OUT) 10:00 Timely Mobile Fashions (L) 10:30 Fit Minds (AR) 2:00 Resident Forum (AR) 2:30 Yearning for Yarn Club (L) 3:30 Docuseries: Secrets of Great British Castles (AR) 6:00 Rockin Robbie the DJ (L)	9:00 Go4Life Walking (LOB) 12 9:30 Chair Fitness (CanfitPro) (AR) 10:30 Roll O' Trump (AR) 1:00 Premium Mobility - Walker/Wheelchair Service (L) 2:00 Bingo! (AR) 3:15 Meet me at the Moma (AR) 6:00 Evening Games (L)	9:00 Go4Life Walking (LOB) 13 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study - John 16:1-16 (AR) 2:00 Baking in the Country Kitchen (C) 3:30 Armchair Travel with Rick Steves (AR)	9:00 Go4Life Walking (LOB) 14 9:30 Drumfit (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 2:00 Music with Bianca (L) 3:00 Complimentary Wine Tasting: La Casa Bianca (BIS)	9:00 Go4Life Walking (LOB) 15 10:00 Manicures (AR) 2:00 Bingo! (AR) 3:00 Happy Hour for Dad's: Whiskey Tasting (BIS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Go4Life Walking (LOB) 16 10:30 Roll O' Trump (AR) 11:30 Father's Day Brunch (DR) 2:00 Sports in the Bistro (BIS) 2:00 Yearning for Yarn Club (L) 3:00 Recorded Hymn Sing (AR) 6:30 Sunday Night Movie (LOB)	9:00 Go4Life Walking (LOB) 17 9:30 Chair Fitness (CanfitPro) (AR) 10:00 Coffee Time in the Bistro (L) 2:00 Bridge (AR) 3:45 Darts in the Activity Room (AR)	9:00 Men's Coffee Group (L) 18 9:30 Guided Walk Sign Up in Lobby (OUT) 10:30 Fit Minds (AR) 1:30 Java Music Club (AR) 2:00 Yearning for Yarn Club (L) 3:30 Docuseries: Secrets of Great British Castles (AR) 6:00 Rockin Robbie the DJ (L)	9:00 Go4Life Walking (LOB) 19 9:00 Hearing Life (BIS) 9:30 Chair Fitness (CanfitPro) (AR) 10:30 Roll O' Trump (AR) 1:30 Meet Me at the MOMA: Learn to Paint with a Local Artist, Sign Up in Lobby (AR) 2:00 Bingo! (AR) 6:00 Evening Games (L)	9:00 Go4Life Walking (LOB) 20 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study - John 16:17-33 (AR) 2:30 Ice Cream Soda Day! Treats on the Patio (BAC) 3:30 Armchair Travel with Rick Steves (AR)	9:00 Go4Life Walking (LOB) 21 9:30 Drumfit+ Yoga (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 2:00 Music with Cloud 9, Celebrating World Music Day (L) 3:00 Happy Hour in the Bistro (BIS)	9:00 Go4Life Walking (LOB) 22 10:00 Manicures (AR) 2:00 Bingo! (AR) 3:15 Meditation and Colouring (AR)
9:30 Go4Life Walking (LOB) 23 10:30 Roll O' Trump (AR) 2:00 Sports in the Bistro (BIS) 2:00 Yearning for Yarn Club (L) 3:00 Recorded Hymn Sing (AR) 6:30 Sunday Night Movie (LOB)	9:00 Go4Life Walking (LOB) 24 9:30 Chair Fitness (CanfitPro) (AR) 10:00 Coffee Time in the Bistro (L) 2:00 Bridge (AR) 3:45 Darts in the Activity Room (AR)	9:00 Men's Coffee Group (L) 25 9:30 Guided Walk Sign Up in Lobby (OUT) 10:30 Fit Minds (AR) 2:00 Elvis Festival Pre-Party featuring Brandon! (L) 6:00 Rockin Robbie the DJ (L)	9:00 Go4Life Walking (LOB) 26 9:30 Chair Fitness (CanfitPro) (AR) 10:30 Roll O' Trump (AR) 2:00 Bingo! (AR) 3:15 Meet me at the Moma (AR) 6:00 Evening Games (L)	9:00 Go4Life Walking (LOB) 27 9:00 Shopping Shuttle *Sign Up (LOB) 1:30 Bible Study - John 17:1-5 (AR) 2:00 Baking in the Country Kitchen (C) 3:30 Armchair Travel with Rick Steves (AR)	9:00 Go4Life Walking (LOB) 28 9:30 Drumfit (AR) 10:00 Yearning for Yarn Club (L) 10:30 Mind Games: Jeopardy (AR) 2:00 Music & Birthdays with Kyle Anderson (L) 3:00 Happy Hour in the Bistro (BIS)	9:00 Go4Life Walking (LOB) 29 10:00 Manicures (AR) 2:00 Bingo! (AR)
9:30 Go4Life Walking (LOB) 30 10:30 Roll O' Trump (AR) 2:00 Sports in the Bistro (BIS) 2:00 Yearning for Yarn Club (L) 3:00 Recorded Hymn Sing (AR) 6:30 Sunday Night Movie (LOB)	Be Proud			Locations Legend Skaha Activity Room (AR) Lobby (LOB) Piano Lounge (L) Bistro (BIS) Out front (OUT) Community (C) Dining Room (DR) Back Courtyard (BAC)		Calendar Legend Outing Special Program Living, Loving, Local Signature Program