


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Canada Day - wear Red &amp; White today!</b> <b>PLEASE wear your MASK when out of your suite!</b> 10:00 Tuck Shop Cart - 4th & 5th Floors 1:30 <b>Canada Day Celebration on the 2nd floor patios! DRESS UP in RED &amp; White!</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> 9:30 Chair Exercise on the South Patio (weather permitting) 1:30 <b>Music &amp; Singing with Various entertainers on the outdoor patios (weather permitting)</b> 2:00 Happy Hour & Snack Cart 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> 10:00 <b>Group Activity [L]</b> 1:15 <b>Movie Time! [T]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> 9:30 Chair Exercise on the South Patio (weather permitting) 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PLEASE wear your MASK when out of your suite!</b> <b>19</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>20</b> 10:00 <b>Tuck Shop Cart - 2nd Floor</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>21</b> 9:30 <b>Chair Exercise on the South Patio (weather permitting)</b> 10:00 <b>Tuck Shop Cart - 3rd Floor</b> 1:30 <b>Singing with Dan on the outdoor patios (weather permitting)</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>22</b> 1:00 <b>Tuck Shop Cart - 4th &amp; 5th Floors</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>23</b> 9:30 <b>Chair Exercise on the South Patio (weather permitting)</b> 1:30 <b>Music &amp; Singing with Various entertainers on the outdoor patios (weather permitting)</b> 2:00 <b>Happy Hour &amp; Snack Cart</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>24</b> 10:00 <b>Group Activity [L]</b> 1:15 <b>Movie Time! [T]</b> 3:00 <b>WE LOVE OUR SENIORS Parade - Look outside your window between 3-3:20pm - WAVE and Make Noise!!!</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>25</b> 9:30 <b>Chair Exercise on the South Patio (weather permitting)</b> 10:30 <b>Puzzles &amp; Books - pick up &amp; drop off in the Theatre until noon [T]</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>
<b>PLEASE wear your MASK when out of your suite!</b> <b>26</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>27</b> 10:00 <b>Tuck Shop Cart - 2nd Floor</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>28</b> 9:30 <b>Chair Exercise on the South Patio (weather permitting)</b> 10:00 <b>Tuck Shop Cart - 3rd Floor</b> 1:30 <b>Singing with Dan on the outdoor patios (weather permitting)</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>29</b> 1:00 <b>Tuck Shop Cart - 4th &amp; 5th Floors</b> 1:15 <b>Movie Time! [T]</b> 1:30 <b>Group Activity [L]</b> 2:30 <b>Group Activity [L]</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>30</b> 9:30 <b>Chair Exercise on the South Patio (weather permitting)</b> 1:30 <b>Music &amp; Singing with Various entertainers on the outdoor patios (weather permitting)</b> 2:00 <b>Happy Hour &amp; Snack Cart</b> 6:00 <b>Movie Time! [T]</b>	<b>PLEASE wear your MASK when out of your suite!</b> <b>31</b> 10:00 <b>Group Activity [L]</b> 1:15 <b>Movie Time! [T]</b> 6:00 <b>Movie Time! [T]</b>	<b>WISHING ALL OUR RESIDENTS &amp; THEIR FAMILIES A HAPPY CANADA DAY 2020!</b>
<b>In July, we have added Group Activities &amp; Movie Times!</b> Due to the maximum of 5 residents per event, we have highlighted your dates & times on your personal copy of the calendar. <b>Please watch for the highlighted events and come join us!</b>	<b>Both patios continue to be open for fresh air, walking, gardening and social time.</b> <b>PLEASE remember to wear a mask &amp; keep 6 feet between you and others.</b> Keep the chairs and cushions at their designated spots please. <b>Thanks for your cooperation!</b>	<b>Walking outside around the Heritage is open for residents as long as the rules are followed!</b> - All must wear masks when out of your suite - Sanitize your hands & your shoes upon return - Follow the 6 foot social distance rule when walking. <b>Enjoy fresh air and moving your body!</b>	<b>Chair Exercise classes will be held on Tuesdays, Thursdays &amp; Saturdays on the south patio.</b> Wear a mask & 6 foot distancing applies please. <b>You are welcome to watch from your suite if you are facing the south patio.</b>	<b>Puzzles &amp; Books are now available every other Saturday morning from 10:30-noon in the theatre.</b> <b>Newspapers will be kept at the mailboxes - please help yourselves!</b>	<b>Family Outdoor Visits!</b> <b>Please follow the rules:</b> - Residents & guests must wear masks & sanitize hands before the visit. - no more than 2 guests per visit, this includes children. - no physical contact or passing items back & forth. - items brought for residents need to be sanitized & left in the foyer. Call Reception to find out times available. 250-768-9926	