

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- 😊 Emotional
- 🧠 Intellectual
- 👣 Physical
- 👤 Purposeful
- 👥 Social
- ☀️ Spiritual
- 🛒 Vendor

- Location Keys**
- Bistro B
 - Country Kitchen CK
 - Gym G
 - Library L
 - South Patio SP
 - Theatre T

<p>8:30 ☀️ Church service on TV [T] 4</p> <p>9:00 😊 One-on-Ones - with Terri</p> <p>10:00 ☀️ Music & Singing at the Piano [B]</p> <p>2:00 ☀️ Christian Motorcycle Group Visit & Drive By</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>10:00 🧠 Thanksgiving craft with Terri [CK] 5</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧠 Fit Minds with Terri [CK]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>6:30 🐾 Bingo - Max 10 Residents - with Barb [T]</p>	<p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T] 6</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧠 MOMA Painting & Colouring - Resident led today [CK]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>10:00 🎨 Decorate for Thanksgiving (Kim & Terri) [B] 7</p> <p>11:30 🛒 Tuck shop open for shopping [B]</p> <p>1:30 😊 Chicken Soup for the Soul with Kim [L]</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>3:00 ☀️ Ladies Spa Time with Kim - Max 7 [CK]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>OKTOBERFEST Today! Dress up in Blue/White or Red/Gold/Black! 1</p> <p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T]</p> <p>10:00 🎨 Decorate for Fall (Kim & Terri) [B]</p> <p>1:30 🐾 Oktoberfest with Vic & his Accordion! (weather permitting) [SP]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 😊 Java Music & Coffee Social with Kim [B] 2</p> <p>11:00 😊 One-on-Ones - with Kim</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 👣 Roll-o-Trump with Kim for 10 residents [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T] 3</p> <p>10:30 🧠 Books (Library) & Puzzles (Gym) pick up & drop off [L]</p> <p>1:15 🐾 Movie Matinee - Resident's Choice [T]</p> <p>1:30 👣 Autumn walk in the neighbourhood with Kim (weather permitting) [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>
<p>8:30 ☀️ Church service on TV [T] 11</p> <p>9:00 😊 One-on-Ones - with Terri</p> <p>10:00 ☀️ Music & Singing at the Piano [B]</p> <p>1:30 🧠 Bingo - Max 10 in the Theatre [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>Thanksgiving - Let's be grateful today! 12</p> <p>10:00 ☀️ TV Shows for Thanksgiving - Max 10 [T]</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>2:00 🐾 Music & Singing at the Piano - Resident led [B]</p> <p>6:30 🐾 Bingo - Max 10 Residents - with Barb [T]</p>	<p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T] 13</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧠 MOMA Painting & Colouring [CK]</p> <p>3:00 😊 One-on-Ones - with Terri</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>11:30 🛒 Tuck shop open for shopping [B] 14</p> <p>1:30 😊 Chicken Soup for the Soul with Kim [L]</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>3:00 🧠 You be the Judge with Kim [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T] 15</p> <p>10:15 🧠 Life Enrichment's New Resident Welcome - By invitation [CK]</p> <p>1:30 🐾 Music with Various Entertainers Outside (weather permitting) [SP]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 😊 Java Music & Coffee Social with Kim [B] 16</p> <p>11:00 😊 One-on-Ones - with Kim</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 👣 Roll-o-Trump with Kim for 10 residents [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 👣 Chair Exercise on the South Patio (weather permitting) [T] 17</p> <p>10:30 🧠 Books (Library) & Puzzles (Gym) pick up & drop off [L]</p> <p>1:15 🐾 Movie Matinee - Resident's Choice [T]</p> <p>1:30 👣 Autumn walk in the neighbourhood with Kim (weather permitting) [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30 ☀️ Church service on TV 18 [T]</p> <p>9:00 😊 One-on-Ones - with Terri</p> <p>10:00 ☀️ Music & Singing at the Piano [B]</p> <p>1:30 🧠 Bingo - Max 10 in the Theatre [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>10:00 🧵 Jewelry Crafts with Terri [CK] 19</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧠 Fit Minds with Terri [CK]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>6:30 🐾 Bingo - Max 10 Residents - with Barb [T]</p>	<p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T] 20</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧘 MOMA Painting & Colouring [CK]</p> <p>3:00 😊 One-on-Ones - with Terri</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>11:30 🛒 Tuck shop open for shopping [B] 21</p> <p>1:30 😊 Chicken Soup for the Soul with Kim [L]</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>3:00 ☀️ Ladies Spa Time with Kim - Max 7 [CK]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T] 22</p> <p>10:15 🧘 Life Enrichment's New Resident Welcome - By invitation [CK]</p> <p>1:30 🐾 Music Social & Happy Hour - in the Bistro [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 😊 Java Music & Coffee Social with Kim [B] 23</p> <p>11:00 😊 One-on-Ones - with Kim</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧠 Trivia for 10 residents with Kim [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T] 24</p> <p>10:30 🧘 Books (Library) & Puzzles (Gym) pick up & drop off [L]</p> <p>1:15 🐾 Movie Matinee - Resident's Choice [T]</p> <p>1:30 🧘 Autumn walk in the neighbourhood with Kim (weather permitting) [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>
<p>8:30 ☀️ Church service on TV 25</p> <p>9:00 😊 One-on-Ones - with Terri</p> <p>10:00 ☀️ Music & Singing at the Piano [B]</p> <p>1:30 🧠 Bingo - Max 10 in the Theatre [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>10:00 🧵 Jewelry Crafts with Terri [CK] 26</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧠 Fit Minds with Terri [CK]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>6:30 🐾 Bingo - Max 10 Residents - with Barb [T]</p>	<p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T] 27</p> <p>9:30 🧘 Hearing Aid Cleaning & Battery Check - all welcome</p> <p>1:15 🐾 Netflix Series - Resident's choice (10 residents) [T]</p> <p>1:30 🧘 MOMA Painting & Colouring [CK]</p> <p>3:00 😊 One-on-Ones - with Terri</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>10:00 🧘 Decorate for Halloween (Kim & Terri) 28</p> <p>11:30 🛒 Tuck shop open for shopping [B]</p> <p>1:30 😊 Chicken Soup for the Soul with Kim [L]</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧘 Gentle Chair yoga for beginners - Max 6 [G]</p> <p>3:00 🧠 You be the Judge with Kim [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T] 29</p> <p>10:15 🧘 Life Enrichment's New Resident Welcome - By invitation [CK]</p> <p>1:30 🐾 Music Social & Happy Hour - in the Bistro [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>9:30 😊 Java Music & Coffee Social with Kim [B] 30</p> <p>10:00 🐾 Bright Path Halloween Parade - outside the front doors</p> <p>1:30 🐾 Quarter Bingo for 10 residents - bring a quarter for each card you'd like to play [T]</p> <p>3:00 🧘 Roll-o-Trump with Kim for 10 residents [T]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>	<p>Halloween - Dress up today! 31</p> <p>9:30 🧘 Chair Exercise on the South Patio (weather permitting) [T]</p> <p>10:30 🧘 Books (Library) & Puzzles (Gym) pick up & drop off [L]</p> <p>1:15 🐾 Movie Matinee - Resident's Choice [T]</p> <p>1:30 🧘 Autumn walk in the neighbourhood with Kim (weather permitting) [B]</p> <p>1:30 🐾 Halloween social - Dress up in costume! [B]</p> <p>6:00 🐾 Movie Night - 10 residents [T]</p>

Events for October!

You are welcome to attend events of your choice!

Once we have the maximum amount for each room, we will close the doors.

Masks required at all events please!



Exercise Class on the South Patio at 9:30am on Tuesdays, Thursdays & Saturdays- weather permitting.

If it is too cold or raining, we will divide up the group into 2 classes in the theatre

Group 1 at 9:30am
Group 2 at 10:15am



Bingo - we have added another Bingo game (for prizes) on Sunday afternoons!

Please limit your Bingo games to twice a week to let others have a chance to play!

Thanks!

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🛒 Vendor

Location Keys

Bistro	B
Country Kitchen	CK
Gym	G
Library	L
South Patio	SP
Theatre	T