

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>1</b></p> <p>10:00 ☀ Sunday Service on DVD [MT] — Compliments of Eastminster United Church</p> <p>2:30 🚶 Go 4 Life Walking Club! - The Richmond [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>2</b></p> <p>10:00 🏃 Sit &amp; Get Fit! Exercise Class! [LL]</p> <p>2:00 🧠 Monday BINGO! (25¢ each card) [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 True North Classics (Short Films from the 1930's-60's) [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>3</b></p> <p>10:00 ☀ Faith, Hope and Love with Al Reimers [LL]</p> <p>1-2 ☕ Tuck Lounge Open [SL]</p> <p>2:00 ☀ Chapel Service (Christ Church) [CH]</p> <p>2:15 🧠 Let's Talk Living Loving Local! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 Java Music Club! - Autumn [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>4</b></p> <p>10:00 🚶 Go 4 Life Walking Club - Wellness Centre! - Sign Up at Front Desk!</p> <p>10:30 😊 Judy's Book Club</p> <p>2:30 🎹 Doug Yates at the Piano [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 Darlene and the Shamerocker! Entertainment! [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>5</b></p> <p>10:00 🏃 Sit &amp; Get Fit Exercise Class! [LL]</p> <p>1:30 🧠 Card Games: Euchre, Bridge, Cheat etc. [LL]</p> <p>1:30 🛒 Shopping - Walmart (Sign-up at Front Office)</p> <p>2:00 👯 Friendly Visits with Joanne &amp; Tobi!</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 🧠 Crokinole Game Night! [LL]</p>	<p><b>Hitchen's Hearing Clinic - 10:00 - 2:30</b> <b>6</b></p> <p>9:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>10:00 🚶 Go 4 Life Walking Club - Wellness Centre Sign Up at Front Desk!</p> <p>1:30 ☕ Gentlemen's Club! - Going to Church-Key Brewery! Sign-up at Front Desk!</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn - Crossfire [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>7</b></p> <p>10-11 🏃 Health Check-up [HS]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>3:15 🎹 Ken at the Piano [LL]</p>
<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>8</b></p> <p>10:00 ☀ Sunday Service on DVD [MT] — Compliments of Eastminster United Church</p> <p>2:30 😊 Sylvin Pineau at the Piano [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p><b>Thanksgiving</b> <b>9</b></p> <p>9:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>10:00 🧠 Thanksgiving Trivia Game! [FL]</p> <p>2:30 🎲 My Lucky Number! [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 True North Classics (Short Films from the 1930's-60's) [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>10</b></p> <p>10:00 ☀ Faith, Hope and Love with Al Reimers [LL]</p> <p>1-2 ☕ Tuck Lounge Open [SL]</p> <p>2:00 ☀ Chapel Service (First Pentecostal) [CH]</p> <p>2:00 😊 Music with Gerry! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>11</b></p> <p>10:30 😊 Judy's Book Club</p> <p>1:15 🎵 Interlink Choir at Holy Rosary School!</p> <p>2:30 🎬 Movie Matinee - Trouble Along The Way [MT]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>12</b></p> <p>10:00 🚶 Go 4 Life Walking Club! - The Richmond [LL]</p> <p>1:30 🧠 Card Games: Euchre, Bridge, Cheat etc. [LL]</p> <p>1:30 🛒 Shopping - Quinte Mall (Sign-up at the Front Office)</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 Java Music Club! - Having Fun! [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>13</b></p> <p>10:00 🚶 Go 4 Life Walking Club! - Wellness Centre - Sign Up at Front desk!</p> <p>1:30 🎨 Falls Colours Drive! - Sign Up at front Desk!</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn - Johnny Dangerously [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>14</b></p> <p>10-11 🏃 Health Check-up [HS]</p> <p>2:30 🧠 Halloween Trivia &amp; Treats! [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>
<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>15</b></p> <p>10:00 ☀ Sunday Service on DVD [MT] — Compliments of Eastminster United Church</p> <p>2:30 🏃 Country and Gospel Songs with Hazel, Don, and Roy! [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>16</b></p> <p>10:00 🚶 Go 4 Life Walking Club - Wellness Centre! - Sign Up at Front Desk</p> <p>11:00 🧹 Medigas Walker Clean &amp; Adjustment</p> <p>2:00 🧠 Monday BINGO! (25¢ each card) - Halloween Prizes [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 True North Classics (Short Films from the 1930's-60's) [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>17</b></p> <p>10:00 ☀ Faith, Hope and Love with Al Reimers [LL]</p> <p>1-2 ☕ Tuck Lounge Open [SL]</p> <p>2:00 ☀ Chapel Service (St. Thomas Anglican) [CH]</p> <p>2:00 😊 Friendly Visits with Joanne and Tobi the Dog! [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>3:00 🧠 Crossword/Twist - Living Loving Local [LL]</p> <p>6:30 🚶 Go 4 Life Walking Club - The Wellness Centre - Sign Up at Front Office</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>18</b></p> <p>10:00 🧠 Residents Council [LL]</p> <p>10:30 😊 Judy's Book Club</p> <p>2:30 😊 Music with Mary Chamberlain! Entertainment! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>19</b></p> <p>10:00 🏃 Sit &amp; Get Fit! Exercise Class! [LL]</p> <p>1:30 🧠 Card Games: Euchre, Bridge, Cheat etc. [LL]</p> <p>1:30 🛒 Shopping - Walmart (Sign-up at Front Office)</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 ☕ Java Music Club! - Making Amends [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>20</b></p> <p>10:00 🚶 Go 4 Life Walking Club - Wellness Centre - Sign up at front desk!</p> <p>2:00 🎨 Decorating Pumpkins! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn - The Phantom of the Opera [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>21</b></p> <p>10-11 🏃 Health Check-up [HS]</p> <p>2:30 ☕ Witches Brew Happy Hour! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>3:15 🎹 Ken at the Piano [LL]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>22</b></p> <p>10:00 ☀ Sunday Service on DVD [MT] — Compliments of Eastminster United Church</p> <p>2:30 🍴 Food Committee Meeting! [LL]</p> <p>2:30 😊 Sylvin Pineau at the Piano [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>23</b></p> <p>10:00 🧠 Recreation Chit - Chat! [LL]</p> <p>10:30 🚶 Go 4 Life Walking Club! - The Richmond [LL]</p> <p>2:00 🧠 Monday BINGO! (25¢ each card) [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 True North Classics (Short Films from the 1930's-60's) [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>24</b></p> <p>10:00 ☀ Faith, Hope and Love with Al Reimers [LL]</p> <p>1-2 ☕ Tuck Lounge Open [SL]</p> <p>2:00 ☀ Chapel Service (New Hope Christian) [CH]</p> <p>2:00 😊 Friendly Visits with Joanne and Tobi the Dog! [FL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>3:00 🧠 Crossword/Twist [LL]</p> <p>7:00 😊 Java Music Club! - Aging! [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>25</b></p> <p>10:00 🚶 Go 4 Life Walking Club! - Wellness Centre!</p> <p>10:30 😊 Judy's Book Club</p> <p>1:30 ☕ Interlink Choir! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>26</b></p> <p>10:00 🚶 Go 4 Life Walking Club - The Richmond!</p> <p>1:30 ☕ APPLE FEST SOCIAL! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>6:30 🚶 Living Loving Local Table Display! [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>27</b></p> <p>10:00 🧠 Finish the Phrase Game - Halloween Theme! [FL]</p> <p>2:30 🎂 Birthday Party with Andy Forgie! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn - The Shadow [MT]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>28</b></p> <p>10-11 🚶 Health Check-up [HS]</p> <p>2:30 🎃 Halloween Craft! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>

<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>29</b></p> <p>10:00 ☀ Sunday Service on DVD [MT] — Compliments of Eastminster United Church</p> <p>2:30 🚶 Dart Game! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p>	<p>9:30 ☕ Tea &amp; Coffee Bar [LL] <b>30</b></p> <p>10:00 🚶 Sit &amp; Get Fit Exercise Class! [LL]</p> <p>11:00 🍴 Out to lunch Bunch! - The Boathouse! - Sign Up at Front Office! [LL]</p> <p>1:30 🏠 Flu Shot Clinic! [LL]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>7:00 😊 True North Classics (Short Films from the 1930's-60's) [MT]</p>	<p><b>Halloween 31</b></p> <p>9:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>10:00 ☀ Faith, Hope and Love with Al Reimers [LL]</p> <p>1-2 ☕ Tuck Lounge Open [SL]</p> <p>2:00 😊 Friendly Visits with Joanne and Tobi the Dog! [FL]</p> <p>2:00 ☀ Chapel Service (Victoria Ave Baptist) [CH]</p> <p>2:30 ☕ Tea &amp; Coffee Bar [LL]</p> <p>3:00 🧠 Crossword/Twist - Halloween Theme! [LL]</p> <p>7:00 🎲 Bingo! Don't forget your quarters! [LL]</p>
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**Living Loving Local**

From the farm to your fork, explore local food at its best.

Each month join in our celebration of the local harvest. We'll explore the region, the province and even the country as time goes on.

Enjoy our themed Living Loving Local menu items, recreational events and food experiences.

Join us in the month of October for The Richmond's Living Loving Local Celebration on Apples!

- 😊 Emotional
- 🧠 Intellectual
- 🚶 Physical
- 🚶 Purposeful
- ☕ Social
- ☀ Spiritual

- Location Keys**
- Chapel (First Floor)
  - Fireplace Lounge
  - Health Station
  - Lower Level
  - Movie Theatre (Second Floor)
  - Second Floor Computer Lounge

- CH
- FL
- HS
- LL
- MT
- SL

"As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison."

— Nelson Mandela

**Resident Birthdays**

Arnold W.	10/2
Joan L.	10/3
Marie G.	10/7
Ann S.	10/23
Lorraine F.	10/26
Phyllis C.	10/26
Gladys M.	10/28