

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Emotional (Smiley face icon)

Intellectual (Lightbulb icon)

Physical (Walking stick icon)

Purposeful (Person icon)

Social (Group of people icon)

Spiritual (Sun icon)

Location Keys

Chapel (First Floor) CH

Fireplace Lounge FL

Health Station HS

Lower Level LL

Movie Theatre (Second Floor) MT

Resident Birthdays

Joan B. 9/4

Clifford P. 9/8

Morris P. 9/14

Graham L. 9/18

Mabel M. 9/23

Royden B. 9/28



INTERNATIONAL COUNCIL ON ACTIVE AGING

2018

ACTIVE AGING WEEK

<p>9:30 ☕ Tea & Coffee Bar [LL] 2</p> <p>10:00 ☀ Sunday Service on DVD [MT]</p> <p style="text-align: center;">— Compliments of Eastminster United Church</p> <p>2:30 😊 Sing Along with Doug Yates on the Piano! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🧠 Travelogue Movie Night! - Take a Trip and learn about a New destination in the Comfort of your Seat! [MT]</p>	<p>Labor Day 3</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 ☀ Faith Hope and Love with Al Reimers! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 😊 Musical Entertainment by The Sunrisers! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [LL]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 4</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>2:00 ☀ Chapel Service (St. Matthew's United) [CH]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Crossword with a Twist Game! [LL]</p> <p>6:30 🌊 Belleville Cruise Night! **Sign up at the Front Office</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 5</p> <p>10:00 🧠 Let's Talk Living Loving Local! - Zucchini [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 🎵 Musical Entertainment by Mary Chamberlain [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 6</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>1:30 🧠 Euchre! [LL]</p> <p>1:30 🛒 Shopping - Walmart (Sign-up at Front Office)</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Java Music Club - Day-to-Day Challenges [LL]</p>	<p>Living Loving Local Dinner Special! 7</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 🧶 Knotty Knitters - Knitting & Crochet Group! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [LL]</p> <p>1:30 🧠 Meet Me at the MOMA! - Art Presentation on Paul Cézanne [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Cocktail Hour and Trivia! [LL]</p> <p>6:30 😊 Movie Night with Popcorn [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 8</p> <p>10-11 🚶 Health Check-up [HS]</p> <p>2:30 ☕ Manicures with Monique! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>
<p>9:30 ☕ Tea & Coffee Bar [LL] 9</p> <p>10:00 ☀ Sunday Service on DVD [MT]</p> <p style="text-align: center;">— Compliments of Eastminster United Church</p> <p>2:30 😊 Sylvin Pineau at the Piano [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🧠 Travelogue Movie Night! - Take a Trip and learn about a New destination in the Comfort of your Seat! [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 10</p> <p>10:00 ☀ Faith Hope and Love with Al Reimers! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 🧠 Monday BINGO! (25¢ each card) [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Meet Me at the MOMA! - Painting Class! [LL]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 11</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>1:30 🧠 Living Loving Local Trivia Quiz! [FL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Crossword with a Twist Game! [LL]</p> <p>6:30 😊 Movie Night! [CH]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 12</p> <p>10:00 😊 Java Music Club - Theme: Faith! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 🚶 Beach Ball Bowling! [FL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 13</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>1:30 🧠 Euchre! [LL]</p> <p>1:30 🛒 Shopping - Quinte Mall (Sign-up at the Front Office)</p> <p>2:00 🧠 Food Committee Meeting/Recreation Chit Chat! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🧠 Cocktail Hour and Trivia! [LL]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 14</p> <p>10:00 🧶 Knotty Knitters - Knitting & Crochet Group! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [LL]</p> <p>10:45 🍗 OUT TO LUNCH BUNCH! - Whistling Duck (Former Dougal's, in Brighton)</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 ☕ Rootbeer Float Social! [LL]</p> <p>6:30 😊 Movie Night with Popcorn [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 15</p> <p>10-11 🚶 Health Check-up [HS]</p> <p>2:30 🧠 FlashCard Bingo!*Free Game Prizes to be won! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Buffet Dinner Special! 16</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 ☀ Sunday Service on DVD [MT]</p> <p>— Compliments of Eastminster United Church</p> <p>2:30 🧠 Finish the Phrase Game! [FL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🎬 Travelogue Movie Night! - Take a Trip and learn about a New destination in the Comfort of your Seat! [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 17</p> <p>10:00 ☀ Faith Hope and Love with Al Reimers! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 🧠 Monday BINGO! (25¢ each card) [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 18</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>2:00 ☀ Chapel Service (East Minster) [CH]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Crossword with a Twist Game! [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 19</p> <p>10:00 😊 Java Music Club - Theme: Autumn! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>1:30 🧠 Meet Me at the MOMA! - Art Presentation on René Magritte [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Cocktail Hour and Trivia [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL] 20</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 😊 Friendly Visits with Joanne & Tobi! [FL]</p> <p>1:30 🧠 Active Aging Week - Information Session! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 😊 Living Loving Local - Creative Colouring! [LL]</p> <p>6:30 🎬 Movie Night! [LL]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 21</p> <p>10:00 🧶 Knotty Knitters - Knitting & Crochet Group! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [LL]</p> <p>1:30 🧠 Euchre! [LL]</p> <p>1:30 🛒 Shopping - Walmart (Sign-up at Front Office)</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 22</p> <p>10-11 🚶 Health Check-up [HS]</p> <p>2:30 🧠 Crokinole [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>
<p>Active Aging Week! 23</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 ☀ Sunday Service on DVD [MT]</p> <p>— Compliments of Eastminster United Church</p> <p>12:00 🧶 Active Aging Week Program: Alzheimer's Society Charity BBQ and Car Show at The Richmond!</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🎬 Travelogue Movie Night! - Take a Trip and learn about a New destination in the Comfort of your Seat! [MT]</p>	<p>Active Aging Week! 24</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 ☀ Faith Hope and Love with Al Reimers! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>2:00 🧠 Active Aging Week - Monday BINGO! (25¢ each card) - BONUS JACKPOT PRIZES! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>Active Aging Week! 25</p> <p>9:30 🚶 Active Aging Week - SMART Exercise Class for Seniors by VON! [LL]</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>11:00 🛒 Mobile Seniors Shop!</p> <p>1:30 🧠 Trivia Quiz! [FL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>3:00 🧠 Crossword with a Twist Game! [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>Active Aging Week! 26</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 😊 Java Music Club - Theme: Having Fun! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [FL]</p> <p>1:15 ☀ Active Aging Week - Interlink Choir Practice - Kick Off! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>	<p>Active Aging Week! 27</p> <p>9:30 🚶 SMART Exercise Class for Seniors by VON! [LL]</p> <p>9:30 ☕ Tea & Coffee Bar [LL]</p> <p>10:00 😊 Friendly Visits with Joanne & Tobi! [FL]</p> <p>1:30 🧠 Euchre! [LL]</p> <p>1:30 🛒 Shopping - Quinte Mall (Sign-up at the Front Office)</p> <p>2:00 ☕ Active Aging Week - October Fest Beer Tasting! [LL]</p> <p>6:30 🧠 Living Loving Local Table Display! [LL]</p>	<p>Active Aging Week! 28</p> <p>Octoberfest Dinner Special!</p> <p>9:30-1 🚶 Reflexology Information Session with Jennifer from Songbird Reflexology [MT]</p> <p>10:00 🧶 Knotty Knitters - Knitting & Crochet Group! [LL]</p> <p>10:15 🚶 Go 4 Life Walking Club - The Richmond [LL]</p> <p>2:30 😊 Active Aging Week - Birthday Party with Andy Forgie! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night with Popcorn [MT]</p>	<p>9:30 ☕ Tea & Coffee Bar [LL] 29</p> <p>10-11 🚶 Health Check-up [HS]</p> <p>2:30 😊 Meet me at the MOMA - Painting Class! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 😊 Movie Night! [MT]</p>
<p>9:30 ☕ Tea & Coffee Bar [LL] 30</p> <p>10:00 ☀ Sunday Service on DVD [MT]</p> <p>— Compliments of Eastminster United Church</p> <p>2:30 😊 Sylvin on the Piano! [LL]</p> <p>2:30 ☕ Tea & Coffee Bar [LL]</p> <p>6:30 🎬 Travelogue Movie Night! - Take a Trip and learn about a New destination in the Comfort of your Seat! [MT]</p>			<p>Living Loving Local</p> <p>From the farm to your fork, explore local food at its best.</p> <p>Each month join in our celebration of the local harvest. We'll explore the region, the province and even the country as time goes on.</p> <p>Enjoy our themed Living Loving Local menu items, recreational events and food experiences.</p> <p>Join us in the month of July for The Richmond's Living Loving Local Celebration on Summer Squash!</p>			