



INSPIRED
SENIOR LIVING

August 2025

The Roxborough Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 MONDAY AUG 4 Civic Holiday		 MONDAY AUG 25 Banana Split Day		Wear Your Tie Dye Shirt 9:00 Fitness Class - Seated Tai Chi (MP) 10:00 Welcome to Africa - Travel Video (T) 1:30 Toonie Bingo (MP) 2:00 African Themed Social (RB) 3:00 African Dancer (T) 3:30 Fitness Class with Richa (MP) 4:30 African Themed Dinner (regular seating times apply) (D) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Mix & Mingle: TGIF Cocktails with Dining Team (RB) 7:00 Popcorn & A Movie - The Lost Husband (NF) (T)	9:00 Fall Prevention Fitness Class with NovoPeak (MP) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Saturday Afternoon Concert (Video): 50's & Early 60's Live Performances on TV (T) 2:00 Tea Time with Dining Team (RB) 6:30 Rummikub (CK) 7:00 New Release Movie Night (T) 7:00 Mix & Mingle: Nightcap Cocktails with Dining Team (RB) 7:00 Movie - Radio (NF) (T)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Dining Team (RB) 2:00 The Great Escape: Armchair Adventures The Klondike Gold Rush Part 1 (T) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Sleepy Time Tea with Dining Team (RB) 7:00 Feel Good Movie Night: "Random Hearts" (NF) (T)	Civic Holiday (BW) 11:00 Go4Life Walking Club (ML) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Dining Team (RB) 6:30 Bid Euchre Night (RB) 7:00 Mix & Mingle: Monday Spritzers with Dining Team (RB) 7:00 Movie - The House of the Spirits (NF) (T)	Crafts By Ann Vendor Sale (10:00am-3:00pm) (DL) National Friendship Day (BW) 9:00 Fitness Class with NovoPeak (MP) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (ML) 2:00 Live Artfull Workshop: Its Painging Cats and Dogs (MP) 2:00 Friendship Social (RB) 3:00 Outdoor Games: Bocci (P) 3:00 Friendship Scattergories (RB) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Tuesday Toasts with Dining Team (RB) 7:00 Movie - The Life List (NF) (T)	Irina's Hair Services (HS) 9:00 Morning Stretches with Lesley (MP) 10:00 Fit Minds Program (RB) 10:30 Drum Fit Exercise (MP) 11:00 Go4Life Walking Club (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Happy Hour (RB) 3:00 The Sparkettes Duo (vocals) (T) 4:30 Living Loving Local Dinner Featuring- Peaches (regular seating times apply) (D) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Mix & Mingle: Wine O'Clock Wednesdays with Dining Team (RB) 7:00 Movie - The Six Triple Eight (NF) (T)	9:00 Morning Stretches with Lesley (MP) 10:00 Resident Run Coffee & Chat (RB) 10:00 Outing: Orillia Opera House & Lunch at Kelsey's (PAID/\$) (ML) 11:00 Go4Life Walking Club (ML) 2:00 1/2 Price Happy Hour: Drink & Chat with Dining Team (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Rummikub (CK) 7:00 Mix & Mingle: Drinks & Chips with Dining Team (RB) 7:00 Movie - You Gotta Believe (NF) (T)	Dress in Your Vacation Shirt 9:00 Fitness Class - Seated Tai Chi (MP) 10:00 Outing: Molisana Bakery\$ (ML) 1:30 Toonie Bingo (MP) 2:00 Coffee & Chat with Dining Team (RB) 3:00 Meet me at the MOMA Lecture - Jasper Johns Map (1961) (T) 3:30 Fitness Class with Richa (MP) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Mix & Mingle: TGIF Cocktails with Dining Team (RB) 7:00 Popcorn & A Movie - Legends of the Fall (NF) (T)	9:00 Fall Prevention Fitness Class with NovoPeak (MP) 10:00 Conversation Ball Toss with Lori (MP) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Lori (RB) 2:00 Saturday Afternoon Concert (Video) The Temptations - Live In Concert (T) 3:00 Create Your Own Personal Crest (craft) with Lori (MP) 6:30 Rummikub (CK) 7:00 Mix & Mingle: Nightcap Cocktails with Dining Team (RB) 7:00 New Release Movie Night - The Hill (NF) (T)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Dining Team (RB) 2:00 The Great Escape: Armchair Adventures The Klondike Gold Rush Part 2 (T) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Sleepy Time Tea with Dining Team (RB) 7:00 Feel Good Movie Night: The Fundamentals of Caring (NF) (T)	10:00 Introduction to Wii: Tennis with Lesley (T) 10:30 Drum Fit Exercise (MP) 10:45 Outing: BBQ Lunch & Bingo at the Senior's Meeting Place\$ (ML) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness Class with Richa (MP) 2:00 Tea Time with Lesley (RB) 2:00 Outdoor Games: Ring Toss (P) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (RB) 7:00 Mix & Mingle: Monday Spritzers with Dining Team (RB) 7:00 Movie - The Peanut Butter Falcon (NF) (T)	Ladies Breakfast - Sign up at Reception (D) 9:00 Fitness Class with NovoPeak (MP) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (ML) 2:00 Live Artfull Workshop: Acrylic Hummingbird (MP) 2:00 Coffee Time & Current Events with Lesley (RB) 3:00 Fall Prevention: Preventative Maintenance Workshop with Bella Patel (MP) 3:00 Outdoor Games: Bean Bag Toss (P) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Tuesday Toasts with Dining Team (RB) 7:00 Movie - Ticket to Paradise (NF) (T)	Irina's Hair Services (HS) Men's Breakfast - Sign up at Reception (D) 9:00 Morning Stretches with Lesley (MP) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (ML) 11:30 Outing: Mirvish "Pride and Prejudice (Sort of)" (PAID) (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Happy Hour with Dining Team (RB) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Mix & Mingle: Wine O'Clock Wednesdays with Dining Team (RB)	9:00 Morning Stretches with Lesley (MP) 10:00 Resident Run Coffee & Chat (RB) 11:00 Go4Life Walking Club (ML) 2:00 Meet me at the MoMA Painting - Jasper John (MP) 2:00 Golf with Greg (P) 2:00 1/2 Priced Happy Hour with Speciality Drink: Whisky Sour (RB) 3:00 Live Music with Kid Crooner: Noah Kosta (vocals) (T) 4:00 Silver Sneakers Fitness Class with Lori (MP) 6:30 Rummikub (CK) 7:00 Pub Night - with Lori: Hedbandz Game (RB)	Dress in Bright Colous 9:00 Fitness Class - Seated Tai Chi (MP) 10:00 Welcome To Indian - Travel Video (T) 1:30 Toonie Bingo (MP) 2:00 Indian Themed Social (RB) 3:00 Bollywood Dancer (T) 3:30 Fitness Class with Richa (MP) 4:30 Indian Themed Dinner (regular seating times apply) (D) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Mix & Mingle: TGIF Cocktails with Dining Team (RB) 7:00 Popcorn & A Movie - If (NF) (T)	9:00 Fall Prevention Fitness Class with NovoPeak (MP) 10:00 Flour Girls - Baking (MP) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Lori (RB) 2:00 Saturday Afternoon Concert (Video) The Beatles - Live in Australia 1964 [Full Concert HD Remaster] (T) 3:00 Popsicle Palooza!! (P) 6:30 Rummikub (CK) 7:00 Mix & Mingle: Nightcap Cocktails with Dining Team (RB) 7:00 New Release Movie Night - Almost Family (NF) (T)



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9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 17 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Dining Team (RB) 2:00 The Great Escape: Armchair Adventures "Kenya" (T) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Sleepy Time Tea with Dining Team (RB) 7:00 Feel Good Movie Night: The Rainmaker (NF) (T)	10:00 Wii Golf (T) 18 10:30 Drum Fit Exercise (MP) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness Class with Richa (MP) 2:00 Tea Time with Lesley (RB) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (RB) 7:00 Mix & Mingle: Monday Spritzers with Dining Team (RB) 7:00 Movie - The Firm (NF) (T)	Ladies One Stop Shop With Inga (Vendor) 10:00am - 3:00pm (DL) 19 World Photo Day Code Green Horizontal Evacuation Drill Starting at 9:30am 9:00 Fitness Class with NovoPeak (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (ML) 11:30 Photo Shoot (D) 2:00 Live Artfull Workshop: DIY Summer Stickers (MP) 2:00 Coffee Time & Current Events with Lesley (RB) 3:00 Living Loving Local Tasting & Demonstration with the Dining Team: Peaches (RB) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Tuesday Toasts with Dining Team (RB) 7:00 Movie - The Duchess (NF) (T)	Irina's Hair Services (HS) 20 9:00 Morning Stretches with Lesley (MP) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (ML) 11:45 Outing: The Crow's Nest\$ (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Meet me at the MoMA Lecture - Georgia O'Keeffe (T) 2:00 Happy Hour (RB) 3:00 Live Music with Just the Two of Us (vocals & guitar) (T) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Mix & Mingle: Wine O'Clock Wednesdays with Dining Team (RB)	Walker/Wheelchair Tune-ups 10:30 - 11:30am (MRC) 21 9:00 Morning Stretches with Lesley (MP) 10:00 Resident Run Coffee & Chat (RB) 11:00 Go4Life Walking Club (ML) 1:30 Outing: 404 Plaza (Shoppers, Walmart, Dollarama) (ML) 2:00 1/2 Priced Happy Hour with Speciality Drink: Campari & Soda (RB) 3:00 Resident Forum Meeting (T) 4:00 Silver Sneakers Fitness Class with Lori (MP) 6:30 Rummikub (CK) 7:00 Pub Night - Scattergories (RB)	Dress in Yellow for Daffodil Day 22 9:00 Fitness Class - Seated Tai Chi (video) (MP) 10:00 Java Music Coffee Group Party (MP) 1:30 Toonie Bingo (MP) 2:00 Yellow Mellow Themed Social (RB) 3:00 Outdoor Games: Horseracing (P) 3:30 Fitness Class with Richa (MP) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Mix & Mingle: TGIF Cocktails with Dining Team (RB) 7:00 Popcorn & A Movie - Runaway Jury (NF) (T)	9:00 Fall Prevention Fitness Class with NovoPeak (MP) 23 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Dining Team (RB) 2:00 Saturday Afternoon Concert (Video) - Conway Twitty Live In Concert (T) 6:30 Rummikub (CK) 7:00 Mix & Mingle: Nightcap Cocktails with Dining Team (RB) 7:00 Movie - Stand by Me (NF) (T)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 24 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Dining Team (RB) 2:00 The Great Escape: Armchair Adventures "Mexico" (T) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Sleepy Time Tea with Dining Team (RB) 7:00 Feel Good Movie Night: Penguin Bloom (NF) (T)	National Banana Split Day (BW) 25 10:00 Outing: Bank Shuttle (ML) 10:00 Wii Bowling (T) 10:30 Drum Fit Exercise (MP) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness Class with Richa (MP) 2:00 Banana Split Social (RB) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (RB) 7:00 Mix & Mingle: Monday Spritzers with Dining Team (RB) 7:00 Movie - Audrey (NF) (T)	Adrian's Family Clothing Vendor (DL) 26 National Dog Day 9:00 Fitness Class with NovoPeak (MP) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (ML) 2:00 Live Artfull Workshop: Summer Forest (Water Color Paint) (MP) 2:00 Dog Days of Summer Social (RB) 3:00 New Resident Welcome Wine and Cheese Social (RB) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Tuesday Toasts with Dining Team (RB) 7:00 Movie - Walk, Ride, Rodeo (NF) (T)	Irina's Hair Services (HS) 27 9:00 Morning Stretches with Lesley (MP) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Happy Hour (RB) 3:00 Live Music with Cara Chisholm (Vocals) (T) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Mix & Mingle: Wine O'Clock Wednesdays with Dining Team (RB)	9:00 Morning Stretches with Lesley (MP) 28 10:00 Resident Run Coffee & Chat (RB) 10:30 Blood Pressure Clinic with Venus (T) 11:00 Go4Life Walking Club (ML) 1:30 Outing: Holland Marsh Wineries Wine Tour (ML) 2:00 1/2 Priced Happy Hour with Speciality Drink: Aperl Spritz (RB) 3:00 Seated Dancing with Phoebe Chu (Dancing with Parkinson's Demo) (MP) 4:00 Silver Sneakers Fitness Class with Lori (MP) 6:30 Rummikub (CK) 6:45 Blockbuster Movie Night with Complimentary Concessions - Oklahoma! (1955) (T)	Wear Your Orange Shirt Day 29 9:00 Fitness Class - Seated Tai Chi (MP) 10:00 Meet me at the MoMA Painting - Georgia O'Keeffe (CK) 1:30 Toonie Bingo (MP) 2:00 Orange You Glad It's Summer Social (RB) 3:00 Men's Club (RB) 3:00 Outdoor Games: Lawn Darts (P) 3:30 Fitness Class with Richa (MP) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Mix & Mingle: TGIF Cocktails with Dining Team (RB) 7:00 Popcorn & A Movie - You Gotta Believe (NF) (T)	International Bacon Day (BW) 30 9:00 Fall Prevention Fitness Class with NovoPeak (MP) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Lesley (RB) 2:00 Saturday Afternoon Concert (Video) - Roy Orbison (T) 3:00 Scrabble with Lesley (RB) 6:30 Rummikub (CK) 7:00 Mix & Mingle: Nightcap Cocktails with Dining Team (RB) 7:00 New Release Movie Night - Johnny (NF) (T)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 31 10:00 Receive the Eucharist (T) 10:00 Morning Stretches with Lesley (MP) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Lesley (RB) 2:00 The Great Escape: Armchair Adventures "17 Most Beautiful Islands in the World - Travel Video" (T) 3:00 Uno with Lesley (RB) 6:30 Cards & Games (RB) 7:00 Mix & Mingle: Sleepy Time Tea with Dining Team (RB) 7:00 Feel Good Movie Night: Zero to Hero (T)	Be Bold			Locations Legend Roxy Bar (RB) Multi Purpose Room (MP) Roxy Theatre (T) Main Lobby (ML) Country Kitchen (CK) Dietrich Lounge (DL) In Suite Activity (ISA) Patio (P) Tuck Shop (TS) Dining Room (D) Building Wide (BW) Hair Salon (HS) Meeting Room/Chapel (MRC)		Calendar Legend Outing Special Program Living, Loving, Local Signature Program