



INSPIRED
SENIOR LIVING

September 2025

The Roxborough Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labour Day (BW) 1 9:00 Morning Walk on the Patio (P) 10:00 Resident Run Coffee & Chat (RB) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Tea Time (RB) 2:00 Go4Life Walking Club (P) 6:30 Bid Euchre Night (RB) 7:00 Movie - The Pick-Up (PV) (T) 7:00 Resident Run Social: Monday Spritzers (RB)	9:00 Fitness Class with Maryam (FR) 2 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (P) 11:30 Outing: Lunch at Vivo Pizza+Pasta\$ (ML) 2:00 Coffee Time & Current Events with Lesley (RB) 2:00 Live Artfull Workshop: Presentation Artfull Talks: Botanical Art (MP) 3:00 Wheel of Fortune (RB) 6:30 Cards & Games (RB) 7:00 Movie - Impromptu (PV) (T) 7:00 Resident Run Social: Tuesday Toasts (RB)	Irina's Hair Services (HS) 3 9:00 Fitness Class with Sabrina (MP) 9:00 Canadian Craft (Prepare for Open House) (MP) 10:00 Fit Minds Program (RB) 11:00 Drum Fit Exercise (FR) 11:00 Go4Life Walking Club (P) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 1:30 Outing: 404 Plaza (ML) 2:00 Meet me at the MOMA Lecture - Edward Hopper Gas (1940) (T) 2:00 Afternoon Drinks (RB) 3:00 Live Music: The West-Enders Band (T) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Resident Run Social: Wine O'Clock Wednesdays (RB)	9:00 Fitness Class with Sabrina (MP) 4 10:00 Resident Run Coffee & Chat (RB) 11:00 Go4Life Walking Club (ML) 2:00 1/2 Priced Happy Hour with Complimentary Speciality Drink: Old Fashioned (RB) 3:00 DYI- Red & White Shirts (Prepare for Open House) (MP) 4:00 Silver Sneakers Fitness Class with Lori (FR) 6:30 Rummikub (CK) 7:00 Pub Night - Scattergories (RB)	Living Loving Local Dinner Featuring - Corn (D) 5 9:00 Fitness Class - Seated Tai Chi (FR) 9:30 Canadian Doorhanger (Prepare for Open House) (MP) 1:00 Tuck Shop Open: 12:30-1:30pm (TS) 2:00 Happy Hour with Lori (RB) 3:00 Toonie Bingo (MP) 3:30 Fitness Class with Maryam (FR) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Popcorn & A Movie - Riff Raff (PV) (T) 7:00 Resident Run Social: TGIF Cocktails (RB)	9:00 Fall Prevention Fitness Class with Sabrina (FR) 6 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Saturday Afternoon Concert (Video) - The Doobie Brothers: Live From The Beacon Theatre (T) 2:00 Tea Time (RB) 6:30 Rummikub (CK) 7:00 New Release Movie Night - The Ballad of Wallis Island (PV) (T) 7:00 Resident Run Social: Nightcap Cocktails (RB)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 7 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 The Great Escape: Hidden Poland (PV) (T) 2:00 Afternoon Drinks (RB) 6:30 Cards & Games (RB) 7:00 Feel Good Movie Night - The French Lieutenant's Woman (PV) (T) 7:00 Resident Run Social: Sleepy Time Tea (RB)	9:30 Flour Girls - Baking (Prepare for Open House) (MP) 8 10:00 Wii Bowling (T) 10:30 Drum Fit Exercise (FR) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 1:30 Toonie Bingo (MP) 2:00 Knotty Knitters Group (DL) 2:00 Tea Time with Lesley (RB) 2:00 Go4Life Walking Club (P) 3:00 Lianne Harris Presents - Mongolia: The Earth Shakers (T) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 4:00 Afternoon Stretches with Lesley (FR) 6:30 Bid Euchre Night (RB) 7:00 Movie - Babygirl (PV) (T) 7:00 Resident Run Social: Monday Spritzers (RB)	5th Avenue Vendor Sale at 10:00am (DL) 9 Newmarket Public Library - Free Visiting Library Service at 10:00am (DL) 9:00 Fitness Class with Maryam (FR) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (P) 2:00 Coffee Time & Current Events with Lesley (RB) 2:00 Live Artfull Workshop: Storybook Faces Mixed Media (MP) 2:45 Outing: Newmarket Fine Art Photography Exhibit (ML) 6:30 Cards & Games (RB) 7:00 Movie - A Beautiful Mind (PV) (T) 7:00 Resident Run Social: Tuesday Toasts (RB)	Irina's Hair Services (HS) 10 9:00 Fitness Class with Sabrina (MP) 9:30 Outing: Famous People Players Theatre & Lunch (PAID) (ML) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (P) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Happy Hour (RB) 3:00 Live Music: Ed Smith (vocals) (T) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Resident Run Social: Wine O'Clock Wednesdays (RB)	9:00 Fitness Class with Sabrina (MP) 11 10:00 Resident Run Coffee & Chat (RB) 11:00 Go4Life Walking Club (ML) 2:00 1/2 Priced Happy Hour with Complimentary Speciality Drink: Apple Jacks (RB) 3:00 Meet me at the MoMA Painting - Edward Hopper Gas (1940) (MP) 4:00 Silver Sneakers Fitness Class with Lori (FR) 6:30 Rummikub (CK) 6:45 Pub Night - Paint & Sip (MP)	Chocolate Milkshake Day 12 9:00 Fitness Class - Seated Tai Chi (FR) 10:00 Arm Chair Travel Experience: Cuba (T) 10:00 Decorate for Open House (RB) 1:00 Tuck Shop Open: 12:30-1:30pm (TS) 1:30 Toonie Bingo (MP) 2:00 Chocolate Milkshake Social (RB) 3:00 Live Music: Filipa Sousa "50's Rock 'N Roll" (vocals) (T) 3:30 Fitness Class with Maryam (FR) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Popcorn & A Movie - Peter's Friends (PV) (T) 7:00 Resident Run Mix & Mingle: TGIF Cocktails (RB)	Canadian Themed Open House Celebrate Canada by Wearing Red & White 13 9:00 Fall Prevention Fitness Class with Sabrina (FR) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Canadian Cocktails & Drinks (P) 2:00 Saturday Afternoon Travel Log - Wonders of Canada (T) 3:00 DIY - Maple Sugar Scrub (MP) 6:30 Rummikub (CK) 7:00 Movie Night - Canadian Movie-"Uncle Buck" Starring John Candy (DVD) (T) 7:00 Resident Run Social: Nightcap Cocktails (RB)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 14 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 The Great Escape: The Yukon Blues (PV) (T) 2:00 Afternoon Drinks (RB) 6:30 Cards & Games (RB) 7:00 Feel Good Movie Night: Mrs Dalloway (PV) (T) 7:00 Resident Run Social: Sleepy Time Tea (RB)	10:00 Wii Golf (T) 15 10:30 Drum Fit Exercise (FR) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Tea Time with Lesley (RB) 2:00 Go4Life Walking Club (P) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 4:00 Afternoon Stretches with Lesley (FR) 6:30 Bid Euchre Night (RB) 7:00 Movie - Northanger Abbey (PV) (T) 7:00 Resident Run Social: Monday Spritzers (RB)	9:00 Fitness Class with Maryam (FR) 16 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (P) 2:00 Coffee Time & Current Events with Lesley (RB) 2:00 Live Artfull Workshop: Art Workshop - How to Sketch a Bird (MP) 3:00 Live Music: Patricia Barlow (vocals) (T) 6:30 Cards & Games (RB) 7:00 Movie - Becoming Jane (T) 7:00 Resident Run Social: Tuesday Toasts (RB)	Irina's Hair Services (HS) 17 International Country Music Day Dress as a Cowboy 9:00 Fitness Class with Sabrina (MP) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (P) 11:30 Outing: Montana's BBQ & Bar\$ (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Country Western Social (RB) 3:00 Horseracing (MP) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Resident Run Social: Wine O'Clock Wednesdays (RB)	Walker/Wheelchair Tune-ups 10:30 - 11:30am (MRC) 18 9:00 Fitness Class with Sabrina (MP) 10:00 Resident Run Coffee & Chat (RB) 11:00 Go4Life Walking Club (ML) 2:00 1/2 Priced Happy Hour with Complimentary Speciality Drink: Manhattan (RB) 2:30 Meet me at the MoMA Lecture - El Anatsui (T) 3:00 Living Loving Local Tasting: Corn (RB) 4:00 Silver Sneakers Fitness Class with Lori (FR) 6:15 Outing: Elvis Show (PAID) (ML) 6:30 Rummikub (CK) 7:00 Pub Night (RB)	9:00 Fitness Class - Seated Tai Chi (FR) 19 10:00 Outing: Gateway Casinos Innisfil\$ (ML) 10:00 The Price is Right Game: Fall Edition (MP) 1:00 Tuck Shop Open: 12:30-1:30pm (TS) 1:30 Toonie Bingo (MP) 2:00 Happy Hour (RB) 3:00 Bogart Dental Presents: How to Register for the Canada Dental Care Plan with Julieta & Parham (T) 3:00 Euchre with Greg (C) 3:30 Fitness Class with Maryam (FR) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Popcorn & A Movie - Evelyn (PV) (T) 7:00 Resident Run Mix & Mingle: TGIF Cocktails (RB)	Eat an Apple Day (BW) 20 9:00 Fall Prevention Fitness Class with Sabrina (FR) 10:00 Flour Girls - Baking Apple Turnovers (MP) 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Apple Turnover Social with Lori (RB) 2:00 Saturday Afternoon Documentary - The Story of the Bee Gees (T) 3:00 Ballroom Dancing with Derek (MP) 6:30 Rummikub (CK) 7:00 New Release Movie Night - Fiddler on the Roof (T) 7:00 Resident Run Social: Nightcap Cocktails (RB)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 21 10:00 Receive the Eucharist (T) 2:00 Colouring At Your Leisure (MP) 2:00 The Great Escape: Titanic: The Aftermath (PV) (T) 2:00 Afternoon Drinks (RB) 6:30 Cards & Games (RB) 7:00 Feel Good Movie Night - Kate Middleton: Working Class to Windsor (T) 7:00 Resident Run Social: Sleepy Time Tea (RB)	10:00 Wii Bowling (T) 22 10:30 Drum Fit Exercise (FR) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 Tea Time with Lesley (RB) 2:00 Go4Life Walking Club (P) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 4:00 Afternoon Stretches with Lesley (FR) 6:30 Bid Euchre Night (RB) 7:00 Movie - A Small Fortune (PV) (T) 7:00 Resident Run Social: Monday Spritzers (RB)	Ladies Breakfast - Sign up at Reception (D) 23 9:00 Fitness Class with Maryam (FR) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (P) 2:00 Coffee Time & Current Events with Lesley (RB) 2:00 Live Artfull Workshop: Art Workshop Sunset Mountains (MP) 3:00 Birthday Bash with Marcus Schwan (vocals & guitar) (T) 6:30 Cards & Games (RB) 7:00 Movie - The Pink Panther (PV) (T) 7:00 Resident Run Social: Tuesday Toasts (RB)	Irina's Hair Services (HS) 24 Men's Breakfast - Sign up at Reception (D) 9:00 Fitness Class with Sabrina (MP) 10:00 Fit Minds Program (RB) 11:00 Go4Life Walking Club (P) 11:30 Outing: Ripley's Aquarium (PAID) (ML) 12:30 Tuck Shop Open (TS) 1:30 Bingo With Jorge (MP) 2:00 Happy Hour (RB) 6:30 Cards & Games (RB) 7:00 Musical Movie Night - Andre Rieu (T) 7:00 Resident Run Social: Wine O'Clock Wednesdays (RB)	9:00 Fitness Class with Sabrina (MP) 25 10:00 Resident Run Coffee & Chat (RB) 10:30 Blood Pressure Clinic with Venus (MP) 11:00 Go4Life Walking Club (ML) 2:00 Meet me at the MoMA Painting - El Anatsui (MP) 2:00 1/2 Priced Happy Hour with Complimentary Speciality Drink: Campari & Soda (RB) 3:00 Resident Forum Meeting (T) 4:00 Silver Sneakers Fitness Class with Lori (FR) 6:30 Rummikub (CK) 6:45 Blockbuster Movie Night with Complimentary Concessions - E.T. the Extra-Terrestrial (1982) (T)	9:00 Fitness Class - Seated Tai Chi (FR) 26 10:00 Arm Chair Travel Experience: New York City (T) 1:00 Tuck Shop Open: 12:30-1:30pm (TS) 1:30 Toonie Bingo (MP) 2:00 Afternoon Drinks (RB) 3:00 Guest Speaker James Kekanovich Presents: The 1960s (T) 3:30 Fitness Class with Maryam (FR) 6:30 Euchre & Bid Euchre Night (CK) 7:00 Popcorn & A Movie - Manchester by The Sea (PV) (T) 7:00 Resident Run Mix & Mingle: TGIF Cocktails (RB)	9:00 Fall Prevention Fitness Class with Sabrina (FR) 27 10:15 Coffee & Chat with Duty Manager (RB) 2:00 Colouring At Your Leisure (MP) 2:00 Tea Time with Lesley (RB) 2:00 Saturday Afternoon Concert (Video) The Beatles: In the Life (PV) (T) 3:00 Men's Club (RB) 6:30 Rummikub (CK) 7:00 New Release Movie Night - Upgraded (PV) (T) 7:00 Resident Run Social: Nightcap Cocktails (RB)
9:30 St. Michael's Cathedral Basilica Church Broadcast (T) 28 10:00 Receive the Eucharist (T) 10:00 Morning Stretches with Lesley (FR) 2:00 Colouring At Your Leisure (MP) 2:00 Drinks & Chat with Lesley (RB) 2:00 The Great Escape: The Trip to Greece (PV) (T) 3:00 Jeopardy (RB) 6:30 Cards & Games (RB) 7:00 Feel Good Movie Night - Agatha Christie's "Ten Little Indians" (T) 7:00 Resident Run Social: Sleepy Time Tea (RB)	National Coffee Day 29 10:00 Wii Golf (T) 10:30 Drum Fit Exercise (FR) 12:30 Tuck Shop Open (TS) 1:15 Reading Buddies (ISA) 2:00 Knotty Knitters Group (DL) 2:00 National Coffee Day Social with Lori (RB) 2:00 Go4Life Walking Club (P) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (RB) 7:00 Movie - Mamma Mia! Here We Go Again (PV) (T) 7:00 Resident Run Social: Monday Spritzers (RB)	National Day for Truth and Reconciliation - Orange Shirt Day (BW) 30 Nad and Things Vendor Sale at 10:00am (DL) 9:00 Fitness Class with Maryam (FR) 10:00 Java Music Coffee Group - All Are Welcome (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (P) 2:00 Coffee Time & Current Events with Lesley (RB) 2:00 Live Artfull Workshop: Art Workshop CLAY Oktoberfest Pretzel (MP) 3:00 New Resident Welcome Wine and Cheese Social (RB) 6:30 Cards & Games (RB) 7:00 National Day for Truth and Reconciliation Smudging Ceremony with Steve Blue (P) 7:00 Resident Run Social: Tuesday Toasts (RB)	HAPPY LABOUR DAY MONDAY SEPT 1 Labour Day		SATURDAY SEPT 20 Eat An Apple Day	

TUESDAY
SEPT
30

Day for Truth and Reconciliation

Be Bold

Locations Legend

Roxy Bar (RB)

Roxy Theatre (T)

Multi Purpose Room (MP)

Fitness Room (FR)

Patio (P)

Dietrich Lounge (DL)

Main Lobby (ML)

Tuck Shop (TS)

Country Kitchen (CK)

In Suite Activity (ISA)

Hair Salon (HS)

Building Wide (BW)

Dining Room (D)

Meeting Room/Chapel (MRC)

Cards & Games Room (C)

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program