

Weekly Menu Week 1

LUNCH							
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar	23-Mar
Soup	Irish Potato Soup	Chicken Noodle	French Canadian Pea Soup	Hungarian Mushroom	Cream of Spinach	Minestrone & Kale	Corn Chowder
Entrée one	Perogies with Bacon Fried Onion Sour Cream	Tomato Lettuce cheese& Avacado Sandwich	Baked Macaroni and Cheese	Pastrami on Rye with Grainy Mustard Aioli	Grilled Cubano Sandwich Roast Pork, Ham, Swiss Cheese, Pickle	Black Forest Ham Lettuce Tomato Maple Aioli Sandwich	* Egg Salad Sandwich
side	Garden Salad	House Salad	Caesar Salad	Mixed Green Salad	Homefried Potatoes	Mixed Green Salad	House Salad
Entrée two	Chicken Salad Sandwich on Whole Wheat	Ham & Potato Bake	Crab Salad on Croissant	Chicken Quesadilla with sour Cream and Salsa	Mushroom & Cheese Omelet	Buffalo Chicken Burger	Fresh Fruit Plate with Cottage Cheese & Baked Scone
side	Garden Salad	House Salad	Caesar Salad	Mixed Green Salad	Homefried Potatoes	Mixed Green Salad	House Salad
dessert	Fruit- Jello	Danish	Rice Pudding	Banana Cake	Danish	Brownie	Cocolate Pudding
DINNER							
appetizer	* Orange & Spinach Salad	Caesar Salad	* Bruschetta	Greek Salad	House Salad	Fried Dumplings with Plum Sauce	Garlic Cheese Bread
Entrée one	Turkey Schnitzel	Beef Shepherds Pie	Roast Beef Gravy	Pan Roasted Salmon Filet with Lemon Dill Yogurt	French Onion Beef Brisket	Sweet & Sour Pork	Honey Garlic Glazed Ham
starch	Glazed Sweet Potato	Mashed Potatoes	Potato Wedges	Roasted Potatoes	Mini Roasted Red Potatoes	Steamed Rice	Scalloped Potatoes
Entrée Two	Honey Hoisin Pork Chops	Sole Viennoise Tartar Sauce	Chicken Thighs Florentine	Tuscan Roast Pork Loin	Portuguese Roast Chicken Thigh	Moroccan Beef Stew	Pesto Crusted Basa Filet Topped with Bruschetta Tomatoes
starch	Glazed Sweet Potato	Mashed Potatoes	Potato Wedges	Roasted Potatoes	Mini Roasted Red Potatoes	Steamed Rice	Scalloped Potatoes
veg 1	* Seasoned Beets	Brussels Sprouts	Roasted Carrots	* Seasoned Broccoli	Sweet Corn	* Seasoned Beets	Roasted Carrots
veg 2	Sweet Corn	* Parslied Cauliflower	Sauteed Bok Choy	* Green Beans Almondine	Braised Red Cabbage	Roasted Baby Turnips	Roasted Brussel Sprouts
Dessert	Ice Cream with fruit compote	Pineapple Upsidedown Cake	Red Velvet Cake	* Peach Cobbler	English Trifle	German Chocolate Cake	Banana Cream Pie