




# June 2024

## Thornebridge Gardens



| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|---|--|---|---|--|---|--|
|  <p>Senior's Month</p>  |  |  <p>Father's Day</p>  |   |  <p>Canada's National Indigenous Peoples Day</p>  |   | <p>9:30 Knit &amp; Stitch (2ND) <b>1</b></p> <p>10:30 Balance Exercises (MUL)</p> <p>2:00 Riddle Game (MUL)</p> <p>7:00 Mexican Train (CK)</p>   |
| <p>9:30 Knit &amp; Stitch (2ND) <b>2</b></p> <p>2:00 JAVA Music Club (MUL)</p> <p>4:00 Stretch Class (MUL)</p> <p>5:00 Visits with Bhavin (LOBB)</p> <p>7:00 Scrabble Sundays (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>3</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>1:30 Documentary Mondays (MUL)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Mind Matters (MUL)</p> <p>6:30 Bridge (BST)</p> <p>7:00 Cribbage (MUL)</p>             | <p>9:30 Knit &amp; Stitch (2ND) <b>4</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>4:00 Balloon Volleyball (MUL)</p> <p>6:30 Trivia Time (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>5</b></p> <p>11:00 Zumba Exercise (MUL)</p> <p>2:00 Piano Music with Patrick Ray (DR)</p> <p>3:00 Drum Fit (MUL)</p> <p>4:15 Go 4 Life Walking (LOBB)</p> <p>6:30 Name that Tune (MUL)</p> <p>6:30 Bridge (BST)</p> <p>7:00 Cribbage (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>6</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Birthday and New Resident Welcome Tea (DR)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Giant Crossword Game (MUL)</p>              | <p><i>National Donut Day</i> <b>7</b></p> <p>9:30 Knit &amp; Stitch (2ND)</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 You be the Judge (L)</p> <p>2:00 MOMA: Museum of Modern Art (MUL)</p> <p>3:00 Happy Hour (PAPD)</p> <p>7:00 Canasta (2ND)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>8</b></p> <p>10:30 Balance Exercises (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>7:00 Mexican Train (CK)</p>   |
| <p>9:30 Knit &amp; Stitch (2ND) <b>9</b></p> <p>2:00 JAVA Music Club (MUL)</p> <p>4:00 Stretch Class (MUL)</p> <p>5:00 Visits with Bhavin (LOBB)</p> <p>7:00 Scrabble Sundays (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>10</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>1:30 Presentation: Music and Memory (MUL)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Mind Matters (MUL)</p> <p>6:30 Bridge (BST)</p> <p>7:00 Cribbage (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>11</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>4:00 Wii Bowling (MUL)</p> <p>6:30 Trivia Time (MUL)</p>       | <p>9:30 Knit &amp; Stitch (2ND) <b>12</b></p> <p>11:00 Zumba Exercise (MUL)</p> <p>3:00 Drum Fit (MUL)</p> <p>4:15 Go 4 Life Walking (LOBB)</p> <p>6:30 Name that Tune (MUL)</p> <p>6:30 Bridge (BST)</p> <p>7:00 Cribbage (MUL)</p>  | <p>9:30 Knit &amp; Stitch (2ND) <b>13</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>11:00 London Drugs Optical (L)</p> <p>2:00 Sing-Along (MUL)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Giant Crossword Game (MUL)</p> | <p>9:30 Knit &amp; Stitch (2ND) <b>14</b></p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 You be the Judge (L)</p> <p>2:00 MOMA: Museum of Modern Art (MUL)</p> <p>3:00 Happy Hour (PAPD)</p> <p>7:00 Canasta (2ND)</p>                                 | <p>9:30 Knit &amp; Stitch (2ND) <b>15</b></p> <p>10:30 Balance Exercises (MUL)</p> <p>11:30 Lunch Outing: Spaghetti Factory in New Westminster (LOBB)</p> <p>2:00 Riddle Game (MUL)</p> <p>7:00 Mexican Train (CK)</p> |

# June 2024

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| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|--|--|---|---|---|
| <b>Father's Day 16</b><br>9:30 Knit & Stitch (2ND)<br><b>2:00 JAVA Music Club (MUL)</b><br>4:00 Stretch Class (MUL)<br>5:00 Visits with Bhavin (LOBB)<br>7:00 Scrabble Sundays (MUL)                                   | 9:30 Knit & Stitch (2ND) <b>17</b><br>10:30 Morning Exercise (MUL)<br>2:00 Kitchen Tour (dinr)<br><b>2:00 Music with Darcy (DR)</b><br>3:30 Yoga with Beate (MUL)<br><b>4:00 Go 4 Life Walking (LOBB)</b><br>6:30 Mind Matters (MUL)<br>6:30 Bridge (BST)<br>7:00 Cribbage (MUL) | <b>Wear Blue Day 18</b><br>9:30 Knit & Stitch (2ND)<br>10:30 Morning Exercise (MUL)<br>2:00 Bingo (MUL)<br>4:00 Balloon Volleyball (MUL)<br>6:30 Trivia Time (MUL) | 9:30 Knit & Stitch (2ND) <b>19</b><br>10:30 Morning Exercise (MUL)<br><u>11:15 Resident Forum (MUL)</u><br><b>3:00 Drum Fit (MUL)</b><br><b>4:15 Go 4 Life Walking (LOBB)</b><br>6:30 Name that Tune (MUL)<br>6:30 Bridge (BST)<br>7:00 Cribbage (MUL)                                       | 9:30 Knit & Stitch (2ND) <b>20</b><br>10:30 Morning Exercise (MUL)<br>2:30 Tea Social (DR)<br>3:30 Yoga with Beate (MUL)<br><b>4:00 Go 4 Life Walking (LOBB)</b><br>6:30 Giant Crossword Game (MUL) | 9:30 Knit & Stitch (2ND) <b>21</b><br>10:30 Morning Exercise (MUL)<br><b>11:30 Outing: Sapperton landing with bag lunch (LOBB)</b><br>2:00 You be the Judge (L)<br><b>2:00 MOMA: Museum of Modern Art (MUL)</b><br>3:00 Happy Hour (PAPD)<br>7:00 Canasta (2ND) | 9:30 Knit & Stitch (2ND) <b>22</b><br>10:30 Balance Exercises (MUL)<br>2:00 Bingo (MUL)<br>7:00 Mexican Train (CK)  |
| 9:30 Knit & Stitch (2ND) <b>23</b><br><b>2:00 JAVA Music Club (MUL)</b><br>4:00 Stretch Class (MUL)<br>5:00 Visits with Bhavin (LOBB)<br>7:00 Scrabble Sundays (MUL)   | 9:30 Knit & Stitch (2ND) <b>24</b><br>10:30 Morning Exercise (MUL)<br><b>1:30 Memory and Aging Presentation (MUL)</b><br>3:00 Painting Social (MUL)<br>6:30 Mind Matters (MUL)<br>6:30 Bridge (BST)<br>7:00 Cribbage (MUL)   | 9:30 Knit & Stitch (2ND) <b>25</b><br>10:30 Morning Exercise (MUL)<br>2:00 Bingo (MUL)<br>4:00 Wii Bowling (MUL)<br>6:30 Trivia Time (MUL)                         | 9:30 Knit & Stitch (2ND) <b>26</b><br><b>11:00 Connect Hearing (L)</b><br><u>11:15 Food Forum (MUL)</u><br><b>2:00 Food Demo with David (MUL)</b><br><b>3:15 Drum Fit (MUL)</b><br><b>4:15 Go 4 Life Walking (LOBB)</b><br>6:30 Bridge (BST)<br>6:30 Men's Club (MUL)<br>7:00 Cribbage (MUL) | 9:30 Knit & Stitch (2ND) <b>27</b><br>10:30 Morning Exercise (MUL)<br>2:00 Sing-Along (MUL)<br><b>3:30 Craft: Fridge Magnets (MUL)</b><br>6:30 Giant Crossword Game (MUL)                           | 9:30 Knit & Stitch (2ND) <b>28</b><br>10:30 Morning Exercise (MUL)<br>2:00 You be the Judge (L)<br><b>2:00 MOMA: Museum of Modern Art (MUL)</b><br>3:00 Happy Hour (PAPD)<br>7:00 Canasta (2ND)   | 9:30 Knit & Stitch (2ND) <b>29</b><br>10:30 Balance Exercises (MUL)<br>2:00 Riddle Game (MUL)<br>7:00 Mexican Train (CK)  |
| 9:30 Knit & Stitch (2ND) <b>30</b><br><b>2:00 JAVA Music Club (MUL)</b><br>4:00 Stretch Class (MUL)<br>5:00 Visits with Bhavin (LOBB)<br><b>6:15 Music with Robin Goodfellow (LOBB)</b><br>7:00 Scrabble Sundays (MUL) |  |  |  |   | <b>Calendar Legend</b><br><i>All Day</i><br><b>Outing</b><br><i>Special Program</i><br><b>Vendor</b><br><u>Resident Request</u><br><i>Living, Loving, Local</i><br><b>Signature Program</b><br><b>Highlight</b><br><b>Artful Enrichment</b>                     | <b>Locations Legend</b><br>Multipurpose Room (MUL)<br>2nd floor (2ND)<br>Lobby (LOBB)<br>Bistro (BST)<br>Library (L)<br>County Kitchen (CK)<br>Dining Room (DR)<br>Pub and Private Dining Room (PAPD)<br>kitchen (dinr) |