

# TRINITY LODGE

## RESIDENTS' NEWSLETTER

ISSUE NO. 3 APRIL 2021

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### For Residents. By Residents.

I found I am living at Trinity,  
since my family  
lived in the vicinity,  
I never regret it,  
Although you can bet it,  
I feel, I'll be here, 'till infinity.  
My apologies to Miriam. Last month, I  
inadvertently substituted the word  
forget instead of regret. Miriam, just  
like the rest of us, has no regrets about  
living in Trinity.

Have you ever really looked at the contents of the display case? It is on the wall close to the fish tank. Nina, resident has a couple of examples of her painting on porcelain on the bottom shelf. Look at the detail on these magnificent pieces. It does not surprise me that Nina was considered one of the top three experts in this field in North America. Five years ago, I wrote a story about Nina and her extraordinary life as an artist and art teacher. I am attaching it to the electronic copies of this newsletter. If you wish to be included in the emailing list, please send me your email address. I have a couple of stories that I am happy to share on-line.

We encourage residents and family members to contribute to the newsletter. Its success is dependant on your participating.

## **A dog named Red. Episode two.**

It was not long before Red had a playmate. On Mothers Day, the year after Dad was gifted with Red, the boys gave me, Bullseye, the cat. They said they named her Bullseye because if she was called Fluffy or Kitty, she would not survive in our rural environment. Very soon, the two became buddies. They shared the same sleeping quarters close to the house and they had the whole yard as a playground. Their favorite game was their own version of tag. Red would touch Bullseye with his paw and they would scamper around the yard until Red touched her again. Bullseye would then lay down.

One day, they started their game. Red touched her and the cat rolled over with her feet in the air. She was gasping for breath. Red did not know what the problem was. We did. we found out very quickly. Just minutes earlier Red had spotted a skunk in the vegetable garden. Of course, his curiosity caused him to get sprayed. He got too close. To put it mildly, he stunk of skunk. About three months later, after supper, one of our great grand nephews, visiting with his family, went out into the yard to play with Red. The little one came back into the house in tears. Red had been sprayed again. The child thought it was his fault. My husband consoled him. ‘Don’t concern yourself. He’s done it before.’

The young one replied, ‘Red’s a smart dog but I guess he never learns.’

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## **Positivity amidst the Outbreak**

*by Shirley, resident*

Covid-19 finally arrived. Oh No! We were in lockdown. Meals in our room. Deo was my server. He made me feel so special. As the story goes – It is like I’m in a first-class restaurant, I have no woes. We patiently waited for our Covid test results. We were fortunate, everyone tested negative.

During our isolation, management, not only cared about our physical state, but also our mental state. One day we were given a huge joke sheet. I laughed so hard I could barely stand on my feet. The second day, we all received a beautiful rose. The third day, Kim waltzed in. She gave me a feeling stone. I am a lover of stones. I closed my eyes and felt its texture. It releases my tensions. It is a beautiful smooth stone. The fourth day we were given printed instructions on breathing exercises. The exercises are so relaxing. They just need practice and time. The feeling of the stones, the soft music and the quiet breathing, make my spirits soar.

The special day we were anxiously waiting for finally came. We received the COVID-19 vaccinations. All went well! Now we wait for our second vaccination. I feel so happy and safe. But it is not over yet. We will continue wearing our masks, keep sanitizing our hands and we will maintain social distancing.

### **Contributed by Anita**

June, my mother, was born in Victoria, B.C. in 1919. The second of four girls. Mom met Dad at the University of British Columbia.

They married and moved to Edmonton in 1952. It took a while to get used to the harsh Alberta winters. Dad's position at Imperial Oil, necessitated moving back to Edmonton after a short spell in Red Deer, then another move to Calgary in 1972. Mom's three sisters married, and each moved to different parts of the world, England, New Zealand, and the United States. Mom studied social work while at university and worked in Edmonton and Calgary hospitals.

Mom and Dad had two daughters, Anita, and Marni, plus two sons, Ted, and Robert. In 1960, Dad bought land on Lacombe Lake and built a rustic summer cabin. We cooked on a coal and wood stove and used kerosene lamps at night. We pumped water from a well near the front door. I remember, as a child, spending so many happy days there.

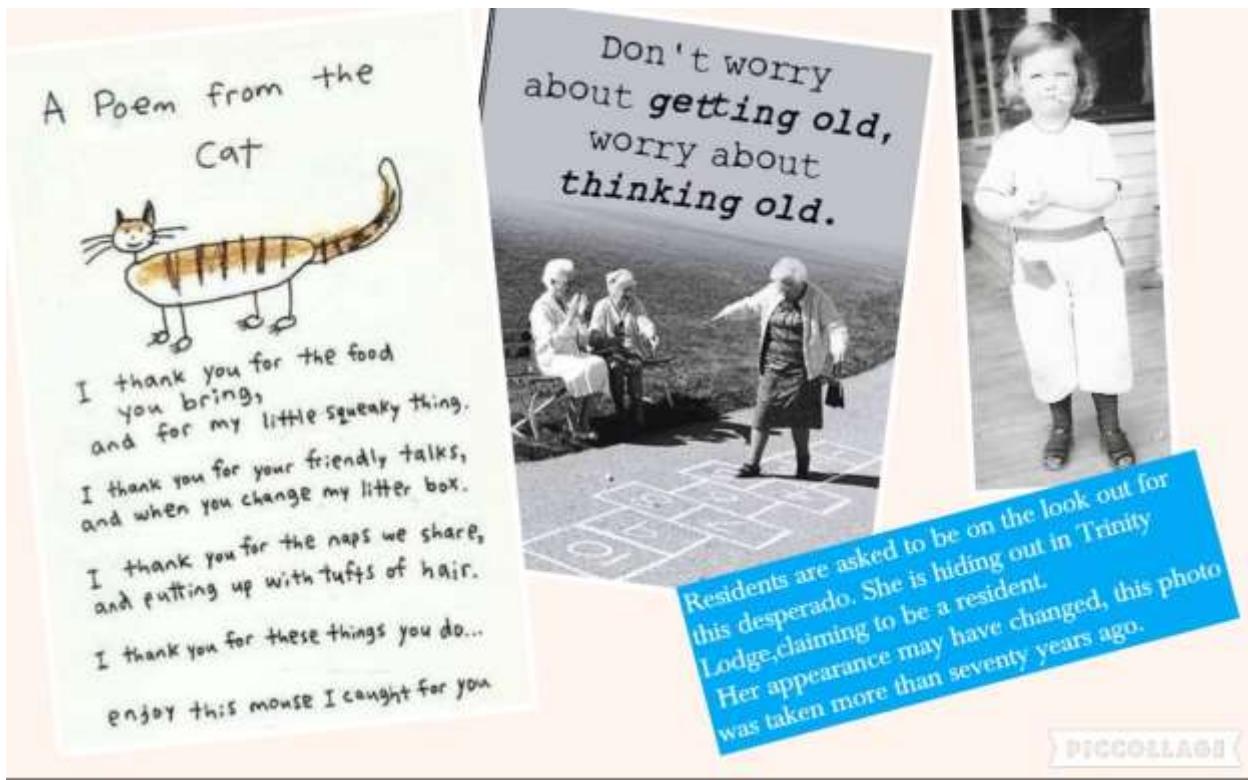
Mom loved to swim and was still paddling her kayak in her 80's. In 1983 Mom and Dad built a house on the same property, of course, the new house had running water and electricity! They decided to leave Calgary and move to Lacombe permanently in 2003. They spent many happy years on the lake. Dad passed away in 2015. Mom decided to stay on. The place had so many wonderful memories.

We helped Mom celebrate her 100th birthday in the sunshine on the deck of her dream home. She was surrounded by her children and our large extended family. One of Marni's five grandchildren, June, named after Mom, was born in 2019, one hundred years after her great grandmother. Little June is one of the youngest of Mom's 14 great grandchildren.

Shortly after Mom's 100th birthday she decided to come to Calgary and live at Trinity Lodge. Mom appreciates the kindness of the staff and the people she has met at Trinity. Marni and I both live close by and enjoy the always friendly greetings from the staff on our frequent visits to the Lodge.



**June, with daughter, Marni, granddaughter Victoria and one of her fourteen great grandchildren, June.**



### Some Questions - with no apparent answers.

1. When poison expires, is it more poisonous or is it no longer poisonous?
2. Which letter is silent in the word "Scent," the S or the C?
3. Do twins ever realize that one of them is unplanned?
4. Why is the letter W, in English, called double U? Shouldn't it be called double V?
5. Every time you clean something, you just make something else dirty.
6. The word "swims" upside-down is still "swims"
7. 100 years ago, everyone owned a horse and only the rich had cars.  
Today everyone has cars, and only the rich own horses.
8. At a movie theatre, which arm rest is yours?
9. If people evolved from monkeys, why are monkeys still around?
10. Why is there a 'D' in fridge, but not in refrigerator?
11. Who knew what time it was when the first clock was made?
12. Ever wonder why the word funeral starts with FUN?
13. Why isn't a fireman called a waterman?
14. If money doesn't grow on trees, how come banks have branches?
15. If a vegetarian eats vegetables, what does a humanitarian eat?
16. How do you get off a non-stop Flight?
17. Why do doctors 'practice' medicine? Are they having practice at the cost of the patients?
18. Why do they call it a TV 'set' when there is only one?