



Trinity Tribute

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April 2021



Come Home to a Warm and Friendly Place



LEISURE UPDATE

APRIL:

We'll be celebrating some special events this month that will be affecting some of our regular programs. The last week of April we'll be celebrating Artful Aging week from the 26th to the 30th which will affect all afternoon regular programs, April Birthday Bash on the 9th, Spring Tea celebration on the 15th, Vaccine Clinic on the 6th, followed by a scheduled power outage on the 7th. Please see below for all affected programs due to these specific events.

POSTPONED programs this month due to special events:

Friday April 2nd: No programs due to Stat Holiday

Monday, April 5th: Afternoon programs canceled due to Easter Celebration

Tuesday, April 6th: All programs canceled due to Vaccine Clinic

Wednesday, April 7th: All programs canceled due to Scheduled Power Outage.

Friday, April 9th: Afternoon programs canceled due to April Birthday Bash.

Thursday, April 15th: Afternoon programs canceled due to Spring Tea Celebration.

April 26th to 30th: Afternoon programs canceled due to Artful Aging Week.

Please refer to your monthly calendars for specific program names that have been canceled based on the dates listed above.

Sorry for any inconvenience

MAGIC MOMENTS



Meet Me at the MoMa

Meet Me at the MOMA Lecture Presents: Paul-Emile Borduas (November 1905-February 1960)



Paul Emile Borduas is one of the most important figures in modern Canadian art. A leader of the group known as the **Automatists**, he developed a spontaneous style of non-figurative painting. Borduas was the principal author of the *Refus Global*, an influential manifesto calling for freedom of expression, and signed by many of Quebec's leading artists and intellectuals. Borduas was born in Saint-Hilaire east of Montreal. He was the fourth of seven children. His Father Magloire Borduas was a

carpenter and blacksmith and his mother, Eva Perrault, was known for her beautiful garden all through the village. Borduas spent his earlier days as a church decorator and teacher under the guidance of the famous painter, Ozias Leduc. In 1935, he married Gabrielle Goyette and had three children together. From 1937 to 1948, he maintained a faculty position with École du Meuble teaching students such as Jean Paul Riopelle, Marcel Barbeau and Roger Fautoux. Borduas died of a heart attack and died on Feb 22nd, 1960.



Decorative Project, 1927



Persistence of Blacks, 1955

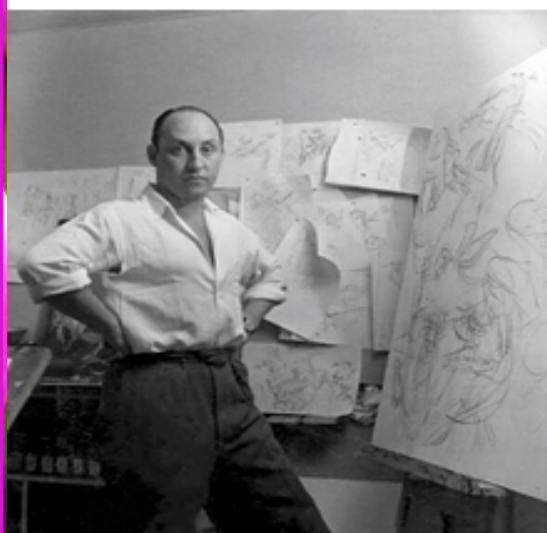


The Study of a Sparrowhawk in a decorative landscape, 1924

MEET ME AT
THE MOMA

Meet Me at the MoMa

Meet Me at the MOMA Lecture Presents: Oscar Cahén (February 1916 to November 1956)



Oscar Cahén was born to Fritz Max and Eugenie Cahén on February 8, 1916, in Copenhagen; his Jewish father was first a professor of art history and then a prominent Copenhagen correspondent for the German newspaper *Frankfurter Zeitung*. Fritz Max soon became involved in espionage, and later anti-Nazi activism, during the war. From 1920 to 1932, the Cahén family were brought to Berlin, Paris and Rome where Oscar studied illustrations and commercial art instruction. Living in exile with his family, Cahén studied at the Dresden Academy of Fine Arts and freelanced on the side as a cartoonist and illustrator. In May 1940, Britain was arresting young refugee

men of German origin – including Cahén, who they considered German and thus an enemy alien. He was sent to Canada aboard the *Ettrick* and was interned in Camp N, near Sherbrooke in Quebec. He was released two years later after British intelligence found he had nothing to do with his father's political activities. He married Mimi Levinson and had their only child, Michael, by 1945. Cahén's career as an illustrator was blooming, and in 1944, he moved to Toronto to become *Magazine Digest's* art director as well as to work freelance for *Maclean's*, *Playtime*, *Chatelaine* and *New Liberty*. He also became part of the circle of young artists that included Walter Yarwood and Harold Town. Together, they became the **Painters Eleven Group**, which brought abstraction to Toronto. Sadly by 1956, Cahén's life was cut short when he died of a car accident.



The Adoration, 1949



Illustrations, 1952



Traumoebe, 1956



Living, Loving, Local:



The humble egg. Around the world, different cultures share the egg as a common element in their creation stories. Since 3200BC eggs from various fowl have been a human food source. Today it is the chicken egg that is most commonly eaten, however duck, quail and goose eggs are sometimes available. Regardless of which fowl they originate from, all eggs at market must be graded.

Eggs are an excellent source of fat, protein and essential nutrients and are an integral part of so many recipes, from scrambled eggs to omelets, quiche, mayonnaise, custards, cakes and soufflés.





LLL:

Egg-cellent Word Search

G T G O M J M E C X O U B O I W K R
B X R Z B L F M S H H A L N M V W D
W L A Y I N G W M O A P L V H O H F
T F D T E L I F V Y N L R Z Z A I A
D R E G Y K W Z A Q N G A O I U T H
Q Y D J K G Z H V O C N Y Z T N E T
P U O C U R J D I R N H Z E E E S M
L Y O J E Z N T U T L L I M G A I K
H L Z T Z F C E Y B E K U C M T W N
F J T S R E L U I O V B G U K H T O
T A D N P H J C V X L N Q C O E X U
B N A S H E L L G A W K D M X X N H
U M N Z S B D G P O A C H E N R J F
I I B O N H P E R C H Y C H Q K D Z
H I C R A C K B H E D R O O S T E R

ALBUMEN
CHALAZEA
FLOCK
HEN
PERCH
ROOSTER
WHITES

BATTER
CHICKEN
FRY
INSPECTION
POACH
SHELL
YOLK

BROWN
CRACK
GRADED
LAYING
PROTEIN
WHITE



Created with TheTeachersCorner.net Word Search Maker

April Events



Easter Monday Celebration

In celebration of Easter we will be distributing goodie bags in the Foyer by the grand Piano **Sunday, April 4th at 1:30pm**. And on **Monday, April 5th at 2:30pm in the Chinook Room** there will be an Easter social celebration with wine and virtual Entertainment by singer Jay Vazquez.

Please sign up at the events posterboard or by phone at



Spring Tea

Spring is in the air, let's celebrate! Bring out your spring hats and suits as we celebrate spring with some refreshments of desserts, tea and good company with a special singing performance by Lara Thomas.

Thursday, April 15th

Round 1: 1:30pm in the Chinook Room

Round 2: 3:00pm in the Chinook Room.

Please sign up at our events posterboard or by phone at 403-



Artful Aging Week

During this week there will be an array of activities for your artistic pleasure. All the programs are uniquely designed to empower and support participants and enhance their overall creative culture beginning Monday, April 26th to April 30th. Join us for the Artful Aging Week kickoff social **Monday, April 26th in the Chinook Room** for some drinks and snacks and learn more about this initiative and how you can enter to WIN!

Round 1: 1:30pm in the Chinook Room

Round 2: 2:30pm in the Chinook Room

Coloring Page



Modified Leisure Programs

Please speak to a Leisure staff member to sign up or by phone at 403-253-7576

Exercises: Group A, Round 1

Every Monday, Wednesday, Friday at 9:30am in the Chinook Room

Exercises: Group A, Round 2



Exercises: Group B, Round 1

Every Tuesday, Thursday, Saturday at 9:30am In the Chinook Room

Exercises: Group B, Round 2



Armchair Travel

Every Monday at 1:30pm

In the Chinook Room



Tech Support with Maha: iPads and Tablets

Every Second Saturday at 2:30pm

In the Chinook Room



Bingo: Group A

Every Tuesday at 1:30pm in the Chinook Room

Bingo: Group B



Happy Hour

Every Saturday at 2:15pm

In the Glenmore Dining Room



Short Stories

Every Second Tuesday at 3:00pm

In the Chinook Room



Modified Leisure Programs

Please speak to a Leisure staff member to sign up or by phone at 403-253-7576



Trivia

Every Wednesday at 3:00pm

In the Card Lounge



Jeopardy

Every Thursday at 3:00pm

In the Card Lounge



Fit Minds

Every Friday at 1:30pm

In the Chinook Room



Free Mini Manicures

Every Thursday at 1:30pm

In the Chinook Room



Horse Races: Group A

Every Monday at 2:15pm in the Chinook Room

Horse Races: Group B



Socials

Every second Tuesday at 3:00pm

In the Chinook Room



Coloring Session

Every Saturday at 1:30pm

In the Chinook Room

Artful Aging week

Please speak to a Leisure staff member to sign up or by phone at 403-253-7576

Artful Aging Week

April 26th - 30th 2021

Artful Aging provides access to an assortment of art programs that promote creative expression, social connectivity, and lifelong learning. All the programs are uniquely designed to empower and support participants to enhance their overall creative culture. Please join us on this weeklong journey to express your artistic



April 26th - 30th 2021

LOOKING FOR RESIDENT ARTISTS!!

Are you a Trinity resident with art work you are proud of? If so, we are looking for you!

Come be apart of our Artful Aging Week SHOWCASE! Just sign up on the Leisure posterboard or contact the Leisure team at 403-253-

Artful Aging week

Please speak to a Leisure staff member to sign up or by phone at 403-253-7576



Artful Aging Week Kickoff Social- Monday, April 26th.

Kick off social: There will be a presentation with further details on what to expect throughout the week. We'll be serving coffee, tea and snacks. Come join us to find out how you can win prizes while being a part of this artful journey with us.

Round 1: 1:30pm in the Chinook Room



Artful Aging Day 2- Tuesday, April 27th.

Fairy Night Light Craft: Create your very own night light with your own designs to fill your creative mind starting **1:30pm in the Chinook Room.**

Virtual Musical Theatre Featuring Aladdin: Watch the virtual musical production of Disney's Aladdin on Broadway starting at



Artful Aging Day 3- Wednesday, April 28th.

The Museum of Modern Art Virtual Tour: Take a tour of the Museum for more in depth explanations of the art work pieces held in the Museum In **the Chinook Room at 1:30pm.**

Artful Aging Trivia: Test your Art knowledge with Maha starting at



Artful Aging Day 4- Thursday, April 29th.

Private Luncheon (Resident Presenters): There will be a private luncheon In **the Bistro at 12:00pm** to show appreciation for our resident artists.

Resident Art Showcase: Come see the Artists of Trinity Lodge as they present their art work throughout their years starting **at 2:30pm in the**



Day 5 - END OF ARTFUL AGING WEEK - Friday, April 30th.

Celebration Social: Join us in celebrating the end of Artful Aging Week with some cocktails and snacks in **the Bistro at 1:30pm.**

Wine and Paint Night: Join Sarah for a step by step painting session with wine and cheese in **the Chinook Room at 2:30pm.**

NOTICE



INSPIRED SENIOR LIVING WITH



Memorandum

DATE: March 29, 2021
TO: All Residents
FROM: Kim Giang-Ho
RE: **Scheduled Power Outage – April 7, 2021 from 8:00 am – 2:00 pm**

ENMAX Power Corporation is upgrading the electrical services in our community. In order to safely perform this work, a scheduled power outage is planned for April 7, 2021 from 8:00 am – 2:00 pm. During this time, there will be no power to the building. The following procedures will be in place for Wednesday, April 7th.

Breakfast & Lunch – Will be delivered to your suite. The dining room servers will take your order for lunch and dinner for April 7 when you come down for lunch and dinner on April 6.

Scheduled Care - You will receive your regular care as scheduled. Shower assists will be re-scheduled due to lack of lighting in the bathrooms.

Safety – We encourage you to open your blinds to let in light, and leave your door open for extra light and safety. Staff will be monitoring the hallways for your safety.

In case of Emergency- Our emergency call bell system will be temporarily deactivated. This means you will not be able to use the pull cords or your pendant in case of an emergency. We ask that if you require emergency assistance, call the front desk on your telephone. If you cannot get through, step out into the hallway. There will be staff monitoring the hallways during this time.

Telephone - Trinity Lodge main telephone line will be forwarded to a cell phone and limited to one available line. If you cannot get through, please step out into the hallway. There will be staff monitoring the hallways during this time to assist you.

Your Telephone - If you have Shaw or Telus traditional corded phones and plugged directly into a phone jack, your phone may function during the power outage. Please note that cordless phones do not work without utility power.

Elevator Service – All elevators will not be in service during this time.

Scheduled appointments – If you have a scheduled appointment, please note that the elevator will not be operating during the outage. Please reschedule accordingly.

If you have any questions, please do not hesitate to contact me or Sandra Still at (403)-253-7576

Sincerely,
Kim Giang-Ho
General Manager



April Birthday Babies



Joyce	April 1st	Zoe	April 19th
Adelaide	April 5th	Doug	April 23rd
Zelda	April 13th	Mary	April 25th
Ferne	April 15th	Adele	April 25th
Frieda	April 17th	Leonore	April 26th
Dolores	April 19th	Val	April 28th



Birthday Bash Celebration: Calling all April Birthday Babies! Join us Friday, April 9th in the Chinook Room. **Round 1- 1:30pm, Round 2 - 3:00pm. **Birthday Babies Only, due to limited seating****

Resident Council



Resident Council



Ron, resident
 Gwen, resident
 Ruth, resident
 Kim, general manager
 Sonja, resident
 Mariam, resident



A Little Humor

THE DIFFERENCE BETWEEN A BIG SISTER AND A BIG BROTHER...



April

Trinity Services

2021

Hair Salon



Beryl is available by appointment for all your hair needs.

Please contact her to book your appointment.
403-253-7576

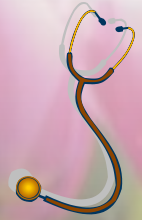


Dining HOURS

Breakfast 6:30 to 9:00a.m.
Lunch 11:15 to 1:15 p.m.
Dinner 4:15 to 6:15 p.m.

Health Centre

Open Daily
1:30 to
2:30 p.m.



Mary's Alterations

NOT IN SERVICE



Tuck Shop

Monday-Friday
10:00 a.m. to 2:00 p.m.
Wednesday's
11:00am. to 2:00pm

Guest Suite Services

For the convenience of your out-of-town family and friends, Trinity Lodge has one beautiful furnished Guest Suites for your rental. The price is \$140.⁰⁰ per night for single occupancy. An additional guest is \$40.⁰⁰. This includes 3 meals and daily housekeeping. Please book the Guest Suite at Reception or call **403-253-7576**.



Department Supervisors & Managers

General Manager	Kim Giang-Ho
Office Manager	Leila Agustin
Resident Services Manager	Sandra Still
Building Services Manager	Mugur Chiru
Dining Services Manager	Allan Campbell
Life Enrichment Manager	Sarah Chol
Marketing Manager	Val Bracey
Housekeeping Manager	Iris Gel
Dining Room Supervisor	Demis Megawe