



INSPIRED SENIOR LIVING

# December 2024

## White Cliffe Terrace Retirement Residence Assisted Living



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Anglican Church Service (CHA) 10:00 Morning Snack & Chat (FFDR) 11:00 Shuffleboard (BRLL) 11:30 Word Games (4TH) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 DrumFit (MT2F)	<b>2</b> 9:30 Falls Prevention Exercise Class (4TH) 10:00 Morning Snack & Chat (FFDR) 11:00 Armchair Travels (TVL) 11:30 Bean Bag Toss (4TH) 1:00 Christmas Movie (TVL) 1:30 Fit Minds (FFL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Colouring Club (FFL) 4:15 Go 4 Life Walk (AF) 6:45 White Cliffe Tree Lighting & Oshawa Civic Band performs (MFDR)	<b>3</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 "Good" News & Views (FFL) 1:00 Christmas Movie (TVL) 1:30 Scenic Drive (Sign-Up Required) (OUT) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Sing Fit! (TVL) 4:15 Ring Toss (4AR) 6:15 Games Night (4AR)	<b>4</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 Short Stories (TVL) 1:00 Christmas Movie (TVL) 1:30 Mind Joggers Trivia (FFL) 2:00 DrumFit (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Balloon Bash (FFL) 4:15 Go 4 Life Walk (AF) 6:00 Karaoke Time! (FFL)	<b>5</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 Did You Know? (FFL) 1:00 Baking Club: Spiced Cupcakes (MPR) 1:00 Christmas Movie (TVL) 2:00 Bingo! (4AR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Mini-Manicures (4AR) 4:15 Ring Toss (4AR) 6:00 Virtual Concert (4TH)	<b>6</b> 9:30 Falls Prevention Class (FFL) 10:00 Morning Snack & Chat (FFDR) 10:30 Roman Catholic Mass (CHA) 11:00 Armchair Travels (TVL) 11:30 Bean Bag Toss (4TH) 1:00 Java Music Singalong Club (FFL) 1:00 Christmas Movie (TVL) 2:00 Magnetic Chess (4AR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Balloon Bash (FFL) 4:15 Go 4 Life Walk (TER) 4:30 Gala Dinner (DRGF) 6:00 DJ Disco Night (GFL)	<b>7</b> 10:00 Morning Snack & Chat (FFDR) 10:00 Go 4 Life Walk (AF) 10:30 Bingo! (FFL) 1:00 Crafter's Corner (TFL) 1:00 Christmas Movie (TVL) 2:00 White Cliffe Choir Practice - All welcome! (MPR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Would You Rather? (TFL)
<b>8</b> 10:00 Anglican Church Service (CHA) 10:00 Morning Snack & Chat (FFDR) 11:00 Shuffleboard (BRLL) 11:30 Word Games (4TH) 1:00 Christmas Movie (TVL) 1:30 Meet Me @ The MoMA, learn about the artist (CR) 2:00 Meet Me @ The MoMA, inspired art (CR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 DrumFit (MT2F)	<b>9</b> CHRISTMAS CARD-MAKING DAY! 9:30 Falls Prevention Exercise Class (4TH) 10:00 Morning Snack & Chat (FFDR) 11:00 Armchair Travels (TVL) 11:30 Bean Bag Toss (4TH) 1:00 Christmas Movie (TVL) 1:30 Fit Minds (FFL) 2:00 Smile Theatre: A Christmas Carol (MPR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Colouring Club (FFL) 4:15 Go 4 Life Walk (AF) 5:30 Puzzle Group (FFL) 6:00 Classic Comedy Night (TVL)	<b>10</b> 10:00 Morning Snack & Chat (FFDR) 10:30 Clarington Library Visits (GFL) 11:00 Gentle Range of Motion (4TH) 11:30 "Good" News & Views (FFL) 1:00 Shopping Outing: Dollarama (Sign-Up Required) (OUT) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Sing Fit! (TVL) 4:15 Ring Toss (4AR) 6:15 Games Night (4AR)	<b>11</b> 9:15 Seated Yoga with Emily (MPR) 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 Short Stories (TVL) 1:00 Christmas Movie (TVL) 1:30 Mind Joggers Trivia (FFL) 2:00 DrumFit (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Balloon Bash (FFL) 4:15 Go 4 Life Walk (AF) 6:00 Karaoke Time! (FFL) 6:00 Outing: Christmas Light Tour with Tanya (OUT)	<b>12</b> CANDY CANE LANE DAY: WEAR RED & WHITE! 10:00 Morning Snack & Chat (FFDR) 10:30 Ecumenical Gathering (MPR) 11:00 Gentle Range of Motion (4TH) 11:30 Candy Cane Hunt (4TH) 1:00 Baking Club: Candy Cane Snowballs (MPR) 1:00 Christmas Movie (TVL) 2:00 Bingo! (4AR) 3:00 Peppermint Tea Social (FFDR) 3:30 Mini-Manicures (4AR) 4:15 Candy Cane Minute-It to Win-it Game (FFL) 6:00 Virtual Concert (4TH)	<b>13</b> BABY IT'S COLD OUTSIDE: WEAR COZY FLANNEL! 9:30 Falls Prevention Class (FFL) 10:00 Morning Snack & Chat (FFDR) 10:30 Roman Catholic Service (FFL) 10:30 Monsignor Leo Cleary Elementary School Performs (MPR) 11:30 Roll a Snowman Game (4TH) 1:00 Java Music Singalong Club (FFL) 1:00 Christmas Movie (TVL) 2:00 Colouring Club: Flannel Shirt Design (FFL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Snowman Knockdown (FFL) 4:15 Go 4 Life Walk (TER)	<b>14</b> RUDOLPH THE RED-NOSED REINDEER DAY: DRESS LIKE A REINDEER! 9:45 Go 4 Life Walk (AF) 10:00 Morning Snack & Chat (FFDR) 10:00 Reindeer Ornament Craft (TFL) 10:45 Rudolph the Red-Nosed Reindeer Games (4TH) 1:00 Christmas Movie (TVL) 1:30 White Cliffe Choir Sings - All welcome! (MPR) 2:00 Friends and Family Christmas Party ft. Joe Thistel (MPR) 3:00 Afternoon Tea & Trivia (FFDR)
<b>15</b> WINTER WONDERLAND DAY: WEAR BLUE & WHITE! 10:00 Anglican Church Service (CHA) 10:00 Morning Snack & Chat (FFDR) 11:00 Snowflake Scavenger Hunt (4TH) 11:30 Winter Word Games (4TH) 1:00 Santa and Friends Visit (STS) 1:00 Christmas Movie (TVL) 1:30 Meet Me @ The MoMA, learn about the artist (CR) 2:00 Meet Me @ The MoMA, inspired art (CR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 DrumFit (MT2F)	<b>16</b> TWO TURTLE DOVES DAY: TWIN WITH SOMEONE TODAY! 9:30 Falls Prevention Exercise Class (4TH) 10:00 Morning Snack & Chat (FFDR) 11:00 Armchair Travels (TVL) 11:30 Two of a Kind Game (4TH) 1:00 Christmas Movie (TVL) 1:30 Fit Minds (FFL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Twin Angels Craft (CR) 4:15 Go 4 Life Walk (AF) 5:30 Puzzle Group (FFL) 6:00 Classic Comedy Night (TVL)	<b>17</b> SANTA'S WORKSHOP DAY: WEAR A SANTA HAT! 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 A Reading of Funny Letters to Santa (FFL) 1:00 Gingerbread House Decorating (MPR) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Sing Fit! (TVL) 4:15 Santa Hat Ring Toss (4AR) 6:15 Games Night (4AR)	<b>18</b> TWELVE DRUMMERS DRUMMING DAY: MUSIC-THEMED DAY! 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:00 Gemini Jewellery Sale (GFL) 11:30 Short Stories (TVL) 1:00 Christmas Movie (TVL) 1:30 Mind Joggers Trivia (FFL) 2:00 DrumFit (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Balloon Bash (FFL) 4:15 Go 4 Life Walk (AF) 6:00 Karaoke Time! (FFL) 6:00 Outing: Christmas Light Tour with Tanya (OUT)	<b>19</b> THE NIGHT BEFORE CHRISTMAS DAY: WEAR PJ'S ALL DAY! 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 Did You Know? (FFL) 1:00 Christmas Movie (TVL) 2:00 Monthly Birthday Party with Eric Lambier (MPR) 3:00 Afternoon Tea & The Night Before Christmas Reading (FFDR) 3:30 Mini-Manicures (4AR) 4:15 Ring Toss (4AR) 6:00 Virtual Concert (4TH)	<b>20</b> CHRISTMAS TREE TRADITIONS DAY: DRESS LIKE A TREE! 9:30 Falls Prevention Class (FFL) 10:00 Morning Snack & Chat (FFDR) 10:30 Roman Catholic Service (FFL) 11:00 Armchair Travels (TVL) 11:30 Bean Bag Toss (4TH) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Java Music Singalong Club (FFL) 4:30 Go 4 Life Walk (TER) 6:00 DJ Disco Night (GFL)	<b>21</b> WEAR YOUR FAVOURITE CHRISTMAS SOCKS TODAY! 10:00 Morning Snack & Chat (FFDR) 10:00 Go 4 Life Walk (AF) 10:30 Bingo! (FFL) 1:00 Crafter's Corner: Yarn Tree Craft (CR) 1:00 Christmas Movie (TVL) 2:00 White Cliffe Choir Practice - All welcome! (MPR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Would You Rather? (TFL)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LIGHT UP THE NIGHT DAY: WEAR SOMETHING BRIGHT! 22</b> 10:00 Anglican Church Service (CHA) 10:00 Morning Snack & Chat (FFDR) 11:00 Shuffleboard (BRLL) 11:30 Word Games (4TH) 1:00 Christmas Movie (TVL) 1:30 Meet Me @ The MoMA, learn about the artist (CR) 2:00 Meet Me @ The MoMA, inspired art (CR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 DrumFit (MT2F)	<b>WEAR YOUR UGLY CHRISTMAS SWEATER TODAY! 23</b> 9:30 Falls Prevention Exercise Class (4TH) 10:00 Morning Snack & Chat (FFDR) 11:00 Fit Minds (FFL) 11:45 Bean Bag Toss (4TH) 1:00 Christmas Movie (TVL) 1:30 Ugly Christmas Sweater Cookie Decorating (BIS) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Colouring Club: Ugly Christmas Sweater Design (CR) 4:15 Go 4 Life Walk (AF) 5:30 Puzzle Group (FFL) 6:00 Classic Comedy Night (TVL)	<b>CHRISTMAS EVE DRESS LIKE AN ELF DAY! 24</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 "Good" News & Views (FFL) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Sing Fit! (TVL)	<b>CHRISTMAS DAY WEAR RED, WHITE OR GREEN TODAY! 25</b> 10:00 Morning Snack & Chat (FFDR) 10:15 Christmas Morning Smoothies (BIS) 11:00 Gentle Range of Motion (4TH) 11:30 Christmas Stories that Warm the Heart (TVL) 1:00 Christmas Movie (TVL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Red, White or Green Trivia (FFL) 4:30 Special Christmas Dinner (DRGF)	<b>BOXING DAY 26</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 Did You Know? (FFL) 1:00 Baking Club: Blondies (MPR) 2:00 Bingo! (4AR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Ring Toss (4AR) 6:00 Virtual Concert (4TH)	<b>9:30 Falls Prevention Class (FFL) 27</b> 10:00 Morning Snack & Chat (FFDR) 10:30 Roman Catholic Service (FFL) 11:00 Java Music Singalong Club (FFL) 11:30 Bean Bag Toss (4TH) 2:00 Afternoon Tunes with Rick Huntington (MPR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Balloon Bash (FFL) 4:15 Go 4 Life Walk (TER)	<b>NATIONAL CARD PLAYING DAY 28</b> 10:00 Morning Snack & Chat (FFDR) 10:00 Go 4 Life Walk (AF) 10:30 Card Games (4AR) 1:00 Crafter's Corner (TFL) 2:00 White Cliffe Choir Practice - All welcome! (MPR) 3:00 Afternoon Tea & Trivia (FFDR)
<b>10:00 Anglican Church Service (CHA) 29</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Shuffleboard (BRLL) 11:30 Word Games (4TH) 1:30 Meet Me @ The MoMA, learn about the artist (CR) 2:00 Meet Me @ The MoMA, inspired art (CR) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 DrumFit (MT2F)	<b>9:30 Falls Prevention Exercise Class (4TH) 30</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Fit Minds (FFL) 11:30 Bean Bag Toss (4TH) 2:15 Go 4 Life Walk (AF) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Colouring Club (FFL) 4:15 Puzzle Group (FFL) 6:00 Classic Comedy Night (TVL)	<b>NEW YEAR'S EVE 31</b> 10:00 Morning Snack & Chat (FFDR) 11:00 Gentle Range of Motion (4TH) 11:30 "Good" News & Views (FFL) 3:00 Afternoon Tea & Trivia (FFDR) 3:30 Sing Fit! (TVL) 4:15 Ring Toss (4AR) 4:30 New Year's Eve Dinner and Dance ft. LTD Edition Band (MFDR)	 <p><b>WEDNESDAY</b> <b>DEC 25</b> <b>Christmas Day</b></p>		 <p><b>SATURDAY</b> <b>DEC 28</b> <b>National Card Playing Day</b></p>	



**TUESDAY**  
**DEC 31**  
**New Years Eve**

**Be joyful**

**Locations Legend**

4th Floor Dining Room (FFDR)	Movie Theatre, Second Floor (MT2F)
4th Floor Lounge (FFL)	Third Floor Lounge (TFL)
4th Floor TV Lounge (TVL)	Billiards Room, Lower Level (BRLL)
4th Floor (4TH)	Outing (OUT)
4th Floor Activity Room (4AR)	Terrace, Ground Floor (TER)
Multi Purpose Room, Lower Level (MPR)	Ground Floor Lobby (GFL)
All Floors (AF)	Main Floor Dining Room (MFDR)
Craft Room, Lower Level (CR)	Dining Room, Ground Floor (DRGF)
Chapel, Lower Level (CHA)	Bistro, Ground Floor (BIS)
	Suite to Suite (STS)

**Calendar Legend**

Outing  
 Special Program  
 Living, Loving, Local  
 Signature Program