



June 29th - July 5th



Lunch 11:30 A.M. - 1:15 P.M.



Reception 306-585-7100



Week 6	Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3	Saturday 4	Sunday 5
Soup	Italian Wedding	* Butternut Squash	New England Clam Chowder	Italian Sausage, Gnocchi	Borscht with Sour Cream	Potato Oregano	Pizza
Entrée 1	Beef, Cheddar & Honey Mustard Sandwich	Double Grilled Cheese Sandwich	* Turkey Almond Salad Sandwich	Shredded Pork Tzatziki Sauce & Pita Bread	Egg Salad on Rye	Corned Beef on Rye with Dijonaise & Sliced Pickle	Fresh Fruit Plate with Cottage Cheese with a Cinnamon Roll
Side	Carrot Pineapple Raisin Salad	Onion Rings	Veggie Sticks	French Fries	Fresh Seasonal Fruit	* Beet & Onion Salad	-
Entrée 2	* Baked Beans & Weiners	Beef Ravioli with Creamy Vodka, Tomato Sauce	French Toast with Syrup, Bacon & Orange Wedges	Crispy Chicken Caesar Salad	Crispy Fish Burger with Lettuce, Tomato & Tartar Sauce	Italian Pasta Primavera	Toasted Denver Sandwich with Cheese
Side	Dinner Roll	Garlic Bread	-	Multigrain Toast	Tossed Salad	Garlic Buns	Homefried Potatoes
Dessert	Rum & Raisin Ice Cream with a Wafer Cookie	Carrot Cake	Lemon Poppyseed Loaf with Whipped Butter	Banana Cream Pie	Assorted Desserts	Chocolate Mousse with Fresh Berries	Heavenly Hash Ice Cream
Dinner 4:30 P.M. - 6:15 P.M.							
Appetizer	Egg Roll with Plum Sauce	House Salad	Saskatoon, Red Onion & Goat Cheese Toasts	Vinaigrette Apple Coleslaw	Spring Rolls with Plum Sauce	* Broccoli Salad	Creamy Cucumber Salad
Entrée 1	Maui Pork Drummies Pineapple	Roasted Pickerel with Lemon Dill Butter	Maple BBQ Baby Back Ribs	* Baked Salmon Dill Sauce	BBq'd Pork Chops	Beef Meatloaf with Gravy	Hickory & Brown Sugar Baked Ham
Side	Steamed Rice	Roasted Potatoes	Chive Mashed Potatoes	Mini Roasted Red Potatoes	Wild Rice Pilaf	Mashed Potatoes	Buttered Perogies with Fried Onions & Sour Cream
Entrée 2	Creamy Chicken Stew	Liver & Onions with Bacon & Gravy	Braised Apples & Cider Chicken Thighs	Beef Lasagna	Creamy Dijon Chicken Breast	Mediterranean Stewed Cod Loin	Turkey Schnitzel with Cranberry Gravy
Side	Cornbread	Roasted Potatoes	Chive Mashed Potatoes	Italian Bread	Wild Rice Pilaf	Mashed Potatoes	Buttered Perogies with Fried Onions & Sour Cream
Vegetable	Buttered Corn	Diced Carrots	* Broccoli	Roasted Cauliflower	Vegetable Medley	* Stuffed Tomato	Carrot Coins
Vegetable	Sugar Snap Peas	* Green Beans Almondine	* Roasted Beets	Basil Roasted Zucchini & Tomatoes	-	Seasoned Peas	Mashed Turnips
Dessert	Nanaimo Bar	Butterscotch Pudding with a Wafer Cookie	Butter Tarts	Sticky Toffee Pudding Cake	Cheese Cake with Strawberry Sauce	Tiramisu	* Apple Pie

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local - Strawberry/Saskatoon

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea