



INSPIRED
SENIOR LIVING

August 2026

Memory Care

Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Civic Holiday		 Banana Split Day				10:00 Juice & Snack (HAV) 1 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 5:00 Rider Game: SSK @ EDM (HAV)
National Ice Cream Sandwich Day 2 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	National Watermelon Day 3 Saskatchewan Day Wear Green & Gold/Yellow Attire Today! 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Nail Painting (HAV)	National Chocolate Chip Cookie Day 4 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Marilyn Phillips (B)	10:00 Juice & Snack (HAV) 5 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 6 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	National Beer Day 7 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 1:30 Balloon Volleyball with Yeva (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Entertainment: Jim Woytuik (B) 6:30 Sensory Hour (HAV) 7:00 Rider Game: OTT @ SSK (HAV)	10:00 Juice & Snack (HAV) 8 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV)
10:00 Juice & Snack (HAV) 9 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	National S'mores Day 10 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Reading Circle (HAV)	10:00 Juice & Snack (HAV) 11 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Dale & Company (B)	10:00 Juice & Snack (HAV) 12 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 2:00 Dog Therapy Visits with Shirley & Shelby (HH) 6:30 Sensory Hour (HAV)	National Prosecco Day 13 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Boomtown (B) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 14 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 4:30 Living Loving Local Dinner: Peach (4:30-6:15 PM) (D) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 15 11:00 Haven House Family BBQ Social (11 AM - 1 PM) (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 5:00 Rider Game: SSK @ HAM (HAV)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Juice & Snack (HAV) 16 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 17 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Nail Painting (HAV)	10:00 Juice & Snack (HAV) 18 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 2:00 Entertainment: Alastair & Karen (B) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Country Fever (B)	National Aviation Day 19 10:00 Juice & Snack (HAV) 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 20 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Entertainment: Jim Woytuik (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Oat Soda Boys (B)	National Senior Citizen Day 21 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 3:00 Interdenominational Church Service (B) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 22 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 2:00 Sing-Along with Joan & Leone (B) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV)
10:00 Juice & Snack (HAV) 23 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 5:00 Rider Game: SSK @ BC (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 24 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Reading Circle (HAV)	National Banana Split Day 25 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Hillbilly Highway (B)	National Dog Day 26 10:00 Juice & Snack (HAV) 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 27 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 28 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 29 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 5:00 Rider Game: TOR @ SSK (HAV)
10:00 Juice & Snack (HAV) 30 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 31 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Nail Painting (HAV)	Be Supported		Locations Legend Haven House (HAV) Bistro (B) HouseHolds (HH) Prairie Schooner (P) Dining Room (D)		Calendar Legend Outing Special Program Sign up Required * Signature Program Highlight