



INSPIRED
SENIOR LIVING

October 2026

Memory Care

Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Breast Cancer Awareness Month	 Thanksgiving					
National Cinnamon Bun Day 4 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Apple Cider Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 5 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Reading Circle (HAV)	Active Aging Week (EB) 6 National Taco Day 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Dale & Company (B)	Active Aging Week (EB) 7 10:00 Juice & Snack (HAV) 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	Active Aging Week (EB) 8 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: The Silvertones (B) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Marilyn Phillips (B)	Active Aging Week (EB) 9 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 6:30 Sensory Hour (HAV)	Active Aging Week (EB) 10 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 2:00 Sing-Along with Joan & Leone (B) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV)
Active Aging Week (EB) 11 Thanksgiving Sunday 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Apple Cider Social (HAV) 6:30 Sensory Hour (HAV)	Active Aging Week (EB) 12 Thanksgiving Monday 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Nail Painting (HAV)	10:00 Juice & Snack (HAV) 13 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: SRW Trio (B)	National Dessert Day 14 10:00 Juice & Snack (HAV) 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 15 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Boomtown (B) 6:30 Sensory Hour (HAV)	National Managers Appreciation Day 16 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 3:00 Interdenominational Church Service (B) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 17 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 2:30 Reading Circle (HAV) 2:30 Reading Circle (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV)



INSPIRED
SENIOR LIVING

October 2026

Memory Care

Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Juice & Snack (HAV) 18 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Apple Cider Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 19 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:00 Sensory Hour (HAV) 6:30 Reading Circle (HAV)	10:00 Juice & Snack (HAV) 20 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV) 7:00 Entertainment: Country Fever (B)	National Pumpkin Cheesecake Day 21 10:00 Juice & Snack (HAV) 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 2:00 Dog Therapy Visits with Shirley & Shelby (HH) 2:45 Pumpkin Cheesecake Social (B) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 22 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Jim Woytuik (HAV) 2:00 Entertainment: Circle of Friends (B) 6:30 Sensory Hour (HAV)	Gluten Free Day 23 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 24 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV) 7:00 Children's Piano Recital (B)
10:00 Juice & Snack (HAV) 25 10:30 Church Service on TV (HAV) 1:00 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 6:00 Apple Cider Social (HAV) 6:30 Sensory Hour (HAV)	National Pumpkin Day: Wear Orange & Green Today (EB) 26 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Emily Dubois & Ray Bell (B) 6:00 Sensory Hour (HAV) 6:30 Nail Painting (HAV)	10:00 Juice & Snack (HAV) 27 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Classical Music Hour (HAV)	10:00 Juice & Snack (HAV) 28 10:15 Music Therapy with Morgan (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 29 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Bingo (HAV) 2:00 Piano Entertainment by Jeanette Cross (B) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Timeless Tunes Trio (B)	Wear Orange & Black Attire Today 30 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:00 Go4Life Walking (HAV) 2:00 TV Classics: Resident Choice (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Jerry & the Attrics (B)	Halloween: Wear Your Costumes! 31 10:00 Juice & Snack (HAV) 1:00 Go4Life Walking (HAV) 1:15 Mindful Movement with Life Enrichment (HAV) 2:00 Sensory Hour (HAV) 2:00 Halloween Social (HAV) 3:00 Colouring & Conversation (HAV) 6:30 Silver Screen: Resident Choice (HAV)



Be Celebrated

Locations Legend	
Haven House (HAV)	Prairie Schooner (P)
Bistro (B)	Dining Room (D)
Entire Building (EB)	HouseHolds (HH)

Calendar Legend
Outing
Special Program
Sign up Required *
Signature Program
Highlight