

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13
Labour Day No Van Service Today (V) No Can Fit Pro Exercises Today The Terry Fox Foundation Silver Fox Event Fundraising (RA) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 2:00 Bingo (All Proceeds to The Terry Fox Foundation) (P) 6:45 Board Games & More! (P) 	The Terry Fox Foundation Silver Fox Event Fundraising (RA) Weekly Activity Challenge Due Date: Hello September Crossword (P) Footcare Today 9:00 Tuesday Morning Coffee Party (B) 9:30 Music Therapy with Morgan (HAR) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Brain Games (Resident-led) (P) 10:00 Fit Minds (P) 10:30 Music Therapy with Morgan (HER) 1:30 Card Bingo (HER) 1:30 Bridge Game * (P) 2:00 BMO/CIBC Banks (V) 2:00 Rosary (E) 2:00 Can Fit Pro Low Impact Exercise Class (W) 2:30 Co-op Grocery Store (V) 2:30 Shopping Vendor: The Nut Man (2:30 PM-3:30 PM) (WAI) 2:30 Toonies for Terry Tim Hortons Coffee & Timbit Social (\$2 to The Terry Fox Foundation) (B) 3:00 Techy Tuesdays (Phone Life Enrichment for assistance) (IS) 3:00 Grasslands Shopping (V) 3:00 Fit Minds in Heritage House (HER) 7:00 Entertainment: David Lowey (B)	The Terry Fox Foundation Silver Fox Event Fundraising (RA) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Shuffleboard League (10:00 AM - 3:00 PM; check your schedules) (P) 10:30 Can Fit Pro Exercise Class (F) 2:00 Co-op Grocery Store (V) 2:00 Can Fit Pro Low Impact Exercise Class (W) 2:30 Royal & Scotia Banks (V) 3:00 Conexus Credit Union (V) 3:15 Nail Painting with Mylene & Colleen (by donation to The Terry Fox Foundation) (E) 6:45 Bridge Game * (P) 7:00 Crokinole (BN)	The Terry Fox Foundation Silver Fox Event Fundraising (RA) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:30 Chair Yoga with Rebecca Whitrow (P) 10:30 Coffee & Conversation with Jolene (B) 1:30 Artfull Enrichment Trivia: Where in the World? - Name That Dish (E) 1:30 Bible Study (All Faiths Welcome) (PD) 3:00 Happy Hour feat. Pear Collins Cocktails (by Donation to The Terry Fox Foundation) (P) 7:00 Crokinole (BN) 7:00 Entertainment: Larry, Cup O' Joe's & What's Her Name (B)	The Terry Fox Foundation Silver Fox Event Fundraising (RA) Rosh Hashanah Massage Therapy Today 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Can Fit Pro Exercise Class (F) 10:45 Current Events & McDonald's Coffee with Annette (by donation to The Terry Fox Foundation) (LB) 1:30 September Jeopardy Trivia (P) 1:35 Rosary (P) 2:00 Grasslands Shopping (V) 2:00 Catholic Mass (P) 2:30 Southland Mall/Sobeys Liquor Store (V) 2:30 Coffee & Connect 4 Games (B) 6:30 Wine & Nail Painting Night (P)	The Terry Fox Foundation Silver Fox Event Fundraising (RA) Rosh Hashanah 9:15 Outing with Yeva: Wascana Boat Tour* (V) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:30 Chair Yoga with Sacha Wolfson (P) 1:00 Hooked-on Pins & Needles (Everyone Welcome) (W) 1:00 The Great Canadian Open House (1-3 PM) (MAI) 2:00 Rider Game: Banjo Bowl SSK @ WPG (Not Broadcast Due to Open House) (P) 6:30 Movie Night (Classics): Steel Magnolias (P) 	Rosh Hashanah National Grandparents Day (EB) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Sunday Morning Coffee Party (B) 10:30 Archdiocese of Regina Catholic Mass Livestream (P) 12:15 Sunday Fun-Day Outing with Len: Andre Rieu's 2026 Summer Concert: Viva Maastricht at Cineplex Normanview* (V) 2:00 Table Tennis (PHL) 2:00 DrumFIT (W) 6:30 Movie Night (Comedy): Ghost Town (P)

Locations Legend Prairie Schooner (P) Van Service (V) Entire Building (EB) Bistro (B) Reception Area (RA) Wascana Way - 3rd FL. (W) Fireplace Lounge (F) Heritage House (HER) Education Room - 2nd Fl. (E) Harbour House (HAR) Breakfast Nook (BN) Waiting Area (WAI) In Suite (IS) Private Dining Room (PD) Library (LB) Main Floor (MAI) Pool Hall Lounge (PHL)	 News Terry Fox Foundation Silver Foxes Fundraising: This week we will be fundraising for the Terry Fox Foundation. There will be a donation box at Reception throughout the week. Please consider donating, if you are able. Any amount is welcome! Reception will have pledge sheets if you wish to donate \$20+ as you will receive a tax receipt. With each donation you can enter your name into a draw for a prize package. There are also themed activities all week long to help us reach our goal of \$500. Thanks for your support! Grandparents Day: we are still collecting photos of residents and their grandchildren for a photo display project in honour of Grandparents Day. Please provide photos to Jolene or Yeva by September 9th and we will make copies and return to you. Thank you! Saturday: We still have spaces available for our next Wascana boat tour. Please sign up in the library if you are interested Join us for The Great Canadian Open House from 1 - 3pm. Light piano entertainment provided by Elaine Oster and Canadian themed bites and refreshments will be available. If you are interested in volunteering your suite or apartment for tours, please speak with Tammy.	Calendar Legend Outing Special Program Sign up Required * Theme Day Signature Program Highlight
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