Oct 26 – Nov 1, 2026

Wintergreene Estates

INSPIRED SENIOR LIVING

INSPIRED SENIOR LIVING WITH Verve

Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31	Sunday 1
National Pumpkin Day: Wear Orange & Green Today (EB) **Weekly Activity Challenge Due Date: Pumpkin Patch Crossword (P)** 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Brain Games (Resident-led) (P) 10:30 Can Fit Pro Exercise Class (F) 2:00 Grasslands Shopping (V) 2:00 Fit Minds in Harbour House (HAR) **2:00 Entertainment: Emily Dubois & Ray Bell (B)** 2:30 TD Bank (V) 3:00 Southland Mall (V) 6:45 Board Games & More! (P) 	Footcare Today **Flu & Covid Vaccinations (Refer To Your Scheduled Times) (P)** **No Rosary Today** 9:00 Tuesday Morning Coffee Party (B) **9:30 Music Therapy with Morgan (HAR)** 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) **10:00 Fit Minds *Location Change Today* (E)** **10:30 Music Therapy with Morgan (HER)** 1:30 Card Bingo (HER) **1:30 Whist Game *Location Change Today** (BN)** 2:00 BMO/CIBC Banks (V) 2:00 Can Fit Pro Low Impact Exercise Class (W) 2:30 Co-op Grocery Store (V) 3:00 Techy Tuesdays (Phone Life Enrichment for assistance) (IS) 3:00 Grasslands Shopping (V) 3:00 Fit Minds in Heritage House (HER) 3:00 Pumpkin Bowling (B) **6:30 Bingo *Rescheduled from Monday* (P)**	10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Shuffleboard League (10:00 AM - 3:00 PM; check your schedules) (P) 10:30 Can Fit Pro Exercise Class (F) 2:00 Co-op Grocery Store (V) 2:00 Can Fit Pro Low Impact Exercise Class (W) 2:30 Royal & Scotia Banks (V) 3:00 Conexus Credit Union (V) 6:45 Bridge Game * (P) 7:00 Crokinole (BN)	10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:30 Chair Yoga with Rebecca Whitrow (P) 10:30 Coffee & Conversation with Jolene (B) **12:45 Outing with Yeva: Northern Reflections Fashion Show at Victoria Square Mall* (V)** 1:30 Bible Study (All Faiths Welcome) (PD) **2:00 Piano Entertainment by Jeanette Cross (B)** **3:00 90 Day Move In Happy Hour Celebration (P)** 7:00 Crokinole (BN) **7:00 Entertainment: Timeless Tunes Trio (B)**	*Wear Orange & Black Attire Today* 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Can Fit Pro Exercise Class (F) 10:45 Current Events & Coffee with Annette (LB) **11:30 Shopping Vendor: Personal Touch Fashions (11:30 AM - 2:00 PM) (F)** **1:00 Halloween Witch Hat Craft with Debra (HAR)** *1:30 Artfull Enrichment: Halloween Fact or Fiction (E)* 2:00 Grasslands Shopping (V) **2:00 Coffee Party with George Tsiklis, City Councilor for Ward 2 (B)** 2:30 Southland Mall/Sobeys Liquor Store (V) **2:30 Halloween Social (HAR)** **3:15 Monthly Birthday Party (P)** **7:00 Entertainment: Jerry & the Attrics (B)**	Halloween: Wear Your Costumes! Halloween Candy Jar Guess (RA) 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:30 Chair Yoga with Sacha Wolfson (P) *10:30 Artfull Enrichment: Halloween Trivia with Treats (E)* 1:00 Hooked-on Pins & Needles (Everyone Welcome) (W) 1:30 Artfull Enrichment: Halloween Bingo (P) **3:00 Halloween Social feat. Halloween-themed Appetizers & Witches Brew (P)** **6:30 Halloween Movie Night (Ominous/Mystery): Premonition (P)** 	National Diabetes Month Movember 10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB) 10:00 Sunday Morning Coffee Party (B) 10:30 Archdiocese of Regina Catholic Mass Livestream (P) **1:15 Sunday Fun-Day Outing with Len: Regina Symphony Orchestra Free Library Concert Series * (V)** 2:00 Billiards (PHL) 2:00 DrumFIT (W) **6:30 Movie Night (Comedy): The Pink Panther 2 (P)** 

Locations Legend

Prairie Schooner (P)
Van Service (V)
Bistro (B)
Entire Building (EB)
Fireplace Lounge (F)
Harbour House (HAR)
Education Room - 2nd Fl. (E)
Wascana Way - 3rd FL. (W)
Heritage House (HER)
Breakfast Nook (BN)
In Suite (IS)
Private Dining Room (PD)
Library (LB)
Reception Area (RA)
Pool Hall Lounge (PHL)

News

Tuesday, October 27th: Flu and Covid vaccinations are taking place all day today in the Prairie Schooner, please refer to your memos with your scheduled times. Due to the Schooner being utilized all day, please note the following location changes: Fit Minds is moved to the Education Room and Whist is moved to the Breakfast Nook. Rosary is cancelled today. Thank you for your understanding.

Coffee Party: George Tsiklis, City Councilor for Ward 2 will be back on Friday, October 30th at 2:00 p.m. in the Bistro for a coffee and chat follow up to his previous visit in the summer. He will have two surprise guests with him as well. See you there!

Halloween: Wear your costumes and join us on October 31st for a fun day full of spooky surprises! Stop by Reception for a candy jar guess; the closest guess to the correct number without going over will win a spooky prize. Join us for themed trivia at 10:30 a.m. in the Education Room, Halloween Bingo (3 Halloween-themed games & regular games) at 1:30 p.m., Halloween Social at 3:00 p.m., and movie night at 6:30 p.m. in the Prairie Schooner. Ellis and Sutton will be here between 10-10:30 a.m. in costume to visit with residents. If you would like them to trick or treat at your suite or apartment, please let Jolene know by Friday.



Calendar Legend

Outing
Special Program
Sign up Required *
Theme Day
Signature Program
Highlight