Nnovember 16th - 22nd

Verve INSPIRED SENIOR LIVING

Lunch 11:30 A.M. -1:15 P.M.

WINTERGREENE Reception: 306-585-7100

Week 2	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22
Soup	Chicken Noodle	Roasted Red Pepper Bisque	Beef Barley	Carrot Coconut	Creamy Squash & Wild Rice	**Lunch Menu:** ***Spinach Salad with Boiled Egg, Bacon & Red Onion** ***Crispy Fried Chicken with Gravy** ***Salisbury Steak with Mushroom Gravy** ***Warm Potato Salad** ***Baked Beans** ***Corn on the Cob with Butter** ***Ice Cream Drumsticks**	Cream of Asparagus
Entrée 1	* Salmon Salad Sandwich	Crispy Chicken Ranch Salad Plate	Montreal Smoked Meat Sandwich	Cobb Salad with Turkey, Bacon, Egg, Avocado, Tomato, & Blue Cheese	Chicken Melt on a Bun		Creamy Porridge with Brown Sugar, Fruit & Cinnamon Raisin Toast
Side	* Marinated Cucumber & Tomato Salad	–	Coleslaw	Focaccia Toast	Watermelon Wedges		–
Entrée 2	Potato Dumplings with Bacon & Mushroom Cream sauce	Hawaiian Bison Burger	Sausage & Cheddar Roll with Honey Mustard Dip	Crispy Shrimp Banh Mi (Shrimp, Shredded Veggies, Special Sauce, on a Bun)	Mac' N Cheese with Stewed Tomatoes & Bacon Bits		Quiche Lorraine Bacon Onion Swiss Cheese
Side	Garlic Buns	French Fries & Pickles	House Salad	Sweet Potato Fries with Maple Aioli	Garlic Bread		Homefried Potatoes
Dessert	Chocolate Pudding with a Wafer Cookie	Maple Walnut Ice Cream	Strawberry Jello	Peach Mousse with Graham Crumble	Chocolate Brownies		Tripleberry Bar
		Dinner 4:30 P.M. - 6:15 P.M.					
Appetizer	Grapes, Cheese & Crackers	* Apple Pecan Salad	Creamy Cucumber Salad	Tomato & Brie Cheese Tart	Mixed Greens with Apricots, Candy Nuts & Carrot	**DINING ROOM IS CLOSED FOR STAFF CHRISTMAS PARTY** **IN-SUITE Supper Delivery Includes:** *** Egg Salad Sandwich** ***Fresh Fruit** ***Nanimo Bars** ***Bag of Chips** ***Juice Box** **Thanks for giving us the night off!**	Garden Salad
Entrée 1	* Curried Chicken & Chickpea Stew on Rice	Almond Crusted Sole with Bernaise Sauce	Pork Cutlets with Spiced Apple Sauce & Gravy	Filet of Cod Chive Cream Sauce	Roasted Pork Loin with Apple Pear Chutney & Gravy		Savoury Glazed Salmon with Fall Veggie Salad
Side	Naan Bread	Roasted Potatoes	Sweet Potato Mash	Stuffed Potatoes	Mashed Potatoes		Scalloped Potatoes
Entrée 2	Italian Meatloaf with Tomato Basil Sauce	Turkey Breast Roasted in Sage & Italian Bacon Butter Sauce	Braised Boneless Short Rib au Jus	Feta Stuffed Chicken Breast with Creamy Greek Sauce	Beer Battered Haddock with Tartar & Lemon		Brown Sugar, Orange & 5-Spice Glazed Ham
Side	Crispy Parmesan Potatoes	Roasted Potatoes	Garlic Herb Brown Rice	Stuffed Potatoes	Mashed Potatoes		Scalloped Potatoes
Vegetable	Sweet Corn	Basil Buttered Cauliflower	* Roasted Beets	Vegetable Medley	Peas & Carrots		Brussels Sprouts
Vegetable	Basil Roasted Zuchinni & Tomatoes	Green Beans	* Broccoli	–	–		Mashed Turnips
Dessert	Carrot Cake	Vanilla Layer Cake	Pineapple Upsidedown Cake	Rice Pudding with Cinnamon	* Vanilla Spongecake & Strawberry Compote		* Apple Pie

Superfoods *** Menu item contains a** **Choose Superfoods more**

Living Loving Local - Honey

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea